

Lady Ishtar's Complete Guide to Wicca Protection Spells



Always Remember "Harm to None"

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First things first.....Wicca Ethics

What Are the Ethics Of Witchcraft?

When you say, "An it harmed none", that is exactly what it means in your work. It is important to say this, because you are therefore asking for an outcome that will not harm anyone. If you ask that no one gets harmed in the process, you are stating that your intention must be granted only under these terms. If it is not possible that no one gets harmed, then it will not be a fulfilled spell. With practice, you will get in the habit of saying "harm to none" readily. I think of my family especially, and do not want them to come to any harm because of a spell I might cast. This fact alone may make you very careful of always saying it.

If you forget, just say it out loud afterwards and visualize

"Harm Coming to No One"

-Lady Ishtar

A basic rule of Witchcraft, for me as a Wiccan, is that I cast spells *for* people and not *on* them. Unless there are very special circumstances, I never cast spells for anyone without their permission. Interfering with someone else's karma affects your karma too. This might be something you have to straighten out with that person in your next lifetime.

Remember what you learned in Physics:

For every action there is an equal and opposite reaction.

Magic is the manipulation of energy, so this definitely applies. – Lady Ishtar

Why Do I Have To Say 'WITH HARM TO NONE'?

For one thing, "With harm to None." protects anyone who may get in the path of one of your spells, even your own family members.

This is very necessary, to me. – Lady Ishtar

"The White Witch and Wizards Oath"

In Life's name, and for Life's sake,
I say that I will use the
Art for nothing but the service of Life.
I will guard growth and ease pain.
I will fight to preserve what grows
and lives well in its own way;
and I will change no object
or creature unless its growth and life,
or that of the system of
which it is part, are threatened.
To these ends, in the practice of my
Art, I will put aside fear for courage,
and death for life, when it is right to do so
---till Universe's end.

“Child of the Universe”

DESIDERATA

Goes Hand-In-Hand With the Witch and Wizard Oath

GO PLACIDLY

amid the noise and the haste, and remember what peace there may be in silence. As far as possible without surrender be on good terms with all persons. Speak your truth quietly and clearly; listen to others, even to the dull and the ignorant; they too have their story. Avoid loud and aggressive persons, they are vexations to the spirit. If you compare yourself with others, you may become vain and bitter; for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs; for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism. Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment it is perennial as the grass. Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings. Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe, no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be, and whatever your labors and aspirations, in the noisy confusions of life keep peace with your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world.

Be cheerful. Strive to be happy.

Penninged by Max Ehrmann, 1927

Everyday Witchcraft

WHAT WITCHCRAFT CAN DO FOR YOU

Even the rawest recruit can use a little sorcery in her everyday life. How to cope with ten extra pounds, an indifferent man, three children down with colds? These are the sorts of "demons" that plague us all; they're also the problems most susceptible to a beginner's magic. (And they don't require exotic witchy tools like toad's eyes.)

BLACK MAGIC AND WHITE MAGIC

Many people think that all witchcraft is black magic. It's not. Black magic is worked for an evil purpose and is directed at an innocent person. It's not only unsavory but dangerous; often black magicians are overcome by the evil they call up and they rarely enjoy the fruits of their power for long. The magic in this book is white. Generally, this means that it's worked for a good end. Some mischief making spells are given, but they are never directed at innocent people.

DOES WITCHCRAFT WORK?

Sorcery is as old as mankind. In every age, some people have believed in it; others have called it superstition. You alone can determine if witchcraft works for you. This source of White Magic can give no guarantees except one. Your spells can't work unless you have faith in them.

What is Wicca and Witchcraft?

Reams have already been written about what it is to be Wiccan and/or a Witch and it's not my intention to repeat it all here, but to provide as simple an explanation as I can; if you want to know more, the information is out there!

Being Wiccan and being a witch is not the same thing.

Witchcraft is not based in one belief system, but focuses on the practical application of the Craft; there are witches who are not Wiccan, for instance, believers in Voodoo. The Craft is about training your mind and being to be focused and takes a great deal of effort and perseverance, eventually enabling you to use your will and power to materialize change for good. It may also include learning herb craft and other healing skills dependent on your tradition and inclination.

Modern Wicca is a nature/earth focused belief system that has grown out of Witchcraft. There is no congregation in Wicca, all initiates are priests and priestesses and there is no hierarchy beyond that within a coven. Wicca involves ritual and there is debate as to whether it is an 'initiation only' religion or one into which one can self-initiate. Wiccan Covens meet regularly and celebrate the eight Sabbats, marking the turning of the year as well as Esbats, which follow the lunar cycle.

Wiccan's believe in a female deity, the Goddess, who is worshipped alongside her male counterpart, the Horned God. Different groups draw their deities from a range of pantheons, but the essence is the duality of all things. The male and female energies defining and complimenting each other, just as light defines dark and dark defines light.

Wicca is a gentle and positive path, not intended to be proscriptive, but to respect and value all life, celebrating the cycles of nature and the Earth. The Wiccan Rede lays out the principle and that we must take responsibility for all our actions, so read the full version on the next page:

**"Bide the Wiccan Law ye must,
In perfect love and perfect trust.
Eight words the Wiccan Rede fulfill:
An' ye harm none, do what ye will.
What ye send forth comes back to thee
So ever mind the law of three.
Follow this with mind and heart,
Merry ye meet, and merry ye part."
Blessed Be.**

Suggested reading:

"Living Wicca", by: Scott Cunningham,

"Lid Off the Cauldron:", by Patricia Crowther,

"The Goddess Changes: The Ninefold Cycle" by Felicity Wombwell

"Wicca: The Old Religion in the New Age" by Vivianne Crowley

The Wiccan Rede

Wiccans abide by the Wiccan Rede which is often quoted in its abbreviated form 'Eight words the Wiccan Rede fulfill - And It Harm None Do As Ye Will.

The full version follows:

The Wiccan Rede

Bide ye the Wiccan laws ye must, in perfect love in perfect trust
Ye must live and let live, fairly take and fairly give.
Cast the circle thrice about, to keep unwelcome spirits out.
To bind the spell well every time, let the spell be spoken in rhyme.
Soft of eye and light of touch, speak ye little and listen much.
Deosil go by waxing moon, chanting out the Wiccan runes.
Widdershins go by waning moon, chanting out the baneful tune.
When the Lady's moon is new, kiss the hand to her times two.
When the moon rides at her peak, then the heart's desire seek.
Heed the North wind's mighty gale: lock the door and trim the sail.
When the wind comes from the South, love will kiss the on the mouth.
When the Moor wind blows from the West, departed spirits have no rest.
When the wind blows from the East, expect the new and set the feast.
Nine woods in the cauldron go, burn them quick and burn them slow.
Elder be the Lady's tree, burn it not or cursed ye'll be.
When the wheel begins to turn, let the Beltane fires burn.
When the wheel has turned to Yule, light the log and the Horned One rules.
Heed ye flower, bush and tree, by the Lady, Blessed Be.
Where the rippling waters go, cast a stone, the truth to know.
When ye have and hold a need, hearken not to others' greed.
With a fool no seasons spend, or be counted as his friend.
Merry meet and merry part, bright the cheeks and warm the heart.
Mind the Threefold Law ye should, three times bad and three times good.
When misfortune is enow, wear the blue star on thy brow.
True in love ye must ever be, lest thy love be false to thee.
These words the Wiccan Rede fulfill:
An ye harm none, do what ye will.

By Adriana Porter

Casting Spells

Imagine a circle inside a square.

This is where magick happens, in a circle cast inside the square of the cardinal points.

If you ask ten witches how to cast spells you will likely get ten different answers, because each of us has our own way of working. Magick is a very individual thing. Some witches prefer candle spells, others like image magick or cauldron spells . . . there is no right and wrong in this, just what feels right to you, what works and what doesn't.

I will tell you how I cast spells, but that doesn't mean this is the best way for you to work. You have to start, to practice and experiment, until you find your own style, find what works best for you. Creativity is of great importance in spell craft.

I think of magick as being of two types, major and minor. Ritual or ceremonial magick, which includes casting a circle, is the most effective. Ordinary magick is worked without a circle. It can also be very effective, provided your Will is strong enough and focused properly.

Ritual Magick

WHERE

Any place that has good energy, is quiet, private, and without interruptions will do. I usually do spells in the kitchen because most of what I need is already there. It's also the safest place in the house to burn things. Good for you if you have a special place like a grove or garden available to you. If not, don't let it stop you.

WHEN

Spells are usually performed according to the lunar cycle:

- Waxing Moon for spells of invitation, growth or increase. (Example: money spells .)
- Waning Moon for discovering inner secrets and spells of banishing, binding or decrease.
- Example: spells to end loneliness or financial problems.
- Full Moon for: maximum power, coven work, sex magick, love spells workings of culmination.

There is great wisdom in this but I must admit that as an urban witch who cant see the moon from her apartment windows, I pay no attention to the moon whatsoever. I did follow it, however, whenever I lived in a place where I could see the moon each night.

Spells can also be performed in accord with the Zodiac.
Sun or moon in astrological sign for:

- **Aries: battle - beginnings**
- **Taurus: money spells - sex magick**
- **Gemini: communication**
- **Cancer: psychic work - lunar magick**
- **Leo: leadership - solar power**
- **Virgo: purification**
- **Libra: balance - work in law or for justice**
- **Scorpio: power**
- **Sagittarius: honesty - expansion**
- **Capricorn: overcoming obstacles**
- **Aquarius: healing**
- **Pisces: psychic work - endings**

HOW: The Five Steps

1. INTENTION:

Intention is the focus of your spell and the absolute will to succeed. I try to never do a spell unless I feel it well up inside of me beforehand. Spells don't work unless you are able to focus your Will. Your intent must be clear, or your spell may have unintended results.

2. PREPARATION: **Assembly of tools and materials**

The spell actually begins at this stage because your Will starts to focus itself as you gather the herbs, select the candles, choose the incense, decorate the altar and lay out your tools. Knowledge of correspondences is essential here, so that you select materials appropriate to the spell.

Incense, candles, music and ceremonial dress, makeup or masks can be used to make sacred space, set the mood for a spell. You must have something to represent each Element - earth, air, fire, water - on the altar or working surface.

3. CAST THE CIRCLE: (See: "The Cardinal Points")

- **Call Corners (also called calling quarters)**
- **Cast the Circle, invoking the Lords of the Watchtowers.**

Raise power. You should feel it between your hands, like the force of two magnets that repel each other, as you invoke the Lords or Ladies and cast the circle.

4. THE SPELL:

Perform the spell, reciting its words and carrying out whatever actions it requires. The words of a spell should be said aloud, in a commanding voice. This is the Word that goes forth and comes into being, so mote it be. Manifestation of word into deed is the essence of magick.

5. CLOSE THE CIRCLE:

Close the circle and ground the power you have raised. Clean up. Carry out any after-spell actions that the spell required.

CORRESPONDENCES

Think of correspondences as lists of ingredients. What exactly do you do with them? Let's take an example from the Magick page in the Craft section:

Friendship:

- Planet: Sun - Venus
- Zodiac: Aquarius
- Number: 3
- Invoke: Gilgamesh and Enkidu - Mitra, for intimate friendship
- Plant: lemon - rosemary - passionflower
- Jewel: rose quartz - alabaster - turquoise - emerald, to strengthen friendship

Suppose you want to make new friends, and you write or find an appropriate spell for this. Using the correspondences, you could:

- Do the spell at noon, when the Moon is in Aquarius.
- Place three lemons in an alabaster bowl on the altar.
- Fill your chalice with passion fruit juice, make a potion of it by charging it with the spell, then drink it down before you close the circle. You could also refrigerate the potion or make a syrup of it and drink some each time you will be meeting new people. Wear a turquoise ring until you make a new friend.

POWER

The power, like the Good Witch told Dorothy, is in you. You effect magick with your Will. Spells, incantations, candles, herbs, crystals and all of that just channel it in the desired direction.

Eight ways to raise power:

- Meditation or concentration
- Chants, spells, poetry or invocations
- Trance, or projection of the astral body
- Incense, drugs or alcohol
- Rhythm: dancing or drumming
- Binding, to control the flow of blood
- Flagellation: light scourging, traditionally 40 lashes
- The Great Rite: ecstatic sexual union

I usually use incense and psychic concentration, drawing power from wherever I can feel it: the jet stream, an approaching storm, trees, rain, the city, my love, my anger, my desire, the Sun or Moon, even the Universe itself. You have to experiment with different methods in order to find the best way for you to raise power. You will come with practice to recognize the state of psychic readiness that tells you when you are prepared to make magick.

Ways to boost your power:

- Invoke the Mighty Ones (the Old Gods)
- Work with spirits or elementals
- Work with other witches
- Go barefoot, to draw on earth energy

Power is connected to the moon. It increases as the moon waxes, decreases as it wanes. Witches are most powerful at the full moon. Many witches wear their hair long because cutting your hair can diminish your power. This is likely why Joan of Arc had her hair shorn before she was burned at the stake.

DIRECTING SPELLS

For a spell to work in the intended way it must be properly directed. You can do this with words or images, putting representations of the person or thing you want the spell to affect on the altar while you cast the spell. Old spells sometimes call for hair or fingernail clippings, but I've never used anything creepy like that. We have cameras now.

A person need not be present for you to work magick on, for, or against them. Anything associated with the person can be used to direct the spell: documents, personal items, letters, gifts, pictures - whatever you have. You can also write the person's name on a piece of paper or a candle and use that.

POPPETS

A poppet is a humanoid figure. It could be a root, a 'voodoo doll', a chess piece, a Barbie doll, a puppet, a paper doll, a piece of twisted wire. . . anything you have at hand.

You say:

"Poppet, I name you _____."

The figure then becomes that person, for magickal purposes. If you have a photograph of the person their face could be affixed to the doll. Poppets should be safeguarded or destroyed once a spell has done its work.

TIME

Sometimes the effect of a spell will be astonishingly immediate, other times you will have to wait a while. I'd repeat a spell if I saw no effect after two weeks, making the second spell stronger. If I still saw no effect, I'd assume the spell was not in accord with the Universe and move on to something else. If it's something that's too important to you for you to drop, try coming at it from another direction.

DISTANCE

Spells can be worked over great distances. I have often cast spells that worked from one continent to another. A personal connection to the people or situation involved is helpful with this.

HERBS

When spells call for herbs you can plant them, pick them, burn them, eat them, brew them, strew them, make floor washes, decorate the altar with them, put them in a mojo bag . . . whatever seems appropriate to the spell.

MATERIALS

Don't make yourself crazy trying to acquire exotic items. Use whatever is available to you. Be creative. Learn correspondences so that you can find good substitutes when a spell calls for something you don't have.

MORE ON HERBS

Florist shops, the supermarket, and health food stores (for essential oils and herbal teas) are good places to start. Dried herbs sold in jars as spices usually work just fine, but fresh herbs are better. You have sources all around you. Identify the trees that grow on your block or in your yard. Find out if there is a farmer's market or botanical garden near you. Plant an herb garden. Study herbalism.

CANDLES

Any type of candles can be used, from the hardware store, supermarket, card shop or wherever. Tapers or votives are good. Unscented candles are best unless you can identify the scent as appropriate to your spell, such as vanilla candles for love spells. The colors of the candles should also be appropriate. A stock of candles in various colors is useful to a witch.

INCENSE

Joss sticks, smudge sticks, little cones . . . the form isn't important, but the scent should suit the spell. Some plants and resins can be burned directly as incense. Try card shops, head shops, the Internet and other religions. Learn to make your own incense, if need be. Witches always have incense on hand, for use in spells or as offerings.

STATUES / ICONS / PICTURES / POSTERS

Try museum gift shops, magickal supply shops, bookstores and the Web.

PAPER

There's no telling what ordinary paper is made from, so I like to use papyrus or linen bond. Papyrus and flax (for linen) are plants that can be made into paper. Papyrus comes from Egypt and may be difficult to obtain, but linen bond is available from stationers and office supply stores.

Ordinary Magick

Small magick is worked without a circle, often with visual aids. The possibilities for this kind of magick are limitless. Inventiveness is the key here.

My usual method is to assemble things on a tray: candles, incense, herbs, the elements, stones or crystals, and things that represent what I am trying to manifest. As with any spell, I make careful choices in selecting the materials. I leave the tray like that for several days or a week, until I feel it has done its work. I may light the candles or burn the incense if I feel like it, or talk to the tray in passing, stating my purpose aloud. If I see no results I recast the spell formally, with a circle.

Spell bottles can also be used in this way. Everything needed for the spell is assembled in a bottle, which can then be buried.

Balloons can be used for spells. Blow one up, write a name or draw a face on it saying:

"Balloon, I name you _____."

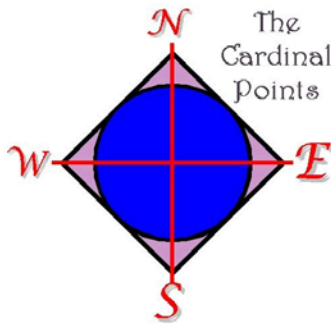
You can then:

- Pop it to deflate someone's overblown ego
- Let a little air out of it every day to decrease someone's influence
- Set it adrift (on air or water) to release someone, or release yourself

Meditate on ordinary items like keys, ice, pockets, bird cages, mirrors and photo albums. Use the Other way of thinking, and I am sure you will invent more spells than I ever could.

More Power To You!

The Cardinal Points



This is where magick takes place, within a circle inside a square formed by the cardinal points. The four directions are the cardinal points. Some traditions add a fifth, called zenith or center, but Robert Graves wrote in The White Goddess:

“Space has always been divided by four quarters of the horizon, not by five fifths.”

**“Sacred to Shun, god of the cardinal points.
An obelisk represents dominion over four quarters, plus zenith.”**

The golden Egyptian Amulet of the Tet was also called the Backbone of Osiris. The four crossbars at the top of the Tet amulet represented the cardinal points. A symbol of great religious importance, it enabled the reconstitution of the body in the afterlife and made the deceased a perfect spirit in the underworld. It was steeped in flower-water, empowered with these words, then worn as a necklace:

**“I Rise up thou, O Osiris! Thou hast thy backbone,
O Still-Heart! Place thou thyself upon thy base,
I put water beneath thee, and I bring unto thee
a Tet of gold that thou mayest rejoice therein.”**

NORTH

The most powerful direction - the location of magick
- the source of Otherworld powers.

Element: Earth - Air

Season: Winter

Time: midnight

Tool: pentacle

Color: brown - black - green

Animal: white buffalo

Rules: lungs - the body - rudeness - mystery - silence - purity - clarity - renewal - vision - the unseen - the power to listen, to keep secrets, to know what not to say

INVOCATIONS:

Goddesses:

Athena - Baaltis Zapuna - Belili - Earth goddesses - Mertseger, Friend of Silence - Nebhet - Neith - Nephthys - Nerthus - Uatchet

Gods:

Baal Zebul, Lord of the Mansions of the North - Baal Zephon, Lord of the North - Bel - Hapy, Lord of the Watchtower of the North - Jupiter - Osiris - Seth, Lord of the Northern Sky - Soma - Uriel - Zeus

From The Egyptian Book of the Dead:

“Thou Beautiful Power,
thou Beautiful Rudder of the Northern Heaven,
Power of Heaven, Opener of the Disk,
thou Beautiful Rudder of
the Northern Heaven

The North Wind:

“Awake, O north wind;
and come thou south,
blow upon my garden,
that the spices thereof may flow out.”
- the Song of Solomon

Invocations:

Aquilo - Boreas - Cardea - Erichthonius - Ophion
The Silver Castle, the Corona Borealis, is at the back of the north wind.

NORTHWEST:

Invocations: Mahabala - Tiksnosnisa - Vayu

NORTHEAST:

Invocations: Isa - Soma - Uluítuyar - Uruín Ajy Toyoín

SOUTH

Element: Fire - Water

Season: Summer

Time: Noon

Tool: wand

Color: red - orange

Animal: lion - coyote

Rules: liver - energy - spirit - will - love - gentleness - trust - innocence - warmth - hospitality - rapid growth

INVOCATIONS

Goddesses

Fire Goddesses: - Isis, Queen of the South - Mahamantranusarini - Mahapratisara - Mert - Nirrti - Satet - Satis - Satjit - Tin Hau - Vajrapasi

Gods: Ea - Imset, Lord of the Watchtower of the South - Michael - Ninib - Prajnantaka - Ra - Sachiel - Saturn - South Star - Yama - Zocho

From The Egyptian Book of the Dead:

**“Dweller in the temple of the Red gods,
Beautiful Rudder of the Southern Heaven,
Dweller in the House of the Tesheru Gods,
the Beautiful Rudder of the Southern Heaven.”**

The South Wind:

Invocations: Auster - Cardea - Ninurta - Notus - the Breath of Set, Lord of the Chambers of the South

SOUTHEAST:

Invocations: Agni - Takkiraja - Tejosnisa

SOUTHWEST:

Invocations: Niladanda - Nirrti - Surya

The Southwest Wind: Auster - Notus

EAST

The world direction of the new day.

Element: Air - Fire

Season: Spring

Time: dawn

Tool: athame/sword

Color: white - violet - pastels - green

Animal: eagle - highflying birds

Rules: stomach - spirit - mind - illumination - passion - wisdom - beginnings - the power to know

INVOCATIONS: all dawn god and goddesses

Goddesses:

Aja - Aurora - Eos - Hesionë, Lady of Asia - Mahamantranusarini - Neith - Nebhet - Nephthys - Salmaone - Zorya

Gods:

Chac, Lord of the East - Duamutef, Lord of the Watchtower of the East - Horus, Lord of the East - Indra - Mars - Morning Star - Raphael - Shar - Sopedu, Lord of the East

From The Egyptian Book of the Dead:

“Splendor, Dweller in the temple of the Ashemu gods,
Beautiful Rudder of the Eastern Heaven,
Khu, Dweller in the House of the Ashemu gods,
thou Beautiful Rudder of the Eastern Heaven.

The East Wind: Invocations: Cardea - Eurus - Voltumnus

WEST

Element: Water - Earth

Season: Autumn

Time: twilight

Tool: chalice/cauldron

Color: sea green - blue - gray - purple - white

Animal: fish - dolphin - sea serpents

Rules: intestines - emotions - guts - introspection - undercurrents - vitality - daring - strength - endingd - the courage to face deepest feelings

INVOCATIONS

Goddesses:

Amenti - the Hesperides, Daughters of the West - Hsi Wang Mu, Royal Mother of the Western Paradise - Isis - Mertseger - Sekhmet, Lady of the West - Selkis

Gods:

Cteryon, King of the West - Ehecatl-Quetzalcoatl - Favonius - Itzamna - Gabriel - Hastehogan - Khenty-amentiu, Foremost of the Westerners - Sachiell - Salim - Thoth - Quebehsenuf, Lord of the Watchtower of the West - Ra - Varuna

From The Egyptian Book of the Dead:

**“Thou who circlest, Guide of the
Two Lands, Beautiful Rudder
of the Western Heaven,
Ra, Guide of the Two Lands,
thou Beautiful Rudder of the Western Heaven.”**

The West Wind:

Invocations: Cardea - Favonius - Zephyrus

BELIEF SYSTEMS:

Mayans assigned these correspondences to the cardinal points:

	North: Color: red Jewel: bloodstone	
West: Color: black - blue Jewel: jade - turquoise		East: Color: yellow Metal: gold
	South: Color: white Jewel: pearls - shells	

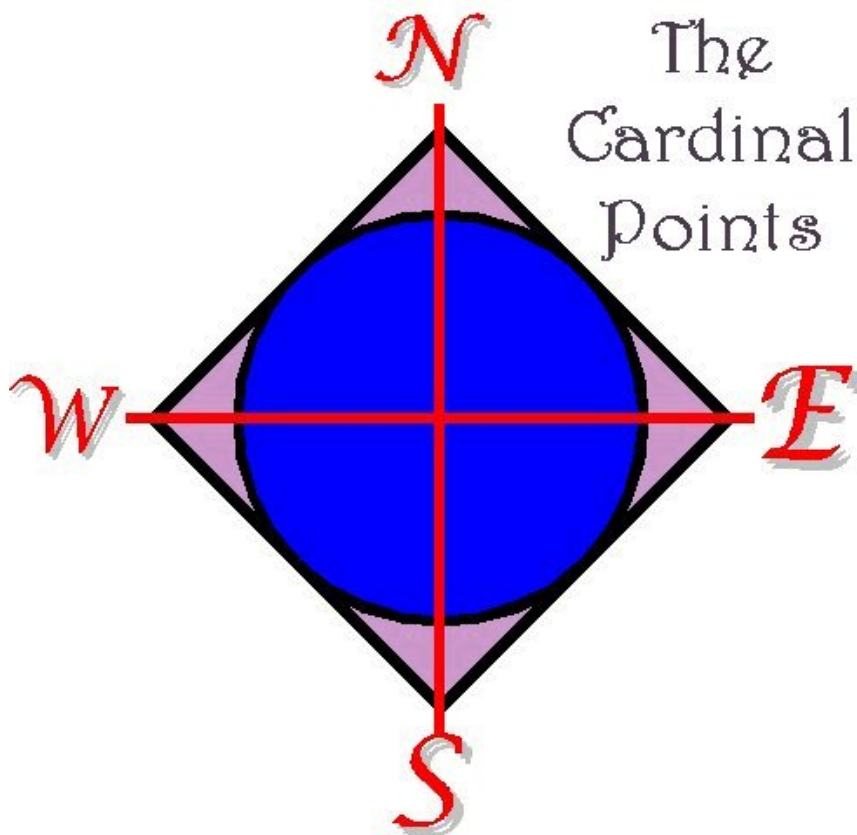
The Celts had a Four-fold Cycle:

	North: Law - destroying Element: Earth Season: Winter Time: Night Tool: the stone of Fal	
West: Love - maturing Element: Water Season: Autumn Time: Evening Tool: the cauldron of the Daghda		East: Life - beginning Element: Air Season: Spring Time: Dawn Tool: the sword of Nuadha
	South: Light - increasing Element: Fire Season: Summer Time: Noon Tool: the spear of Lugh	

The ancient Irish divided their land into five directions, each with its own correspondences:

	North (Ulster): Battle - warriors - conflict, struggle and pride	
West (Connaught): Learning - Druids - judgment, chronicles and storytelling	Center (Meath): Kingship - king/stewards - stability, bounty and renown	East (Leinster): Benefit - farmers/householders - prosperity and hospitality
	South (Munster): Music - poets/minstrels - knowledge and fertility	

More Power To You!



The Lords of the Watchtowers

North, South, East and West

Who are these guys, anyway? And why do you need to call upon them when you cast a magick circle?

Magick relates to both time and space. Ancient peoples divided space into the four quarters: north, south, east and west. Sometimes they further subdivided it, but the four basic directions are the crucial ones.

They assigned deities to guard each of these quarters, deities to whom the power of each quarter accrued.

The Lords of the Watchtower can be male or female. By invoking them we call upon their spatial powers to guard and inform our magick circles.

Cultures represented in the invocation lists range from Asia through Europe and Africa to the Americas, illustrating the universality of the division of space into the cardinal points. You can invoke any gods or goddesses who appeal to you, but these are examples of mythological consistent invocations:

ANGELS

North: Uriel

South: Michael

East: Raphael

West: Gabriel

AZTEC

North: Mictlantecuhtli

South: Huitzilopochtli

East: Tlahuizcalpantecuhtli

West: Ehecatl-Quetzalcoatl

BUDDHIST

North: Vajraghanta
South: Vajrapasi
East: Vajrosnisa
West: Vajrasphota

Buddhists count five directions, assigning each one to a member of the Buddha family:

North:
color: green
negative quality: envy and jealousy
positive quality: all-accomplishing wisdom
sacred to: Amoghasiddhi

South:
color: yellow
negative quality: pride
positive quality: wisdom of equanimity
sacred to: Ratnasambhava

East:
color: blue
negative quality: aggression
positive quality: mirrorlike wisdom
sacred to: Akshobhya

West:
color: red
negative quality: passion and longing
positive quality: wisdom of discriminating awareness
sacred to: Amitabha

Center:
color: white
negative quality: ignorance that causes the cycle of reincarnation
positive quality: wisdom of ultimate reality
sacred to: Mahapratisara - Vairochana

EGYPTIAN

North: Hapy - Neith - Osiris

South: Imset - Isis - Ra

East: Duamutef Nephthys Horus

West: Qebhsenuf Sekhmet Thoth

(these are the four sons of Horus, who appear on canopic jars)

HINDU

North: Soma

South: Yama

East: Indra

West: Varuna

The eight Lokapala, Hindu Lords of the Watchtowers, are each assisted by an elephant:

East: Airavana

Southeast: Pundari-Ka

South: Vamana

Southwest: Kumuda

West: Anjana

Northwest: Pushpadanta

North: Sarvabhauma

Northeast: Supratika

Each direction corresponds to a color in India:

North: green

South: blue

East: white

West: red

Elements & Magick

The Ancients divided the world into four basic principles or *elements* earth, water, fire, and air. That viewpoint has mostly changed with advances of science, but the four elements are still accepted in magick, for they are more closely linked with emotions, the human psyche, and with nature than are modern explanations of the world. These *magical elements* are also of some importance in astrology. Many occultists think of the magical elements as forces, or as *qualities* of energy; especially within the astral world. Each element has a symbol and color. (Common symbols are -- fire: a triangle pointing up; air: a triangle pointing up and with a horizontal line through the middle of it; water: a triangle pointing down; earth: a triangle pointing down and with a horizontal line through the middle of it.) Colors of the elements are -- earth: brown and green; water: blue; fire: red; air: yellow... The Eastern tattvic system uses different symbols and colors. (The tattvic symbols are briefly described later on in this course.) The elements are often used in magick ritual.

Magick sees relationships between things. These relationships are called 'correspondences'. Although magical correspondences are not literally equal to one another, you can think of them that way (such as gold equals sun). Tables of these relationships, called 'Correspondence Tables', are available (an important one is Crowley's '777'). Thus one thing or symbol can be used to suggest another. This is important in magick, for the magician may surround himself with as many appropriate correspondences as he can to vividly affect the senses; thus making his magical contact with the inner planes more lucid.

The magical elements have correspondences with the tarot cards as the four suits. The four quarters (directions of the universe as used in magick ritual) and the Archangels also correspond with these same elements.

<u>Element</u>	<u>Suit</u>	<u>Quarter</u>	<u>Archangel</u>
Earth	Pentacles	North	Uriel
Water	Cups	West	Gabriel
Fire	Swords	South	Michael
Air	Wands	East	Raphael

Astrological signs also correspond with the elements. Taurus, Virgo, and Capricorn are earth signs. Cancer, Scorpio, and Pisces are water signs. Aries, Leo and Sagittarius are fire signs. Gemini, Libra, and Aquarius are air signs.

ELEMENTALS

The magical elements are said to be peopled by spirits and mythological entities called elementals or nature spirits. These are grouped into four main categories:

<u>Earth</u>	<u>Water</u>	<u>Fire</u>	<u>Air</u>
Gnome	Undine	Jin	Sylph
Dwarfs	Nymphs	Genies	Faries
Elves	Tritons		Angles
Brownies	Mermaids		
Hobgoblins	Mermen		
Leprechauns	Sirens		
	Harpies		
	Salamander		

Elementals are usually only visible to those with clairvoyant sight and are more likely to be seen at night in the mountains or country away from cities -- especially if you are tired or sleepy. Although elementals exist naturally, it is also possible to create one which will exist for a limited time -- no elemental has immortality. A created elemental is called an 'artificial elemental'.

To the Ancients, elementals were the physical explanation of the universe. However, some contemporary occultists see them only as symbols for forces and otherwise not 'real' at all. Another word sometimes used for elemental is 'familiar' (usually in medieval witchcraft); the term is ambiguous, as it might merely be an ordinary household pet such as a dog or cat.

YIN YANG

Chinese philosophy and acupuncture talk of yin yang. This is the idea of polarity, or opposite pairs, as shown:

<u>Yin</u>	<u>Yang</u>
Water	Fire
Contraction	Expansion
Cold	Hot
Feminine	Masculine
Moon	Sun
Negative	Positive
Passive	Active
Ebb	Flow
Wane	Wax

The list could go on. In Chinese literature it is quite long. Some occultists suggest everything can be similarly arranged into related opposite pairs.

SIMPLE MAGIC

Here is a simple magical technique you may wish to try. It is a variation of affirmation, which was discussed in an earlier lesson...To help you to achieve your goal (magical or otherwise), find a word or short phrase which sums up what it is that you want to accomplish. Write the word (or phrase) down 10 times each day until you achieve success.

Full Moon Days

Note: Full Moon dates are based on Eastern Standard Time. Because of time zone differences, the Full Moon may occur on a different date in your region.

	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007
January	12	1/31	20	9	28	18	7	25	14	3
February	11	--	19	8	27	16	6	23	12	2
March	12	2/31	19	9	28	18	6	25	14	3
April	11	30	18	7	26	16	5	24	13	2
May	11	30	18	7	26	15	4	23	13	2, 31
June	10	28	16	5	24	14	3	22	11	30
July	9	28	16	5	24	13	2/31	21	10	29
August	7	26	15	4	22	12	29	19	9	28
September	6	25	13	2	21	10	28	17	7	26
October	5	24	13	2	21	10	27	17	6	26
November	4	23	11	1/30	19	8	26	15	5	24
December	3	22	11	30	19	8	26	15	4	23

Full Moon Names

Historically, the Indians of what are now the northern and eastern United States kept track of the seasons by giving a distinctive name to each recurring full Moon, this name being applied to the entire month in which it occurred. With some variations, the same Moon names were used throughout the Algonquin tribes from New England to Lake Superior.

<i>Names</i>	<i>Month</i>	Other Names Used
Full Wolf Moon	January	Full Old Moon
Full Snow Moon	February	Full Hunger Moon
Full Worm Moon	March	Full Crow Moon, Full Crust Moon, Full Sugar Moon, Full Sap Moon
Full Pink Moon	April	Full Sprouting Grass Moon, Full Egg Moon, Full Fish Moon
Full Flower Moon	May	Full Corn Planting Moon, Full Milk Moon
Full Strawberry Moon	June	Full Rose Moon, Full Hot Moon
Full Buck Moon	July	Full Thunder Moon, Full Hay Moon
Full Sturgeon Moon	August	Full Red Moon, Full Green Corn Moon
Full Harvest Moon*	September	Full Corn Moon, Full Barley Moon
Full Hunter's Moon	October	Full Travel Moon, Full Dying Grass Moon
Full Beaver Moon	November	Full Frost Moon
Full Cold Moon	December	Full Long Nights Moon

* The Harvest Moon is always the full Moon closest to the autumnal equinox. If the Harvest Moon occurs in October, the September full Moon is usually called the Corn Moon.

Casting A Circle

When doing magical work, it is usual to create a safe and sacred space in which to do it. This is normally done by casting a circle (which is really a sphere) around you. Wiccans working in a coven will ordinarily cast a circle of 9' diameter, but if you are working alone, something smaller may be appropriate.

You may want to sweep the circle with your broom prior to casting the circle to cleanse the psychic clutter from the area before working. Do this by walking deosil (clockwise) sweeping the boundaries of the circle. Salt is also good for purifying an area, especially if it gets lots of daily use and you can't reserve a space exclusively for magical work.

Casting the circle can be done in a number of ways:

One of the simplest ways is to visualize a sphere of blue or gold light forming around yourself and expanding for several yards in each direction. Other ways include walking round in a circle beating a drum, clapping or using bells, and visualizing the circle being created as you walk round. The traditional Wiccan method is using the sword or athame to draw the circle, walking deosil (circles are generally cast clockwise in the northern hemisphere) whilst doing the visualisation and saying:

**"I cast this circle, my circle of power, to be a shield of protection and a boundary between the worlds of Men and the realms of the Mighty Ones.
I bless thee and consecrate thee,
in the names of the Lady and Lord.
The Circle is Cast. So mote it be! "**

Representations of the elements may be carried around the circle, such as a censer or joss stick (air), candle (fire), water (water) and salt (earth) to consecrate the space.

The elements are called into the circle after the casting. See "**Calling the Quarters**".

After the ritual, the circle is opened by reversing the casting, so if you visualized coloured light forming a sphere, you take the light back into yourself; if you walked around playing a musical instrument, you walk round anti-clockwise, playing the instrument again, etc.

The Traditional Wiccan way of doing this is to walk widdershins (anti-clockwise) closing the circle with the sword or athame (same item that was used for the casting), and saying:

**"By the Earth that is Her body,
by the living waters of Her womb,
by the fire of Her bright spirit and
by the Air that is Her breath,
the circle is open yet unbroken!"**

Calling the Quarters

Calling the Quarters (elements) is done after casting your circle.

As you call the element raise your arms in the blessing position. The elements are usually called starting in the East, place of Air and new beginnings. You then turn deosil (clockwise) to the South to call Fire, then to the West to call Water and to the North to call Earth.

The traditional Wiccan way of calling the elements is as follows:

“Ye Lords of the Watchtowers of the East, ye Lords of Air; I do summon call and stir you up, to witness our rites and to guard the Circle.”

“Ye Lords of the Watchtowers of the South, ye Lords of Fire; I do summon call and stir you up, to witness our rites and to guard the Circle.”

“Ye Lords of the Watchtowers of the West, ye Lords of Water; I do summon call and stir you up, to witness our rites and to guard the Circle.”

Ye Lords of the Watchtowers of the North, ye Lords of Earth; I do summon call and stir you up, to witness our rites and to guard the Circle.”

After you have finished your ritual it is time to say farewell to the elements, starting in the North with Earth and moving widdershins (anticlockwise) to Air in the East. This is done before opening the circle; the closing of a rite is done in reverse order from the opening.

“Ye Lords of the Watchtowers of the North, ye Lords of Earth; I thank you for attending my rite; and ere you depart to your fair and lovely realms, I bid thee Hail and Farewell.”

“Ye Lords of the Watchtowers of the West, ye Lords of Water; I thank you for attending my rite; and ere you depart to your fair and lovely realms, I bid thee Hail and Farewell.”

“Ye Lords of the Watchtowers of the South, ye Lords of Fire; I thank you for attending my rite; and ere you depart to your fair and lovely realms, I bid thee Hail and Farewell.”

“Ye Lords of the Watchtowers of the East, ye Lords of Air; I thank you for attending my rite; and ere you depart to your fair and lovely realms, I bid thee Hail and Farewell.”

Meditation

Meditation is the art of clearing the mind of all mundane thoughts, feelings and the general white noise of day-to-day living. It is a state of relaxation and peace, a state where you can control what you deal with and which thoughts and feelings you allow to pass through your consciousness.

This takes some practice, but an ideal way to get started is to make sure you have a quiet space where you will not be disturbed. Unplug the telephone, switch off the television, close the window if there is a lot of noise outside, make sure the place doesn't smell of food or unpleasant and make sure you are comfortable (and that includes not being hungry or needing the lavatory!).

Clearing your mind isn't always easy, but a simple technique is to imagine that your mind is a cinema screen and your thoughts are projected onto it – you then have to dispose of the mental clutter, until your cinema screen is clear, white and ready to project what you want on to it. Your mind must be at peace so that you can focus on what you're trying to accomplish.

When you first start to meditate, it may be challenging to stop all the thoughts of daily life from getting in the way. A really good way of dealing with all the impinging thoughts is to acknowledge them, put them on to a little, fluffy cloud and float them into the distance - so far that they disappear. An alternative is to have a litterbin wherever your meditation place is - it works well if you're in a park - and every time a thought intrudes, pick it up, screw it up and put it in the bin. It works.

It takes patience and regular practice, but even if you try clearing and quieting your mind before you go to sleep each night, you'll find that you get good at it pretty quickly (and probably sleep better too).

When you have finished meditating, it is important that you ground yourself. This can be as simple as wiggling your toes as you come out of the meditation, having a glass of water or a biscuit.

If you are experiencing a difficult time, maybe it's exams, or some other situation that's challenging, here is a suggestion for you to try before you finish your meditation:

When you're ready to come out, take a little swim in a clear pond and sense how invigorated and happy it makes you feel. Get out of the pool and you will find a huge, white fluffy towel on the bank to dry yourself with. When you have dried off, you could try visualizing finding a silky, translucent outfit, and when you hold it up to the light, your inner eye can see that it's uplifting and protective. Put it on. Before you leave your meditation place, look up and see the sun riding high in the sky, feel the warmth of it on your face, hear the birds singing (or whatever is appropriate for your meditation place) and stand for a moment and know that life is good. When the sun warms you and feeling content, then it's safe to come out of there.

Follow the path you came into your meditation by to return out of it, so if you entered by crossing a river, cross back over the river; if you went through a gate, go back through the gate to come out of the meditation.

Here are some suggestions for ways to meditate and the visualizations that you could use to aid you:

Mama Padura's Meditation

Visualize going for a walk. Cross a river, or walk round a lake, and then throw in anything that's likely to weigh you down. Alternatively, cross a bridge over a river to get to the place where you want to meditate. On the bridge stop, and throw all your mental clutter into the flowing water below, one piece at a time. Enjoy watching each item taken by the current, and you can even play 'pooh sticks' with them, running to the other side of the bridge to watch your mental baggage vanish downstream.

Then settle down somewhere nice. A good place to start is with familiar things and places, perhaps a park bench, or a visualization of your own garden or a wood or meadow, whatever feels best for you.

Jadzia's Meditation

I walk down a path in a lovely forest, dappled with sunlight and with flowers growing everywhere. As I walk, I feel myself growing lighter, as my everyday thoughts fall away. Their energy goes down my arms into the earth, where it's neutralized and can contribute to the growing cycle of the earth.

At the end of the path is a pool of clear water and a bench, for resting and contemplation. It's big enough for two, so my spirit guide can come chat with me, if she's so inclined, or if she needs to tell me something. I've also been able to make peace with loved ones who've passed over, and say my goodbyes to them.

I've noticed over the years that my special mental place has evolved, become more detailed and richer in peace and beauty.

Hedge's Meditation

Whenever I need to calm my mind or meditate, I walk up a grassy path to a gate in a walled garden; it's a very old stonewall and the door is a big, studded oak thing, weathered by age. Before I pass through the gate into the garden, I peel off all my clothes; this represents peeling away all the cares of the day, the 'noise' of my conscious mind and babble that I won't want during a meditation, and then I pass through into the garden.

My garden has a wild corner, filled with cornflowers, poppies and ragged robin and it's alive with butterflies and bees and all sorts for wildlife; there is also a formal rose garden, with big, scented blooms and a grassy area with daisies in the grass, where it's wonderful to wiggle your bare toes.

If I need to do more than that, after a while of walking through the garden, I pass through another gate and come to the seashore. Here the water is warm, clear and blue and the sun is shining; I get into the sea and just float while looking up at the sky - that is such a tonic.

Visualization

This is the ability to create an object or situation in your mind and the more clearly you create the object or situation, including sensing how it feels, smells, tastes, sounds and looks, the more likely you will be to achieve your objective. If this is something that you're not used to doing, start practicing by visualizing something you are familiar with, whether it's your pet dog or a favorite ornament and move on from there. During spell work you will visualize your goal (so it needs to be specific and detailed) before directing your energy and intent into it.

Here's an exercise in visualization from Jadzia to practice with:

Everyone speaks about visualizations, and most books about magic imply it is necessary for magical work. Yes, it is; but I consider the word itself rather misleading. Good image making in the mind doesn't utilize only vision: it uses all the senses to whatever extent one can work with them. For some people, this will be a very visual experience, but for others it may be largely a sense of touch or auditory. There are many books that give one elementary exercises in painting pretty pictures in the mind. This information is geared towards those who may find that vision isn't their strongest inner sense.

Personally, my visualizations range from quite concrete images to abstract splashes of color and sound that represent whatever I'm visualizing. I'm sure there are as many variations as there are witches, so if one thing doesn't work for you, another might. The orange example below is a good one, but if that doesn't work, try creating an energy ball in your mind.

So the exercises I'm going to offer here give you a chance to train all your inner senses...and to define which ones are strongest and most useful for you.

Let's start simple; try eating an orange:

See the orange as clearly as you can. Maybe you see just the color and shape, or maybe you see each little dimple. Push yourself...try to see the green pip on the end. Feel the heaviness of it in your hands. Feel the rough surface of the peel. Can you feel the life force in the orange? Do you feel anything in your body as you construct this image...do you salivate or get puckered?

Start to peel the orange. See as much of this as you can. See the peel opening up...see the white pith (under peel in American) inside. Feel the action of peeling in your hands, the resistance and the easing of that resistance as the peel gives way. Feel the sting in your nose and eyes as the juices in the peel spray. Hear the little tearing sounds as the peel and pith rip away. Smell the oils in the peel. Lick your lips and see if you taste any of them. Are you salivating yet?

Finish peeling the orange. Can you focus enough to have a good memory at all times of how much is peeled and how much is yet to go? Do you see/feel/sense the pile of peelings as you drop them? Do you hear them land?

Now, pull the segments apart. See them come apart...see the membrane peel off one, and see the pulpy bags of juice inside if you can. Feel the tearing away, and the burning on your fingers as the juice runs down them. Feel your tongue go out to lick your fingers. Smell and taste the orange. You've got to be salivating right now...even if you're just reading and not doing the exercise!

Feel the orange in your mouth...feel the juices gush out as you bite down. Taste the juice. Feel your tongue move and your throat muscles contract as you swallow. Feel what happens to your energy as you take this living, vibrant food into your body.

Eat as much of the orange as you wish and then sit quietly.

Think back on your experience and play it back in your memory. Which senses were strongest? Which were most detailed? Which have the best memory? Were there any senses you didn't get any input from at all? If you do the exercise again, can you make those senses more alive, or will they need more time?

You may, at this point, wish to look at specifically training the senses that you identify as your strongest and weakest. You can do this by picking up simple objects around you, observing them carefully with the sense involved, be that sight, sound, or touch, then putting the object away, closing your eyes, and trying to imagine what you perceived while actively observing.

As with anything, it takes practice to get good at visualization, so do it regularly, as it is an important element of magic, but it's also a very rewarding thing in it's own right.

The Tools of Wicca

Most belief systems use tools and devices of some sort or another; the most important thing to say is that they are just that: tools. Owning a box full of the finest tools won't make you a good Wiccan any more than wearing a cross and chain would make you a good Christian; tools are simply used as a focal point. Having said that, they can be useful and if you do obtain a tool, it's important to cleanse and consecrate it and keep it for ritual purposes.

During ritual you will focus energy on, and channel it through, these tools and over time they will have their own energy vibration that will add to what you do. It's fine to buy tools, but where possible and practical, it's always a great idea to make them yourself; the act of making them will suffuse them with an energy that shop-bought implements won't have. Once you have your tools, remember to clean them (salt from ritual can corrode metal rapidly) and keeping them wrapped in silk is an excellent way to keep negative energies out.

The Athame

The athame (pronounced ah-thah-may) is a black handled, double-sided knife or dagger. It is a tool that belongs to one witch solely, where some tools may belong to the whole coven. The athame is purely a ritual tool so is normally dull, for it is not used to cut. The athame is used to direct energy and is often employed when casting a circle. Symbols and words are sometimes engraved on the handle, but it is not necessary.

There is some discussion as to whether the Athame is associated with the element of Air or Fire depending on which tradition you follow; for my part I associate it with air, but you must do what feels right for you.

The Athame is a masculine tool and linked to the God.

The White-Handled Knife

Not to be confused with the Athame, this is a working tool used for cutting cords, herbs and inscribing candles, so will be a sharp functional knife, best protected in a sheath. This tool can also be known as the Burin.

The Sword

The Sword can be interchangeable with the Athame and is a masculine symbol; when a female witch straps on a sword she can assume a male role in ritual. The Sword is a commanding tool; more formal and imposing than the Athame so adds gravity to an announcement or occasion. The only time the Sword is used for cutting is to cut a handfasting cake.

The Sword is associated with the element of Air (see Athame for air/fire discussion) and is a masculine tool and linked to the God.

The Wand

The Wand, traditionally made from wood, is a versatile tool used in ritual to invoke the God and Goddess, direct energy, charge other objects, call up and control entities; it is used to draw symbols on the ground and even to stir the cauldron.

The wand is the tool of the South and is associated with Fire (in some traditions it is associated with Air). It is phallic in nature, masculine and is associated with the God, although the Wand is a gentler tool than the Sword.

You can make your own Wand from many different kinds of wood including willow, elder, oak, hazel, and fruit trees. The length needs to be practical to wield, it should be fairly straight and comfortable in your hand. If you take your wood from a living tree, remember to ask the tree first, and then thank it for its sacrifice. Your Wand can be set with crystals or made of other materials such as crystals and metal depending on what feels right for you.

The Cauldron

The Cauldron is used for many different purposes in magic and ritual. It is a source of wisdom and can be used for scrying and any number of ways during Sabbat rituals and can hold water, fire, incense or flowers.

It is normally a three-legged vessel, ideally made of iron and has the opening smaller than the body of the cauldron, ideally with a stout carrying handle.

The Cauldron is the tool of the West and is associated with Water, feminine in nature; it represents the Goddess and fertility. Leaping over the Cauldron is a fertility rite.

The Pentacle

The Pentacle is usually a flat piece of pottery, metal or wood inscribed with a pentagram, a five-pointed star. It is used as the centerpiece for the altar and items are placed on it for consecration and blessing, such as salt, water and also amulets and charms.

The Pentacle is the primary and best-known symbol of Wicca and is also a traditional symbol of protection.

The Pentacle is the tool of the North and is associated with Earth; it is feminine in nature and represents the Goddess.

The Chalice

The cup or Chalice is used in ritual to hold the wine and is symbolic of the womb and the receptive principal. It can be made of any material, silver, pottery or glass and even horn.

The Chalice is the tool of the West and is associated with Water; it is feminine in nature and represents the Goddess.

The Censer

The censer is an incense burner. It is used to burn the incense that is often offered to the Deities, as well as being used to invoke the spirits of the Air.

The censer can be an ornate brass burner that hangs from chains or something as simple as a small ceramic bowl, provided that it is safe and fireproof.

The censer is a tool of the element Air.

Broom

The broom, also known as a besom, has many uses. It is most commonly used for physically and magically cleaning an area that will be used for sacred space. The broom does not have to touch the ground to sweep away the psychic clutter that often collects in well-used spaces. It is also used for protection.

The traditional witch's broom is made of ash, birch and willow because of the attributes of those woods, but it can be made of just about any wood available.

Brooms are often used in handfasting rituals (jumping the broom), it represents the union of the Goddess and God as her yoni (the brush) and his Lingam (the rod), consequently, and the broom is sacred to both the God and Goddess.

Scourge

The scourge is a tool of discipline and represents the need and quest for mental discipline. It may be used to generate energy (through light scourging of the back and buttocks, which stimulates the root chakra) as well as an aid to 'gaining the sight'.

Cords

Used for Wiccan rituals and for cord magic (see color correspondences chart).

Necklace

Represents the power of the Goddess, the Circle of Rebirth. Attributions may be as appropriate depending on what the necklace is made from, but most commonly witches necklaces are made from amber and jet to represent the polarities of energy.

Making your own tools

I've been asked by many people about using magical tools and have always recommended making your own where it's possible to do so. This always provokes the question "How?" so this page is here to help answer those questions. You don't have to be hugely practical when it comes to making things, sometimes being inventive is better!

Athame

I made mine by taking a fairly thick stick, one that fitted the grip of my hand and peeling off all the bark. Once the bark was peeled and the wood nicely dry, I whittled it down to the right shape using a sharp knife – always make sure that you move the blade away from you as you're whittling, so that there are no accidental cuts and wounds!

Once you've whittled the handle to the right shape and size smooth it off with sandpaper so that it feels good to hold. To make the housing for the blade I carved out the centre of the stick to make a concave hole at one end of the stick. This takes time and patience, and it's wise to have the blade you plan to use so that you can make sure that everything will fit together. The blade will need to fit in the hole you made with a little bit of space around it for fixing, depending on how you plan to attach the blade.

When I made my Athame, I didn't want to use anything sharp as it's not used for cutting - in my case I was lucky and found a wonderful kunzite crystal in the shape of a blade and used that. I used putty to attach the blade into the handle and left it to set for a week. It may be more appropriate to use glue like superglue or araldite, depending on the wood, shape of the hole and the blade you are using.

Once the blade had set firmly, I stained the handle black - the thing that worked wonderfully well was Scuff-Kote - the stuff you put on the toes of scuffed shoes to re-coat them - it worked brilliantly on the wood of the handle! There are all sorts of wood stains in DIY shops, so you can do it properly, but I was improvising at the time and was delighted with the result!

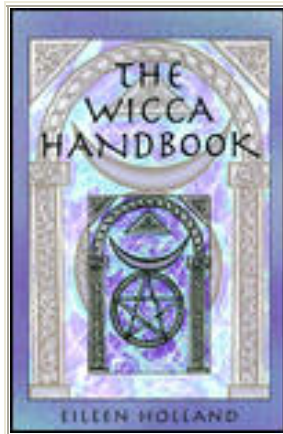
Other options: you can carve decorations on to the handle before you set the blade in - and if you don't have a crystal shop locally or aren't able to get one for other reasons, then you can improvise. I know people who have used letter openers as an Athame and someone else who found a beautiful hunting knife (that hadn't been used for that purpose) that they used. Sometimes, using a temporary Athame, till you feel ready to make your own works best for beginners. Once you have made your Athame, it's not for other people to handle.

Pentacle

For the Pentacle, you could take a small round breadboard or even a cheeseboard and paint and decorate it - lots of people do that. If you're feeling more ambitious, you could try making one from black wax, but that can get messy and is more complicated!

Another way of making a pentacle, and I like this best personally as the correspondences are right, is to use clay - if you don't do pottery at school then you can always find modeling clay that can be baked off in an oven at home from craft shops - and make your own - then you are making the representation of earth from.... earth.

Those are just a couple of suggestions - all you have to remember is that if you make it yourself and put care and thought into it, it will serve you well - also, tools are just tools, so you can work without them - it's just an easier way to focus your mind in the early days.



Dictionary of Terms from The Wicca Handbook by Eileen Holland

Akashic Records: The astral record of everything that has ever been done.

Amulet: Something that is worn for protection, usually jewelry.

Ankh: Ancient Egyptian symbol of life. It looks like a cross with a loop at the top.

Aotem Animal: An animal which represents a person, tribe or other group.

Asperge: To sprinkle with water before or during a ritual, to purify with sprinkled water.

Astral Projection (AP): An altered state, often achieved via trance, in which the consciousness is freed from the physical body.

Athame: Ceremonial knife used in magic and rituals. In Classical Wicca an athame is only used ritually and must have a black handle.

Aura: The bio-energy field of a living creature.

Banishing: A magical working performed to remove evil, threats, darkness, negativity or people embodying those qualities.

Balefire: A fire lit for a magickal purpose.

Besom: A magickal broom.

Bolline: A white handled knife used for practical purposes (cutting herbs, flowers, etc.).

Book of Shadows: A witch's handwritten book of spells, rituals and magical information (also called a Grimoire).

Botanica: A Santerian shop that sells herbs, charms, candles, religious statues, etc.

Bruja or Brujo: Spanish for witch. (j is pronounced like h)

The Burning Times: The historical period in Europe when Christians persecuted and tortured witches and alleged witches. Thousands were put to death, usually by hanging or burning at the stake.

Censer: An incense burner.

Center: To center one self's thoughts and energies.

Chakra: Any one of the seven energy nodes of the human body.

Charge: To infuse an object or person with energy; also an oath or instruction.

Chalice: A ceremonial goblet that represents the element of Water.

Charm: A magical object, action, or incantation that effects magic, averts evil or danger.

Circle: A group, less formal than a coven, of witches who practice, worship, celebrate or study together.

Clairvoyance: The psychic ability to know things beyond your immediate knowledge (also called ESP and the second sight).

Coming out of the broom closet: Living openly as a witch.

Consecration: A ceremony that dedicates a thing or place for sacred use.

Corn Spirit: The spirit of a grain crop, embodied in an entity, person or animal.

Coven: An organized group of witches who practice, worship and/or celebrate together. Covens traditionally consist of no more than 13 members, are lead by a High Priestess with High Priest.

Covenstead: A place where a coven of witches usually meets, often the home of the High Priest or Priestess.

Craft: The Craft; Witchcraft, natural magick.

Croning: A ceremony held to mark a woman's transition from Mother to Crone, the final phase of a woman's life.

Crystallomancy: Divination by crystals, usually a crystal ball.

Cedicant: A new witch in the period of study and apprenticeship before initiation. The traditional period for this is a year and a day.

Deosil: Clockwise. (Widdershins: Counter-clockwise)

Divination: Any practice that reveals the future or unknown things. Tarot cards, runes and crystal balls are all means of divination.

Eclectic: A witch who works with deities from or worships within more than one culture or mythological system.

Elements - The four building blocks of the universe. Earth, Air, Fire, and Water. Major forces used in natural magick.

Elder:

1. A witch who has attained a position of respect in the Craft.
2. A coven member who has attained an advanced degree of initiation.

Esbat:

1. Coven meetings held at the full moon.
2. A Lesser Sabbat, celebrating Spring Equinox, Summer Solstice, Autumn Equinox or Winter Solstice.

Evocation: Calling upon spirits, elementals or other entities.

Faery: Alternative spelling for fairy, to distinguish it as a belief system.

Faerie Kingdom: The realm of the Faerie.

Familiar: An animal, usually a cat, with whom a witch establishes a special psychic/magical relationship. Familiars offer help, companionship, protection, and usually unconditional love as well.

Five-Fold Bond: A ritual tie that links wrists, neck and ankles.

Fivefold Kiss: A ritual greeting of eight kisses between witches of opposite genders in Classical Wicca, on the feet, knees, pelvis, breast and lips.

Flying Ointment: A paste, usually containing herbs, that is applied to the skin to aid in astral projection.

Folk Magic: A culture's traditional magical practices.

Gardnerian:

1. Of or relating to Gerald Gardner, who is credited with reviving Wicca in modern times.
2. Any formal Wiccan tradition that follows Gerald Gardner's system.

Granny Woman: A female shaman, usually of the Appalachian Mountain region of the U.S.

Grimoire: Book of Shadows, a handwritten book of spells and magical information.

Grounding: To ground ; to root oneself firmly in the physical world in preparation for magicka; and metaphysical work.

Handfasting: A Witch, Wiccan, Pagan, or Gypsy wedding.

Hex:

1. n. A spell, usually negative; the evil eye; a curse.
2. v. To cast such a spell.

Hedge Witch: A walker-between-worlds, a non-Wiccan witch with a shamanistic path.

Hidden Children: Witches, who must often keep their religion secret, are the hidden children of the Goddess.

High Priest or Priestess: A witch who has attained a tradition's highest degrees of initiation and leads a coven.

Hoodoo: African-American folk magic tradition.

HP/HPS: High Priest/High Priestess.

I Ching; The Book of Changes: Chinese system of divination that uses yarrow stalks or coins inscribed with hexagrams.

Incubus (pl. incubi): A malevolent male entity that takes sexual possession of sleeping women.

Invocation: Calling upon a god or goddess, such as for help or to empower a spell.

Juju: West African word for magick.

Karma: That which accrues and is carried over from one lifetime to the next one. Karma can be positive or negative, according to what sort of lives you have lead.

Kitchen Witch: A witch who mainly uses practical magic centering on the home, hearth and family.

Kundalini: Dormant bio-energy resident in the base of the human spine, in the root chakra. Kundalini energy is released through yoga and other practices for enlightenment, intelligence and spiritual insights.

Libation: A liquid offering to a god or goddess, such as wine or milk. Libations are usually poured out upon the earth, but may be poured into a fire or offered in another way.

Mage, Magus (pl. magi):

1. Someone who is adept at magic but not a witch.
2. In some Wiccan traditions, a male witch who has attained more than the first level of initiation.

Magick:

1. Ceremonial or ritual magic; high magick.
2. A spelling for magic used by some witches and other practitioners to distinguish it from the illusions and prestidigitation of stage magicians.

Maiden:

1. The stage of a woman's life between menarche and motherhood or mentoring.
2. The assistant High Priestess in a traditional coven.

Matrix: I use this word to describe the Universe as the Goddess-web-of-life.

Medicine Bag: A Native American shaman's pouch, usually containing herbs, stones, feathers, etc.

Medium: A person who is able to channel spirits or other entities.

Mojo: An African-American word for magic.

Mojo Bag: A small bag, usually containing charms or talismans, that is worn around the neck for power, protection, etc.

Necromancy: Divination via the spirits of the dead.

Novice: Someone who has just begun studying the Craft.

OBE: Out-of-body experience; astral projection; lucid dreaming.

Ogham: Any ancient Celtic magical alphabet.

Old Soul: A person who has been reincarnated several times.

Omen: Anything which may be interpreted as a sign, positive or negative, from the Universe.

Oracle: A place or method for divination by means of deities, as interpreted by a priest or priestess. Methods include the flight of birds, the sound of splashing water or rustling leaves. The most famous oracle of the ancient world was that of Apollo at Delphi.

Orisha: Any deity in the Santerian religion.

Ouija Board: A board printed with letters and simple words that is used for communicating with spirits. It is operated by two or more people touching a paten that moves around the board pointing to letters or words.

Pagan or Paganism: A Follower of an earth based religion.

Pentacle:

1. A 5-pointed star inside a circle.
2. One of the suits of a Tarot deck.

Pentagram:

1. A pentacle that is written, printed or drawn.
2. A 5-pointed star inside a circle.

Postulant; Neophyte: A new member of a coven, someone who has not yet been initiated.

Praña: The Hindu word for bio-energy, the vital force shared by every living creature.

Poppet: A humanoid figure that is used to represent someone for a spell or other magical working.

Psychometry: Drawing psychic impressions from objects while handling them.

Psychopomp: A god or goddess who guides souls to the Underworld or afterlife.

Reincarnation: Transmigration of the soul; metempsychosis; rebirth in another body after death.

Runes:

1. The ancient Nordic alphabet, marked on stones or sticks and used for divination.
 2. Magical chants or songs.
 3. Any magical alphabet; the stones, cards or sticks on which it is printed.
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Sabbats: The eight annual Wiccan festivals.

Sands of Time: Sand taken from between the paws of the Great Sphinx in Egypt, used to make spells and charms permanent.

Santeria: An Afro-Caribbean earth religion that joins Yoruban god or goddesses with Catholic saints.

Scrying: Divination by means of gazing, such as into water, a dark mirror, a crystal ball or a bowl of black ink.

Séance: A gathering of people, usually seated around a table, for the purpose of communicating with spirits.

Shaman: A priest and medicine man, usually of Native American or Siberian peoples. Shamanic practice includes magic, healing, shape shifting, communication with ancestral spirits and divination.

Shamanka, Shamaness: Words sometimes used for female shamans.

Shape shifting/Skin walking: The shamanic practice, often aided by drugs, drumming and/or dance, of mentally assuming animal form.

Sheikh/Sheikha: Modern Egyptian Arabic words for magical adepts.

Sigil: An occult or mystical sign, a paper talisman.

Skyclad: Ritual nudity. Some Wiccan traditions insist on skyclad worship.

Solitary; Solitaire: A witch who practices alone, without a coven.

Sorcerer/Sorceress:

1. (traditional) A person who practices black magic, usually by aid of malevolent

spirits.

2. (modern) Term used by some magic-users to differentiate themselves from witches.

Succubus (pl. succubi): A malevolent female entity that takes sexual possession of sleeping men.

Strega; Stregheria: An Italian magical tradition.

Summerland's: The place where we rest after death, between incarnations.

Synchronicity: A meaningful coincidence.

Talisman: A magical object, usually one made or carved at an astrological moment suitable to its purpose. A magickally charged object used to attract a specific force or energy to its bearer.

Tantra: A Hindu path based on kundalini yoga and sex magic as ways to enlightenment.

The Tarot: An ancient system of cards used for divination.

Telekinesis: The ability to move objects with your mind (also called psychokinesis (PK)). Telekinesis is a very rare gift that usually manifests accidentally when a person is angry or upset. It is most often seen in adolescents and fades with age.

Third Eye: The chakra in the middle of the forehead.

Underworld - The realm of the spirit; realm of the dead.

Unicorn - A magickal horned horse.

Visualization: The process of forming mental images

Voodoo; Vodoun; Vodou: Afro-Caribbean faith with both right- and left-hand paths. Like witches they worship various god or goddesses, use magick as part of their religion, and are the subject of superstitions and misinformation.

Warlock: An old term for a male witch that no one uses any more. Warlocks were men who pretended to be witches in order to penetrate covens and betray witches during the Burning Terms.

Wheel of the Year: The annual cycle of the sun, the moon, the seasons and the zodiac.

White Witch: A witch on a right-hand path.

Wicca or Wiccan: (a participant of) A modern revival of ancient Earth-based religions focusing on the goddess and god of nature

Widdershins: Counter-clockwise (Deosil: Clockwise.)

Witch Doctor: African shaman.

Witch's Ball; Witch Ball:

1. A mass of dried entwined herbs blown about by the wind; any small tumbleweed.
2. A glass ball with a mottled surface that is hung in a window to thwart witches and trap their spells.
3. A fancy dress party attended by witches.

Witch's Bottle: A sealed bottle placed in the house or buried on the property for protection. There are many ways to make a witch's bottle. Some witches use the detritus of the year: broken pottery, rusted nails, junk mail, etc. Witches sometimes add something personal like their hair, nail clippings, urine, a bloody bandage or tampon. This sort of bottle is always buried, usually at Samhain (for the new year). Another type is a bottle filled with salt and sugar, and/or herbs for blessings like protection, happiness, prosperity, and charms to avert specific threats. This type of bottle is secreted somewhere in the home.

Witch's Ladder:

1. A type of knot magic in which charms are knotted or braided with specific magical intention into cords, making a powerful talisman.
2. A cord with 40 knots in it or a string of 40 beads, used as a meditation device or aid to concentration.

Witch Queen: A High Priestess whose coven has hived off two or more new covens.

Wizard: Someone who practices magic but is not a witch.

Wort; Wortcraft: Herb; herbalism.

Yin/Yang: The opposite but balancing male and female principles. Yin is female (Moon) energy, negative and passive. Yang is male (Sun) energy, positive and active.

Yoni: The female genitalia as a sacred symbol of life, creation, fertility, sexuality, the Goddess, etc.

Glossary of "Wicca" Terms

**Quick and Easy to Understand definitions
of the most commonly used terms in Witchcraft.
There are many more terms, but this will get you started!**

In Alphabetical Order

- **Amulet** - A magickally charged object, often used for protection.
- **Asperge** - To sprinkle with water before or during a ritual, to purify with sprinkled water.
- **Athame** - A double-edged dagger for ritual use.
- **Aura** - The energy field existing around all living things.
- **Balefire** - A fire lit for a magickal purpose.
- **Besom** - A magickal broom.
- **Bolline** - A white handled knife used for practical purposes (cutting herbs, flowers, etc.)
- **Book of Shadows** - A book kept like a diary by a Witch of spells, rituals, and stories.
- **Censer** - An incense burner
- **Center** - To center one self's thoughts and energies
- **Chalice** - A ritual goblet
- **Charge** - To infuse an object or person with energy; also an oath or instruction.
- **Circle** - A sphere created by a Witch, constructed of energy.
- **Cleanse** - to remove negative energy, to purify.
- **Coven** - A group of Witches who come together to practice magick and celebrate the Sabbaths
- **Craft** - The Craft; Witchcraft, natural magick
- **Deosil** - Clockwise
- **Divination** - The magickal art of discovering the unknown through use of cards, runes, stones, crystal balls, and other tools.
- **Elements** - The four building blocks of the universe. Earth, Air, Fire, and Water. Major forces used in natural magick
- **Evocation** - Calling up spirits or other non-physical entities.
- **Faerie** - One of many nature spirits that inhabit a realm or dimension next to our own.
- **Faerie Kingdom** - The realm of the Faerie
- **Grimoire** - A magickal workbook
- **Grounding** - To ground ; to root oneself firmly in the physical world in preparation for magicka; and metaphysical work.
- **Handfasting** - A Witch, Wiccan, Pagan, or Gypsy wedding
- **Herbalist** - One who works with herbs
- **Invocation** - To invoke or appeal to a God or Goddess, element or energy.
- **Magick** - The manipulation of natural forces and psychic energy to bring about desired changes.

- **Pagan or Paganism** - A Follower of an earth based religion
 - **Pentacle** - A ritual object or piece of jewelry with a pentagram inscribed or woven into it.
 - **Pentagram** - Five-pointed star.
 - **Ritual** - Ceremony
 - **Runes** - Symbols carved onto rocks, crystals, clay, candles or other surfaces which have powerful energies to be used during magick; symbols used in early alphabets.
 - **Scry** - To gaze into or at an object while in a deep meditative state; to open oneself to visions of the future.
 - **Skyclad** - To practice magick and ritual in the nude.
 - **Spell** - A magickal ritual used to produce certain results in the physical world.
 - **Talisman** - A magickally charged object used to attract a specific force or energy to its bearer.
 - **Underworld** - The realm of the spirit; realm of the dead.
 - **Unicorn** - A magickal horned horse.
 - **Visualization** - The process of forming mental images
 - **Wicca or Wiccan** - (a participant of) A modern revival of ancient Earth-based religions focusing on the Goddess and God of nature
 - **Widdershins** - Counter Clockwise.
 - **Witch** - Someone who practices the craft of magick (usually also a member of the Pagan Religion)
 - **Witchcraft** - The craft of magick
-

The Witches Kitchen

Welcome to the Witches Kitchen! After asking for help and suggestions, several people have provided me with some super recipes and it seemed like a good idea to share them with you.

Some of the recipes here will be ideal for festivals, such as the fajitas, traditionally eaten in Mexico on the Day of the Dead, and so ideal for Samhain, and Crescent Cakes, which are super for Imbolc, and some are just plain wicked!

If you have a recipe that you'd like to share, please e-mail it and we will be delighted to put it on the site to share with everyone else.

Bon Appetit!

"Special Dark Fudge Truffles" From Jadzia

OK, this is not about Black Magic, but.....I thought it sounded delish!! It should work with milk chocolate and semi sweet as well.....probably not with white chocolate though.....I'm not sure how the cream would interact with white chocolate. When I've made truffles in the past, it's always been a major pain, using baker's chocolate and butter and cream to get the consistency just right.....this sounds easier. You can roll your mix in chocolate sprinkles for a double chocolate effect, and you can use Magic Shell.....an ice cream topping that gets hard.....to make a hard outer coating.

Ingredients:

- 2 cups (12-oz. pkg.) HERSHEY'S SPECIAL DARK Chocolate Chips
 - 3/4 cup whipping cream
 - Various coatings such as toasted chopped pecans, coconut, powdered sugar, cocoa or small candy pieces
1. Combine chocolate chips and cream in medium microwave-safe bowl. Microwave at HIGH (100%) 1 minute; stir. If necessary, microwave an additional 15 seconds at a time, stirring after each heating, until chips are melted and mixture is smooth when stirred.
 2. Refrigerate 3 hours or until firm. Roll mixture into 1-inch balls. Roll each ball in coating. Cover; store in refrigerator.

About 3 dozen truffles.

"Crescent Cakes" From Jadzia

Ingredients:

- 1½ cups flour
- ½ cup sugar
- 1 cup finely ground almonds
- 3 drops almond extract
- ½ cup butter or margarine, softened
- 1 tablespoon honey
- 1 egg yolk

In a large mixing bowl, combine the first four ingredients. Add the butter, honey, egg yolk and mix together well. Cover with aluminum foil or plastic wrap, and then chill for 1½ to 2 hours in the refrigerator. When ready, pinch off pieces of the dough (about the size of plums) and shape them into crescents. Place the crescents on a well-greased cookie sheet and bake in a 350-degree preheated oven for approximately 20 minutes. The recipe yields about one dozen crescent cakes.

"Returning Sun Spice Bread" From Jadzia

Ingredients:

- 1 ¼ cup flour
- 1/8 cup poppy seeds
- 2 tsp. baking powder
- ¾ cup raisins, plain or golden
- ½ tsp. baking soda
- ½ cup butter/margarine
- ½ tsp. ground ginger
- ¾ cup Karo golden corn syrup
- ½ cup light brown sugar
- 4 tbs. Milk
- 1 large egg, beaten
- 1 tsp. mixed spices** **Equal parts of cinnamon, nutmeg, and allspice.

Sift the flour, soda, and baking powder into a non-metal bowl. Add the mixed spice and ginger. Next add the brown sugar and raisins. Mix. Make a well in the center of the flour mixture. In a small sauce pan, melt the butter and the syrup over a low heat, then pour liquid into the well in the middle of the flour mixture. Add the beaten egg and the milk, and mix very well. Pour into a well greased 2-lb loaf pan and bake in a preheated oven at 325 degrees for 40-50 minutes. This bread can be made the night before as it improves with age. Makes 8-10 servings.

“Mixed Greens with Poppy Seed Dressing” From Jadzia

Ingredients:

- 1 cup sugar
- 3 teaspoons ground mustard
- 1 teaspoon salt
- 2/3 cup rice vinegar
- 1/4 cup chopped white onion
- 2 cups vegetable oil
- 2 tablespoons poppy seeds

In a blender or food processor, combine sugar, ground mustard, salt, rice vinegar, and onion. With the motor on, slowly add vegetable oil in a slow, steady stream; whirling until dressing is smooth and has a creamy texture. Add poppy seeds and blend thoroughly. Store, covered, in refrigerator. Serve at room temperature over any type of salad greens you enjoy :)

Yields 1 1/2 cups.

”Roast Butternut Squash” From Mama Padura

Ingredients:

- **Butternut squash**
- **olive oil**
- **Balsamic vinegar**
- **Harissa paste***
- **Onion**
- **Garlic**
- **Ginger**
- **Tin chopped tomatoes**
- **Chickpeas**
- **Baby spinach leaves**
- **Fresh lemon juice**
- **Salt & pepper**

Just halve the squash, take out the seeds, sprinkle it with salt, freshly ground pepper, drizzle a bit of olive oil and balsamic vinegar and roast for about 40 - 45 minutes on medium until it's soft (about gas 5 or 6).

Serve it with a lovely spiced sauce.

Just fry some onion, garlic and ginger until soft. Add a tin of chopped tomatoes, some chickpeas and about half a tablespoon of harissa (or to taste) Cook until the chickpeas are done. Add some baby spinach leaves and a squeeze of fresh lemon juice, and cook until the spinach just starts to wilt. Pour it over the butternut squash, and serve with warm crusty bread. Mmmmm. Great winter warmer.

Notes from Mama Padura: This recipe uses harissa paste, which I had nightmares trying to find. I got a Rose harissa in Sainsbury's, which I think is different to the one I was meant to use, but it's lovely and delicate (although a lot more expensive!) You'll find it in the ethnic section rather than with the spices, I think it's tunisian.

”Cheese Enchiladas” From Jadzia

Ingredients:

- 1 (15 ounce) can tomato sauce
- 1 (6 ounce) can tomato paste
- 2 teaspoons Creole-style seasoning
- 1 (12 ounce) package corn tortillas
- 1 (8 ounce) package Cheddar cheese, shredded, divided
- 1 onion, diced
- 1 (6 ounce) can sliced ripe olives
- 1 (6 ounce) can sliced mushrooms

**Quick and easy cheese enchiladas! Prep Time: approx. 20 Minutes.
Cook Time: approx. 30 Minutes. Ready in: approx. 50 Minutes. Makes 6 to 8 servings. These can be as spicy as you'd like them to be :)**

Directions:

- 1 Preheat oven to 350 degrees F (175 degrees C).**
- 2 In a medium bowl combine tomato sauce, tomato paste and Creole-style seasoning.**
- 3 Warm tortillas in microwave, or in oven; dip them in the tomato sauce mixture and lay them in a 9x13 inch casserole dish. Fill each tortilla with cheese, onion, olives and mushrooms; roll. Repeat until dish is full. Sprinkle a small amount of cheese on top.**
- 4 Bake in preheated oven for 25 to 30 minutes, or until cheese is melted and bubbly.**

“Indian Vegetable Rice” From Jadzia

Ingredients:

- **2 tablespoons vegetable oil**
- **1 onion, thinly sliced**
- **1/2 teaspoon ground cumin**
- **1 cup Basmati rice**
- **2 cups water**
- **3/4 teaspoon salt**
- **1/2 teaspoon garam masala**
- **3/4 cup frozen mixed vegetables**

A lovely vegetable recipe full of flavor which can be eaten by itself. Delicious if eaten with plain yogurt. Create your own variation with different vegetables and spices. Prep Time: approx. 10 Minutes. Cook Time: approx. 40 minutes. Ready in: approx. 50 Minutes. Makes 2 servings. This can be doubled, tripled, etc, to feed a crowd.

Directions

- 1 In a large pan heat oil over medium heat and sauté onions and cumin until onions are tender, but not browned. Rinse the rice several times and drain well. Add the rice to the pan with the onions and pour in the 2 cups of water. Stir in salt, garam masala and vegetables. Cover the pan and increase the heat to high.**
- 2 Bring the mixture to a boil and then reduce the heat to low, keeping the rice covered at all times. After cooking for about 10 minutes, gently stir the rice to distribute the spices evenly. Cook 25 to 30 minutes, or until all of the water has evaporated and the rice is tender.**

“Poppy Seed Bread” From Jadzia

Ingredients:

- 3 cups flour
- 2-1/4 cups sugar (less if desired)
- 1/2-teaspoon salt
- 1-1/2 teaspoons baking soda
- 3 eggs
- 1-1/8 cups vegetable oil
- 1-1/2 cups milk
- 1-1/2 tablespoons poppy seeds
- 1-1/2 teaspoons each: vanilla, almond, and butter flavorings
- Orange Glaze (recipe follows)

Directions:

Combine all ingredients except glaze in large bowl of mixer. Mix on medium speed until blended. Pour into two greased and floured 9 x 5 loaf pans. Bake in preheated 350°F oven one hour or until wooden pick inserted in center comes out clean. Brush loaves with glaze while they are still warm and in the pan. Let glaze soak for about 10 minutes. Remove breads from pans. **MAKES 2 LOAVES.**

ORANGE GLAZE: Mix together 1/4 cup orange juice, 3/4 cup powdered sugar, 1/2 teaspoon each vanilla, almond extract, butter flavoring.

“Scrambled Egg Burritos, the Mexican way!”

From Harmonia

For the scrambled eggs:

- Eggs
- Green chili
- Onion
- Fresh garlic
- Tomato
- Flour tortillas
- Tin of chopped tomatoes
- Salt and pepper

Chop up some onion, tomato, and fresh green chili (a small piece) and fry it in a little oil. Add some scrambled egg, or if you don't like milk in it, break the eggs into the frying pan and scramble it with a wooden spoon. Remember to season it with salt and black pepper. Heat flour tortillas by putting them straight onto a medium gas flame for a few seconds each side (turning them and watching you don't burn your fingers). Put the mixture onto the tortillas and fold them up. Keep warm in a dish with a clean tea towel or paper towels in, and folded over the top, and put a lid on. Serve with salsa (recipe next).

Salsa

Put a whole green chili in some water and boil for a while to soften. Empty the water out and chop the chili finely. Don't touch it with your fingers or I can guarantee you will then touch your eye aaarghhh! Put the tinned tomatoes in a pan, add the chili, chopped onion, and garlic. Season and cook until the onion is soft. The heat will depend on the chili!

"Fajitas" From Mama Padura

Ingredients:

Fresh tomatoes

Red onion

Chicken breasts

Limes

Garlic cloves

Sour cream

Chili powder

Pepper

Rosemary

Cinnamon

Sugar

Ripe avocado

Cheese

Spring onions

Red chili

Olive oil

Cumin

Grated nutmeg

Cayenne

Make the salsa first:

In a blender, put three tomatoes, roughly chopped, 1/2 red onion, 1 clove of garlic, 1 finely chopped red chili (or to taste) a pinch of chili powder, pinch of cumin, some freshly ground black pepper. Drizzle in a little olive oil, and add the juice of half a lime. Whiz it up a bit (I like it still quite chunky) Note: I use this in a cheese wrap for lunch also, it gives it a nice zing!

For the fajitas:

In a bowl, put 1/2 tsp grated nutmeg, 2 cloves of garlic, crushed, 1/2 onion, finely chopped, 1/2 tsp fresh rosemary, 1 tsp of the salsa (I try to use more juice than anything) 1/2 tsp cayenne, pinch of cinnamon and the juice of one lime. Slice 2 chicken breasts into small slivers, and leave in the marinade for at least half an hour.

To cook, put some olive oil in a frying pan, add 2 tsp water and 2 tsp of sugar. Heat until the sizzling dies down, then add the chicken. Cook until golden brown (the onions will be really dark and caramelized). At the end of cooking, I like to add a little more lime juice - it makes it sizzle!

For the guacamole:

Take 1 ripe avocado, peel and stone it - mash it with a fork, add a touch of garlic, squeeze of lime and a pinch of chili powder.

This amount should serve two, amply. I always put the chicken in the tortillas and serve them with bowls of the salsa, guacamole, sour cream, spring onions, and cheese. Then everyone can add whatever he or she like!
Great served with some nice fresh salad.

"Chilled Cucumber Soup" From: Jadzia

Ingredients:

- 1 large cucumber, peeled and roughly chopped
- ½ pt plain yoghurt
- Pinch cayenne pepper
- Salt
- Chopped fresh mint
- Dash olive oil

Method:

Place the cucumber and yoghurt in a liquidizer and blend until smooth. Add the oil and seasoning and blend a little more. Chill in the fridge. Garnish with the fresh mint to serve.

"Comfrey Fritters" From: Jadzia

Ingredients:

- 1 egg white
- 2 oz cornflour
- 2 tbs. Water
- Young comfrey leaves

Method

Beat the egg white until it forms stiff peaks. Blend the corn flour with the water until it forms a smooth cream and fold it into the egg white. Dip the leaves in this batter and deep fry until golden. Comfrey is common in the British Isles and can be found growing in damp places such as ditches, by rivers and streams. It flowers from June to October. Comfrey is a herb of protection and healing; its value is particularly potent at midsummer.

"Basil & Tomato Crumble" From: Jadzia

Ingredients:

- 1 lb. green tomatoes, sliced
- 1 tbs. basil, chopped
- 1 bunch spring onions, finely chopped
- 3 oz bread crumbs
- 1 oz grated cheese

Method

In an oven proof dish, arrange a layer of the tomato slices. Mix together the basil and the onions and sprinkle a layer of this mixture over the tomatoes and sprinkling each layer of tomatoes with black pepper and salt. Repeat these layers using up all the tomatoes, onions and basil. Cover the layers with a thick topping of bread crumbs. Sprinkle with the cheese and bake at 180C/350F/gas mark 4 for 3/4 hour or until golden brown.

Alternate: Cook one pound bacon until extra crispy. Crumble and add to the tomato layers. Delish!!

"Elderflower Fritters" From: Jadzia

Ingredients:

- 6 heads of elderflowers
- 2 egg whites
- ¼ lb. Corn flour
- Water
- Sugar

Method

Mix the corn flour with a little cold water to form a thin paste. In a separate bowl, whisk the egg whites until fairly stiff. Add a little sugar and continue to whisk for a further minute. Carefully fold the egg whites into the corn flour paste to make a light frothy batter. Dip the elderflower heads into this batter and fry them until golden brown. Whilst still hot, roll the fritters in sugar and serve immediately.

“Summer Pudding” From: Jadzia

Ingredients:

- **2 lb. mixed soft fruit [any summer soft fruit available such as raspberries, redcurrants, blackcurrants etc.]**
- **8-10 slices day old bread**
- **2-3 tablespoon water**
- **4-6 oz castor sugar**

Method

Rinse a 2 lb. pudding basin in cold water. Trim the crusts from the bread and line the damp basin with the slices, pressing the bread down firmly and leaving no gaps. Reserve enough bread to cover the top. Over a low heat dissolve the sugar in the water, add the fruit and simmer for a few minutes. Strain off about ¼ pint of the liquid and put it to one side. Put the fruit in the basin and cover with the remaining bread. Stand the basin on a plate and cover it with a saucer. Press the saucer down and place a weight on top. Leave it like this overnight. To turn out the pudding, remove the saucer and invert the basin onto a plate. Remove the basin and pour the remaining liquid over the top.

”Strawberry Wine” From: Jadzia

Ingredients:

- **1 gallon strawberries**
- **3 ½ lb. Sugar**
- **½ lb. Raisins**
- **1 gallon water**
- **Yeast**

Method

Mash the strawberries and add the water. Stand for 24 hours, strain off the liquor and add the sugar and raisins. Return to the brewing bin. Stir in the sugar until it has dissolved and add the yeast. Cover and stand for 2 days, stirring daily. Transfer to a demi-john and fit an airlock. This wine should be ready to bottle in 6 months. Strawberry wine is taken at midsummer to facilitate contact with the fairy wildfolk. Strawberries are sacred to the Mother Goddess who nurtures all living things. From Pagan Feasts by Anna Franklin and Sue Phillips, published by Capall Bann

This section is written by Jadzia and is for

Hand Fasting Recipes:

Is there anyone on the planet that won't eat wedding cake? The traditional tiered white iced cake, supposedly originated as a sort of 'sculpture' of the church building columns and domes. However to some, three tiers would also represent the Maiden, Mother & Crone aspects of the 'Triple Goddess' and the couple's vision of growth together through youth, mid-life, old age and beyond this life together as lovers and a team. Certainly what matters is that you understand and believe in your own 'associations' with colors and symbols. A three tiered cake could also represent Goddess, God and the couple, showing their interconnectedness.

Until fairly recently, spice & fruit cakes were served. When the tiered 'white cake' became popular, the fruit cakes became known as the 'Grooms Cake' and were still served, but usually as a slice for guests to take home. While I personally like chocolate cake with buttercream frosting, there are many different ways to honor Goddess and God at your matrimonial ceremony.

A nice, (and different) fruit cake for a spring/early summer handfasting, would be a cake with strawberries in the layers. Some ceremonies call for the couple to 'bless' small cakes, which are then shared with the guests. Individual 'Short Cakes' would be fun for this purpose, as they could be topped with strawberries and whipped cream later.

Some couples like to put special fruits & herbs in their handfasting cake, based on beliefs in the corresponding properties and desired effect. While these herbs can be crumbled into any recipe, a 'Spice Cake' would help to mask color and taste variations. Europeans frequently put jelly/jams in between the layers of a spice cake.

A few suggestions for grains, herbs, spices and fruits are:

- **Wheat (flour or germ) for fertility, wealth and prosperity**
- **Allspice**
- **Cinnamon**
- **Cloves**
- **Ginger and Vanilla for love, passion and vitality.**
- **Poppy Seeds for fertility, love, wealth and good luck.**
- **Walnuts for fertility**
- **Coconut for fidelity**
- **Lemons, limes and oranges for fidelity and vision.**
- **Blackberries, jelly and jam for protection, good luck and wealth.**
- **Apples, Apricots, Strawberries and Cherries, jelly and jam for love and passion.**

A modern wedding tradition, suggests that the couple save the 'top ' cake and eat it on their first anniversary. For those whose vows were for a 'Year and a Day', this conveniently corresponds with having a second ceremony. For those whose vows were for a lifetime or eternity, the saved layer is nice with refreshments at an Anniversary Party.

Medieval Grooms Cake:

- 1 pound butter
- 1/2 teaspoon soda
- 1 pound flour
- 1/2 cup molasses
- 3 1/2 pounds currants
- 1/4 cup water
- 2 1/2 pounds raisins
- 1/2 TB mace
- 1/2 pound citron
- 1/2 TB cinnamon
- 10 eggs
- 1/4 TB crushed cloves
- 1/2 TB nutmeg
- 1/2 cup crushed walnuts
- Cream

With butter, eggs and sugar. Add water and molasses. Sift flour, soda and spices and add to batter slowly. Stir in currants, raisins and citron. Add any other 'magick herbs and spices'. Pour into prepared pans and bake in a slow oven (250-300) until knife inserted in center comes out clean. Time will vary from 40 to 50 minutes, according to oven. A punchbowl filled with mead, any wine or juice and frozen, cut fruit is a pretty and delicious beverage.

WARNING! Meade recipe takes about 4 to 6 months! WARNING!

- 2 gallons water
- 6 cups raw honey
- 1 cup lemon juice
- 1/4 tsp ginger
- 1/4 tsp cloves, crushed
- 1/2 tsp nutmeg
- 1/2 tsp allspice
- 4 packs brewer's yeast

Heat in large pot over medium heat until honey melts. The crust on top should be left in for richer flavor. Remove from heat and stir occasionally until cooled. Stir in brewers yeast and pour into 'fermenting container', large pottery crocks are good (like you use for making pickles). Unless you allow the mead to ferment, it will not have alcoholic content. Fermentation takes four to six months (depending on your taste) and the containers have to be opened everyday to allow the build up of gasses to escape. This process is called 'airing'. Each month, transfer into a fresh container to avoid settling. I've never made this, but it sounds delicious!

Remedies

Here is a number of herbal, crystal and aromatherapy remedies that everybody can easily use at home for some of the more common ailments that we're all afflicted with from time to time.

The remedies here have been collected from contributors and from recipes that I have used.

Before you embark on any of these remedies, please remember that herbs, essential oils and even crystals can be toxic; please see the warning note at the end of the page.

Sore Throat Herbal Remedy

You will need:

- Sage leaves
- Thyme
- Licorice
- Honey
- Lemon

This sore throat herbal remedy works a treat. Make a tea with sage (not the supermarket one, but the whole leaf one), wild thyme, or thyme, and licorice/licuorices (this is the woody herb, not the sweet. You can add honey or honey and lemon for extra taste. Sip the tea or use it as a gargle (the latter is good if you don't like the taste)! You need the licorice for soothing. I have a little teapot with built in strainer. You just add the herbs to the strainer, add boiling water, and brew for 10 minutes. Great! Dispose of these herbs outside later, as they really smell nasty if left in the bin or teapot.

Bruises

You will need:

- Essential oil of Geranium
- Ice pack

The capillaries in your skin being damaged and leaking blood into your skin after a bump cause bruises. As soon as possible after the bump, apply an ice pack to the area; the ice pack will reduce the amount of bleeding and so help reduce the amount of bruising you experience.

A simple ice pack can be made and kept in your freezer just in case - all you need is a polystyrene cup filled with water and frozen. Peel back to top part of the cup to expose the ice and this can be applied to your bruise without freezing your fingers. If you don't have an ice pack, running the bump under cold water will help.

Soak some gauze or lint in cold water and apply 2 or 3 drops of Geranium oil to the dressing depending on the size of the bruise. Apply the dressing to the bruised area and keep there for at least 2 hours.

Stuffed up sinuses and colds

You will need:

- **3 drops, Essential oil of Eucalyptus**
- **1 drop, Essential oil of Lavender**
- **1 drop, Essential oil of Tea Tree**
- **1 drop, Essential oil of Basil**

There's nothing more miserable than being stuffed up with sinus problems or a cold; this remedy will help to clear your nose and head and is a two-part remedy. Part one is to massage the face as follows:

Clear your sinuses by massaging very gently around your eyes with fingertips in a circular motion and very, very gently stroking from the sides of the nose outwards towards the ears. Then gently pinch around the edges of the ear and along the ridge of the chin and jaw moving from the centre of the chin outwards towards the ears - this helps to keep everything moving in the sinuses and lymph glands.

Once you have done this, fill a bowl with hot water and add the essential oils listed above - it doesn't matter too much if you don't have them all as each of them is antibacterial and clearing - put a towel over your head and inhale the vapors. When you do this, keep your eyes closed as the oils can make your eyes smart. You should be able to breathe more easily!

Chapped and sore lips

You will need:

- **30g or 1oz Beeswax**
- **30ml or 1 fl oz Apricot oil**
- **30ml or 1 fl oz Wheat germ oil**
- **3 drops Essential oil of Lavender**

Melt the wheat germ oil, apricot oil and beeswax together in a bain-marie or in a bowl over a pan of boiling water and as soon as they have melted remove from the heat and continue stirring while the mixture cools. When it is lukewarm, add the lavender oil and stir thoroughly. Put the mixture into a jar and apply when you need it.

Warning:

Before you embark on any of these remedies, please remember that herbs, essential oils and even crystals can be toxic and have medical side effects. If you are unfamiliar with, or are uncertain of, any of the ingredients we recommend that you seek the advice of a professional. If you chose to use any of the remedies on this site, please do not exceed the stated amounts or dosages. We cannot be held liable in any way whatsoever for the contents of this site, or your use of the information.

Amulets, Talismans, & Charms

When I was in the middle of writing this book on *Wicca Protection Spells*, a friend commented that it would have to be of historic interest only, as no one used them nowadays. He hadn't noticed all the people who wear astrological pendants, ankhs, St. Christopher medals, and a variety of other charms and amulets. Recently, a funeral director told me that he had noticed a large increase in the number of people who were buried with their favorite amulets and lucky charms. All around the world, the number of people who wear charms and amulets is steadily increasing.

There is some confusion about lucky charms, amulets, and talismans, and many people think they are synonyms. In fact, although the differences are sometimes subtle, each is created for a different purpose: a charm is worn to attract good luck; an amulet provides protection from danger; and a talisman is used to attract a particular benefit to its owner.

LUCKY CHARMS

Charms were originally spoken or sung. The word charm comes from the French *charme*, which means song. The blessing that a priest gives at the end of a service is an example of this sort of charm. But gradually, people came to the conclusion that spoken words were ephemeral, while a solid object was permanent. Objects that had special significance – such as a splinter that was believed to be from the cross of Jesus – replaced sung or spoken charms.

Almost anything can (and has been) used as a charm. Buttons and coins are good examples. This is because these items are frequently lost, and found by others. Anything that you find can be used as a charm. Small objects that are given to you also make good charms, because of the pleasant connotations they provide. Many gift stores have a selection of small objects that can be used as charms.

Lucky charms are normally carried on the person, but there are exceptions. My grandmother had a metal tin full of buttons. She would shake the tin vigorously whenever she wanted good luck. I have seen St. Christopher medals attached to the inside mirror of many taxicabs. These drivers obviously prefer to have the medal where they can see it, rather than somewhere on their person.

The St. Christopher medal is a charm that protects travelers, as St. Christopher is the patron saint of travelers. A series of failures on the U.S. Navy's Vanguard rocket project in the 1960s was blamed on the absence of a St. Christopher medal. One was placed on the next rocket, and it performed perfectly.

A four-leaf clover has always been considered a lucky charm. This old Irish rhyme that explains why:

- **One leaf is for fame,**
- **And one leaf is for wealth,**
- **And one is for a faithful lover,**
- **And one to bring you glorious health,**
- **Are all in the four-leaved clover.**

A number of lucky charms have religious significance. Fish have come to symbolize the Christian church, possibly because of the story of Jesus feeding the five thousand. However, the Greek word for fish forms an acronym of the initial letters of “Jesus Christ, Son of God, Savior” in Greek, and this is a more likely explanation. A fish charm attracts wealth and abundance.

The ankh is an ancient Egyptian symbol for everlasting life, and is sometimes known as the cross of life. It provides good luck. It also wards off illness and disease, which means that it can be used as an amulet as well as a charm.

Charm bracelets allow people to wear a number of charms at the same time. Many people have a collection of objects that they use as charms, either singly or together. They do not need to be visible, and can be worn under clothing or carried in a purse, if desired.

AMULETS

Amulets have been worn for protection for thousands of years. Early peoples lived in a world where strange and frightening things occurred that defied explanation. Consequently, amulets were used to protect homes, families, and livestock.

Amulets were also used to protect people from the “evil eye.” The belief that a person or animal could harm another by staring at them with an evil eye dates back at least five thousand years, and ancient clay tablets have been found that describe the damage that the evil eye can inflict. The Sumerian god Ea spent most of his time fighting the evil eye. Even today, in many parts of the world, the evil eye is considered a major threat, and various kinds of amulets are used to avert it.

Amulets were originally natural items, such as an animal’s tooth or a semi-precious stone. However, you can choose anything you like. Medals, bells, keys, and photographs can all be used as amulets. Many police officers in early twentieth-century New York carried St. Jude medals with them for protection. St. Jude is the patron saint of policemen.

Knots make effective amulets because they are believed to catch evil spirits. My grandmother tied knots on all her kitchen aprons to protect both her and the food she was preparing.

Take your time when choosing an amulet. Think about your purpose in wanting one, and how you will wear or carry it. On several occasions, amulets seem to have found me when I needed them. On one occasion, a man I met at an airport gave me a small piece of hematite. I was on my way to see someone to discuss a business proposition. The hematite protected me from his overpowering manner.

TALISMANS

Because talismans are intended to provide power, energy, and specific benefits they are often made at times that are believed to be spiritually or astrologically significant. They are frequently made from stone, metal, or parchment as these substances can easily be inscribed with words or pictures to add additional power. Many talismans come from predatory animals. A leopard's claw, shark's tooth, or eagle's feather, for instance, are believed to endow the wearer with some of the qualities of the animal from which it came.

People in competitive fields, such as sport, frequently have talismans to help them achieve their goals. Vida Blue – a famous Oakland A's baseball pitcher in the 1970s and 80s – had a special cap that became his talisman. Finally, it became so old and faded that league officials threatened to suspend him if he did not change it. Blue got himself a new cap, and ceremonially burned his old cap at a pre-game ceremony.

The most famous talisman is a six-pointed star, made from two overlapping triangles. The upward pointing triangle symbolizes fire, the sky, and male energy. The downward pointing triangle symbolizes water, earth, and female energy.

The power of this talisman is such that mystic Arthur Edward Waite wrote: "Nothing was believed impossible for those who possessed it."
(A. E. Waite, *The Occult Sciences* [Secaucus, NJ: University Books, 1974], 111).

As the Star of David, this talisman symbolizes both the Jewish religion and the nation of Israel. It is also known as the Seal of Solomon because King Solomon is believed to have used it. However, it predates his time by hundreds of years.



Gemstones As Amulets And Talismans

Crystals and gemstones have been used as amulets and talismans for thousands of years. In fact, it is believed that people wore earrings and necklaces before they started wearing clothes. During the Crusades, many soldiers carried talismanic stones carved with runic messages. They also carried bloodstones because this type of stone was associated with Mars, the god of war. The soldiers felt that bloodstones would make them brave in battle and protect them from harm.

The best crystal or gemstone to use is one that appeals to you. It might be a stone that you find, purchase, or receive as a gift. You might like the color, shape, size, or texture of a particular stone. It might be your astrological birthstone. If you sense that it is the right stone for you, you should use it.

I choose most of my gemstones by psychometry. I hold the stone in a loosely clenched fist, or between my cupped palms, and experience the sensations the stone provides. Some stones produce feelings of comfort and peace, while others seem angry and aggressive. Many stones appear to be filled with fun and laughter, but a few appear sad. I choose the amulet or talisman I need by finding a stone that has the right feeling for the purpose I have in mind.

There are many other ways of choosing the correct gemstone, including one derived from your date of birth. You need to create a sum of your month, day and year of birth, and then reduce it down to a single digit. Unfortunately, there is an exception. If you come across an 11 or a 22 as you reduce down to a single digit, stop at that point, as they are called Master numbers.

Here is an example for someone born on December 9, 1946

$$12 + 9 + 1946 = 1967$$

We then add up the 1967: $1 + 9 + 6 + 7 = 23$.

Finally, we add the 2 and 3 together, which gives us 5.

Here is an example that gives us a Master number: February 29, 1944:

$$2 + 29 + 1944 = 1975$$

When we add up $1 + 9 + 7 + 5$, we get 22.

Because 22 is a Master number, we stop at that point, and do not reduce it any further.

Each number relates to a color.

1. **RED:** Red stones relate to passion, enthusiasm, and energy. Examples are ruby, garnet, and red jasper.
2. **ORANGE:** Orange stones relate to close relationships and personal satisfaction. Examples are citrine, carnelian, and orange sapphire.
3. **YELLOW:** Yellow stones relate to expressing the fun-filled, joyful aspects of life. Examples are yellow beryl and topaz.
4. **GREEN:** Green stones relate to hard work and accomplishment. Examples are emerald, peridot, and tourmaline.
5. **BLUE:** Blue stones enhance clarity and perception, and aid in goal-setting. Examples are lapis lazuli, sapphire, and blue tourmaline.
6. **INDIGO:** Indigo stones relate to caring for others. Examples are sodalite and iolite.
7. **VIOLET:** Violet stones relate to spiritual truth and the higher consciousness. Examples are amethyst, garnet, and purple ruby.
8. **PINK:** Pink stones are stimulating and energizing. They enable progress to occur. Examples are rubellite tourmaline, rose beryl, and rose quartz.
9. **CLEAR:** Clear stones symbolize pure energy. They are nurturing, loving, and ultimately successful. Examples are clear quartz and diamond.
11. **SILVER:** Silver stones are peaceful and gentle. However, they also possess great power, and provide enormous potential. Hematite is a good example.
22. **GOLD:** You should use gold when you are aiming high. Gold knows no limits. Examples are pyrite, pyrite-sun, and tiger's-eye.

HOW TO CHARGE YOUR TALISMAN

Once you have chosen a talisman, it must be charged to fill it with power and energy. Talismans are important magical tools that need to be dedicated to you and your specific goals. The best time to charge your talisman is when the moon is waxing. Bathe and change into clean clothes before charging your talisman. Some magicians prefer to be naked for this ceremony, as it exposes the talisman to more of their personal energy fields.

There are many different ways to charge a talisman. The Dedication Method is one of these, and has the advantage of being easy to perform. You will need a room that will not be occupied for several hours after you have charged your talisman. You will also need a table or shelf to act as an altar.

Place your talisman on the altar. Stand in front of it, and thank the universal life force for protecting and guiding you. After this, recite a poem that you enjoy. Naturally, it should be serious in nature. You might choose to write a poem especially for this ritual.

Once you have finished reciting the poem, stare at your talisman for thirty seconds, and then speak to it. Here are the words I use:

“I empower and consecrate you for
(whatever purpose the talisman is designed to perform).
I imbue you with all the powers of the
universe to enable you to carry out your task,
and I thank you in advance for all the
energy, power, and comfort that you offer to me.”

Gaze at the talisman for another thirty seconds, and then say **“Thank You”** to it. Spread your arms out wide and look upwards, while saying **“Thank You”** again.

Leave the talisman on the altar for as long as possible. Leave the room quietly, and ensure that the room is not used for at least several hours.

Your talisman is now ready for use. It will serve you faithfully, and the properties you imbued into it will last forever. This is not always desirable and, once your goal has been achieved, you will need to de-activate the talisman. Most of the time, you will be able to do this by destroying the talisman, after thanking it sincerely for helping you. If the talisman can be burned, you can create a small ritual using a candle. Light the candle and stand in front of it holding the talisman in your cupped hands. Acknowledge the archangels in the four cardinal directions by bowing to them, starting in the east, and following with the south, west, and north. Thank the talisman for everything it has done, hold it high in the air for a few moments, and then burn it in the candle flame.

Obviously, you will not be able to do this if the talisman cannot be burned. However, you can still thank it, break it, and then bury it in the ground. If the talisman is made of a valuable substance, such as gold or silver, you can remove the talismanic influences by formally thanking it for three days in a row.

ACHIEVE YOUR GOALS

If you wear a talisman for financial success, your subconscious mind will work toward this goal and bring financial opportunities to your attention. In this instance, it could be said that your belief in the talisman is providing the necessary power to allow the process to work. Certainly, there is no point in wearing a talisman of any sort if you do not believe in it. This is because your skepticism would override the talisman's programming. There have been instances where this has caused misfortune to whoever wore certain talismans. The famous Hope diamond caused misery and harm to everyone who owned it.

Experiment with a variety of charms, amulets, and talismans and see what happens. I believe that you will gain more self-assurance, power, and control over every aspect of your life. This is because you will be harnessing the powers of the universe to attract what you want, and to repel what you don't want. Use them for good, and create the life you deserve.

TURQUOISE PROTECTION AMULET

The ancients regarded turquoise as a powerful Magickal aid to ward off misfortune, illness, and the evil eye. You can use turquoise to make your own amulet for protection.

To begin, during the waxing Moon take a piece of blue turquoise or an item of blue turquoise jewelry and hold it in your hand for a moment. In your mind's eye, picture a blue light surrounding you. Hold the stone to your heart, and breathe on it to charge it with your power, saying:

**“Stone of blue, surround me with protective energy.
I am protected by your soothing blue light.”**

Carry your turquoise with you or wear it as often as you can. Handle it frequently to keep the spell active.

PROTECTION CHARMS

Mistletoe, also known as golden bough, carried in a little hand sewn cloth bag is a traditional Celtic method of protecting the self and is also used by the followers of the magic from America's South.

Marjoram or wild oregano is believed to absorb dangerous negative energies when powdered and sprinkled about the home.

In Italy the followers of Italian witchcraft or *stregheria* make this herb into a tea and add it to the wash and scrub water to protect the home and its inhabitants.

Cuban and Puerto Rican followers of the folk religion known as *santeria* regularly burns brown sugar, a pinch of sulfur and garlic powder on charcoal within their homes to cleanse them of any negative energy. When the home has been cleansed it is protected by praying to Santa Barbara, the saint of protection, by the light of a red and a white candle.

A pinch of sulfur powder and cayenne pepper carried in a little brown paper pouch upon which a sword has been drawn, can be carried to ward off hostile words and deeds.

Plain bluing (used to whiten clothes in the wash) is said to ward off evil spirits in the magic of America's South. The bluing is generally carried in a little blue paper pouch. When a little sulfur and blue metal stone (the type often used in the process of making concrete) are added to bluing and carried in a blue cloth pouch, the charm is said to simultaneously ward off evil and attract lucky energies to the bearer.

Mirrors are said to frighten away dark spirits and tiny pieces of silvered glass are often sewn into Indian cotton dresses as are bells which are also used for this purpose. A tiny silver bell worn about the neck is a very potent protective charm as evil spirits cannot abide the sweet ring of any bell.

Travelers are especially in need of protection when in a foreign land. A tiny mirror smeared with a clove of garlic and placed beneath the bed is said to protect the sleeper when away from his or her own home.

The mirror may also be carried on one's person for this same purpose.

TO MAKE A CHARM FOR CONTROL

Charm Spell - protection and control. Special Tools:

- One red candle, One white candle, A small piece of white paper, Protection oil (pre-made or homemade), Ink pen, Red ribbon

Cast the circle. Set a white candle alight on the left to represent the Goddess and a red candle alight on the right to represent the God. Place materials for the charm between the candles. Using the protection oil, with the index finger of the right hand, draw a pentagram in the middle of the paper while saying:

"With the seal of this pentagram I request this charm be used for protection and authority over those I am with today."

Using a pen, in the center of the oil-drawn pentagram, draw the rune Algiz, (the rune of protection). Say:

"With this rune, Algiz, I request this charm be used for protection and control over all I do".

Now seal it but If you're doing the ritual for someone else, hand him/her the piece of paper and tell him/her to concentrate on the rune and what it means and ask aloud for what you want. Then to seal those energies into the charm, tell him or her:

"When you are ready, roll the paper up tightly, lengthwise and give it back to me."

When the charm is handed back it is wrapped three times with a red ribbon sealed with wax dripped onto it (use a ring or seal if you have one or draw a symbol like the 3 pointed star in the hot wax pool to seal and then tie the ribbon into a bow. Consecrate the charm with an element of the God, fire, and an element of the Goddess, air (the smoke from the candles). Hold the charm over the red candle of the God and say, "I consecrate you in fire for (name) so that he/she can defend and protect him/herself/ myself with the powers he/she/ I has (have). Hold the charm in the smoke of the white candle of the Goddess and say:

"I consecrate you in air for (name) so that he/she I can defend and protect him/herself or self with the powers he/she (I) has (have)."

Tightly clasp the charm in both hands, the right hand around the charm and the left over your right. Concentrate on the charms task. Seal the left end of the charm with white wax and right end with red wax. The charm is complete and given to the intended person or kept by you if you make it for yourself. Close the circle.

ONION GARLIC PROTECTION CHARM

You will need:

- 3 Onions with leaves attached
- 3 Garlic bulbs with leaves attached

Hang this in the kitchen to protect your family from interference by evil spirits; replace it annually. Braid the garlic and onion leaves together while saying:

**”Layered bulbs of power and might,
Chase away all harm and spite.”**

CHARM FOR PROTECTION

At Dawn, set out and seek for three dried Twigs, with lengths of the same sizes, small enough to be kept as a charm, and bind them with a Vine. Carry them home and on a table, place the bundles of twigs in the midst of a lighted White Candle, anointed with Oils for Protection. In addition, you will need to burn Incense with appropriate scent for Protection. As the smoke starts to arise from the Incense, pick the Twigs up and pass them over the smoke of the Incense, several times, as you incant:

**“Smoke of Incense Bless these Twigs for Protection
That it may protect me from all harm
Hold me, Shield me, Defend me So mote it be!”**

The twigs must be placed on a bag and kept always near you, or rather, it can be hung on the threshold of the house, to prevent any Evil from entering.

MAKE A WITCH'S LADDAR CHARM

This charm can be of two varieties. One is a general purpose charm of protection and good luck, the other for a specific purpose.

Supplies needed For a General Purpose Charm:

- A length of White Cord
- A length of Red Cord
- A length of Black Cord
- Nine Feathers, each of a Different Color.
Red for physical vitality, Blue for mental abilities, peace and protection, Yellow for cheerfulness and prosperity, Green for growth and health, Brown for stability and respect, Black for mystical wisdom, Iridescent Black for mystical insight, Barred Black, Grey or White for balance and harmony, Feathers with "eyes" such as peacock feathers for protection and inner clairvoyant vision.

If it is possible, make the Ladder on the night of a Full Moon. Arrange your alter and cast a circle. Use about a yard of each color yarn. Tie the ends together and braid them together while you say :

“Yarn of Red, Black, and White Work Your magick spell this night.”

Repeat this until the braid is finished. Braiding is a magical act because it makes three strands into one. This represents the three aspects of the Goddess in one. Tie a knot at the end of the braid. Starting at about a foot from the beginning of the braid, tie a feather with a knot around the base and say (example a green feather):

“With this feather and this string Prosperity this charm will bring.”

Tie all nine feathers to the cord, spacing them as evenly as possible. Tie the ends of the cord together to form a circle. Pass the finished Ladder above a candle flame then incense smoke. Sprinkle it with consecrated water and say :

**“In the names of the Goddess and the God
By Air, Earth, Fire and Water I consecrate
this charm Of feathers nine and cord of three
As I will, so mote it be!”**

Hang the Ladder where it will not be seen by others but where you will see it every day. To make a Ladder for a specific purpose, you need three feathers and one length of yarn braided into a cord in the color of your need.

PROTECTION CHARM

Fill a clear glass goblet about halfway up with water.

Stir in a little salt and put it in direct sun for approximately 15 minutes.

Let the water absorb the rays. Along side the goblet, place a charm or talisman on a chain or cord and allow it to receive the sun as well.

(Note: You may use a piece of jewelry such as a gemstone pendant or a stone you've found or any other natural object for the charm.) After 15 minutes have passed, take the glass and talisman out of the sun and dip the talisman into the water. Using the chain or the string attached to the talisman, gently swirl it clockwise while you say the following three times:

**“Apollo's light surround me.
Poseidon's water protect me.
Athena's wisdom guide me.”**

As you speak the words, imagine a beam of pure white light surrounding both the water and the talisman. Leave the water with the talisman in it for another 10 minutes, then dry it off and wear it with comfort in knowing that it will protect you.

MAKING A PROTECTION CHARM

If you feel in danger or threatened, prepare this charm.

Fill one jar small enough to carry with you with fennel seeds, marigold, bay leaves, nutmeg and mustard seed. Whenever you feel threatened, inhale the charm deeply.

You will be protected.

A Word Of Caution: This charm doesn't exactly smell like a spring breeze. ☺

PROTECTION CHARM

You will need:

- One red candle
- One white candle
- A small piece of white paper
- Oil Ink pen
- Red Ribbon

Set the white candle alight on the left to represent the Goddess and a red candle to the right to represent the God. Place the materials for the spell between the two candles.

Using the oil, with your right index finger, draw a pentacle (star inside a circle) in the middle of the white paper, while saying:

**“With the seal of this pentagram
I request that this charm be used for protection.
[a pentagram seal may also be used.] “**

Using a pen, in the center of the oil-drawn pentagram, draw your own special symbol for protection. Say:

“With this rune, I request that this charm be used for protection.”

When you are ready, roll the paper up with the red ribbon tightly lengthwise. Hold the charm over the red candle and say:

**“I consecrate myself in fire so that I can defend
myself and protect myself with the power I have.”**

Continue doing this with the smoke of the white candle, but consecrate it in the name of air. Hold the charm with both hands. Concentrate on the charm's task. Then seal the left end of the charm with white wax, the right with red wax. The charm is now complete.

PROTECTION CHARM

Tools:

- One red candle
- One white candle

A small piece of white paper Oil Ink pen Red Ribbon

Set the white candle alight on the left to represent the Goddess and a red candle to the right to represent the God.

Place the materials for the spell between the two candles.

Using the oil, with your right index finger, draw a pentacle (star inside a circle) in the middle of the white paper, while saying,

**"With the seal of this pentagram
I request that this charm be used for protection."**

Using a pen, in the center of the oil-drawn pentagram, draw your own special symbol for protection.

Say,

"With this rune, I request that this charm be used for protection."

When you are ready, roll the paper up with the red ribbon tightly lengthwise. Hold the charm over the red candle and say,

**"I consecrate myself in fire so that I can defend myself
and protect myself with the power I have. "**

Continue doing this with the smoke of the white candle, but consecrate it in the name of air. Hold the charm with both hands. Concentrate on the charm's task. Then seal the left end of the charm with white wax, the right with red wax. The charm is now complete.

Holly Driving Charm

To make a charm to protect you as you drive, place the following items in a small box:

- **three holly leaves,**
- **one clove of garlic,**
- **one sprig of cedar,**
- **one piece of clear quartz,**
- **and one piece of dragon's blood resin.**

Hold the box shut, and imagine you are driving your car.

Envision yourself working in a clear, keen, and observant state.

You make decisions as necessary when you are behind the wheel; you react with split-second timing, and you generally find joy in your role as a safe driver.

Put the box in the glove compartment of your car and follow through by always driving in a safe and responsible manner.

Basic Protection Spells

SPELL FOR EXTRA PROTECTION

The following spell may be performed at any time you feel the need for extra protection. First of all, gather together the following:

- 1 white candle
- Implement for inscribing a candle
- Protection oil (such as Lotus, Dragon's Blood, Frankincense, Sandalwood, or Rose Geranium)
- Lighter
- Candle holder
- 4 obsidian arrowheads (obsidian, onyx, or apache tears stones may be substituted if you do not have the arrowheads).
- Also, gather together any ritual items you feel necessary.

Next, cast your circle. In the center of your circle, facing North, take the obsidian arrowheads (or stones) into your hand.

Charge them with protective powers and place them around the candle holder, one in the North, one in the East, one in the South, and one in the West.

Next, take the candle and inscribe a pentagram on it (which is among other things a symbol for protection), along with your name, or the name of the person you wish protection for. Now anoint the candle with your oil, while concentrating strongly on your need for protection. Know that you are divinely protected, a child of the Goddess and God. See and feel yourself being completely safe and secure, protected in your home, car, workplace, etc.

Continue to charge your candle and visualize until you feel the candle literally bursting with energy. Now set the candle in the candle holder and light it. You may wish to continue the visualization, or use whatever techniques you wish to send the energy out from you. When you are ready, close the circle and allow the candle to burn down completely.

It is finished. So Mote it Be!!!

PROTECTION KNIGHT SPELL

Cast a circle on the ground all casters enter.

1-? casters can be used (the more the more powerful).

**“Hear me knights of past,
Knights of the ancient law.
Hear me dead knights of an English tongue.
Hear me knights lost in battle, who's blade did good.
Hear me knights of old, hear me knights of lost souls.
This night I invoke thee . I summon thee to my arms aid.
Hear me knights, a new cause be given.
Your body gone now spirit be.
Hear me Dead Knights I invoke thee.
By your spirit blade I invoke you.
By your might I invoke you.
By your spirit I invoke you.
Come now , follow a new cause, I summon thee.
Each of thee I enlist.
I invoke you dead knights lost.
Hear me and come to my aid.
Hear me and fight at my side.
Protect me from spirits harm.
Fight my battles I say to thee.
Hear me Spirits of lost knights,
come to my aid, come to my side.
Protect me from spirits harm.
Protect me from spirits light. I invoke you.
I invoke you. I invoke you. I invoke you. I invoke you.
Let my army be done.
Let it be. Let it be.”**

GOD and GODDESS PROTECTION SPELL

**“God and Goddess of the skies,
Please respond to my cries.
Lift me up in your strong arms,
Away from those who seek to harm.
Shield me from the awful rage,
That shall face me day to day.
Help me be strong in what I do,
And help my heart remain true.
Give me strength to face each day,
And the hardships before me lain.
Let those who I love love me in return,
And everyday let me learn.
I bid you both my spirit keep,
While I'm awake and asleep.
So mote it be!**

BOX PROTECTION SPELL

Take a piece a topaz, malachite, or coral. Size and color doesn't matter. Place it on a small piece of paper. Pale blue works best but white is OK too. Draw a circle around the stone. It doesn't have to be a perfect circle but the better the circle the better the spell works. Cast a circle and put the stone on the paper in the center of your circle. While gently sprinkling water on the stone envision a white light surrounding the stone and whatever it is you want to protect. Next take a small box, again pale blue works best but white is OK, and write:

**"Oh gracious Goddess, whose love is strong and true.
May <whatever or who you want to protect> be protected,
forever through and through. "**

On the lid. On a piece of white fabric inside the box place the stone on its' paper. Next, around the stone, place any part (except the fruit) of any or all of the following plants:

Acacia	Caraway	Flax	Marigold	Rice
Aloe	Carnation	Foxglove	Mistletoe	Rose
Angelica	Cedar	Grass	Mugwort	Rosemary
Anise	Cinquefoil	Hazel	Mulberry	Sandalwood
Ash	Clover	Heather	Oak	Spanish Moss
Basil	Cotton	Holly	Olive	Thistle
Birch	Cypress	Irish Moss	Pine	Valerian
Blackberry	Dill	Ivy	Primrose	Violet
Blueberry	Eucalyptus	Lilac	Raspberry	Willow
Broom	Fennel	Mandrake		

I have found that using 6 of these plants works best.

Then say the words you've written on the box with all your heart, 6 times.

Close your circle.

Put the box in a secluded spot where it will not be disturbed but will get sunlight for 5 days.

Each night take out the box at the same time you did the original spell (6 'o'clock is a good time) and say the words 6 times.

Do not open the box.

On the 6th day (before the time you did the original spell) give the stone to the person you want to protect, after taking it out of it's box, sprinkling it with water, and saying the words 6 times again.

If you're trying to protect a thing place the stone in, on, or next to it.

If you're worried about the person losing the stone (very bad) then you can do what we did and hide it in the person's room.

Finally, at the same time, on the 6th day, that you did the original spell bury the plants and piece of paper in the box while saying the words 6 times.

Be sure to thank the Goddess when you're all through.

CARDINAL POINTS PROTECTION SPELL

Please feel free to modify this spell to suit your own beliefs and practices.
Casting The Circle (Starting in the East draw a circle, deosil - clockwise.):

**“I _____, conjure thee, O circle of power,
As thou encircle every Tower.
That thou beest a place of Truth, Joy and Love,
Encircling Flight of Eagle, Hawk and Dove.
Mighty Aegis of the Lady and Lord,
Rampart of thought, action and word.
To work in Peace, Powerful and Free,
Who walk between two worlds I conjure thee;
A boundary to Protect, Concentrate and Contain,
That Power raised here be not in vain.
Wherefore do I bless and concentrate thee,
in the names of Lady Gaia and Lord Pan.
The Sacred Circle is now about us.
We are here of our own free will and accord in Peace and in Love.
We now invite the God and Goddess;
Lord and Lady; Father and Mother of All Life, to
attend this ritual and spell working...
And to Guard us within this Circle and without it, from all manner of
evil and harm, In all things, So mote it be.”**

Call the 4 Quarters
Starting facing the East, say:

**“Hail and welcome, Ruler of the East,
Spirit of air and daybreak.
Send the cool dawn breeze
of tenderness to waft through
this circle and into our hearts,
that we may always be ruled
by love and trust and by the one law: Harm none.”**

Face the South and say:

**“Hail and welcome,
Ruler of the South,
Spirit of fire and midday.
Inflame our passion, ignite our will,
and purify our intent, that our work shall
have the power for the good of all.”**

Face the West and say:

**“Hail and welcome,
Ruler of the West.
Spirit of water and twilight.
May the tide of pure feeling
wash over our being, and from
the depths of your ocean may
we draw up the gold of divine
love to free us of negativity purify our thoughts.”**

Face the North and say:

**“Hail and welcome
Ruler of the North.
Spirit of earth and midnight.
Let the rich black coal of desire
and fantasy be yielded up from the
darkest caves of the imagination,
that through our work all wants fulfilled,
and all lusts find their highest purpose.”**

Holy Water:

Hold the container of water in your left hand and reflect the light of the sun and moon onto it with your right hand. This liquid is now pure and dedicated to the Lord and Lady. It is free from all negativity in any time and any space.
salt (the earth):

**“The salt is now pure and dedicated to the Lord and Lady.
It is free from all negativity in any time and any space.
Let there be none who suffer loneliness;
none who are friendless and without brother or sister.
May all find love and peace within the Circle for the good of all.”**

CANDLE:

<_____> say:

**“ST. Michael, Arc Angel of Government
and protector of Workers we ask that
you join us in our Sacred Circle to assist
in our spell working on this night. So Mote It Be.”**

Stand before the altar and pick up the Candle to be dressed. Visualize any and all harmful energies being repelled by the smoke of the candle. Dress the candle with St. Michael's oil in the following manner: Rub oil from the center towards the bottom. Then rub the oil from the center toward the top. Concentrate on going about your daily routine in perfect harmony with no harm ever coming to you.

<_____> says>:

**“With this oil I seal within thee the
sweet essence of Life...that thou may vibrate
as a living entity, carrying forth my
desires to the Gods. So Mote It Be!”**

Inscribe Invoking Pentagram on candle with athame.

Parchment - _____ writes name on the paper 9 times with the type of protection desired. Place three drops of St. Michaels oil on the paper and visualize a vibrant glow of protection as you hold the paper in your hands...Nothing can penetrate this glow to do you harm.

<_____ says>:

**“St. Michael, protector of Government Workers,
fill me with your protective strength and love,
so that no harm may come to me from any and all sources.”**

Circle _____ three times with the cedar incense.

Light the candle and place it over the parchment on the altar and say (9 times), while visualizing a circle of smoke surrounding you from the candle:

<_____ says>:

**“Give me loving peace
And protect me from harm.
Aid me in this spell
While I recite this charm.
Cover me with love from the Goddess above
St. Michael grant me protection, peace and love.
Return all the ruin addressed to me
As my will, so mote it be.”**

Pull the smoke circle into your body, transmuting it into positive, healing energy.
Note: Allow the candle to burn down either before going to bed or burn it each night until it is burned down. The ending:

**“St. Michael we thank thee for your Assistance.
May Your Love and Power Encircle _____ in all they do.
Go if ye must. Blessed Be. Lord and Lady
We Thank Thee for Your Assistance and Guidance
In all of my past magical workings including today's ceremony.
May Your Love and Power Protect _____ from
all that would harm me/us in any manner,
And may I/We act as a beacon of your
Loving Light and Fire of Life.
So mote it be. “**

Opening (Ending) the Circle:

**“Oh Guardian of the East we thank you
For joining us in our circle
And we ask for your blessing.”**

As you depart:

**“May there be peace between us
Now and forever. Blessed be.
Oh Guardian of the South we thank you
For joining us in our circle
And we ask for your blessing.”**

As you depart:

**“May there be peace between us
Now and forever. Blessed be.
Oh Guardian of the West we thank you
For joining us in our circle
And we ask for your blessing.”**

As you depart:

**“May there be peace between us
Now and forever. Blessed be.
Oh Guardian of the North we thank you
For joining us in our circle
And we ask for your blessing.”**

As you depart:

“May there be peace between us Now and forever. Blessed be.”

<__ raises athame to the sky and touches it to the earth, then points his athame at the ground and makes a complete circle in counter clockwise direction then opens his arms and says:

**”The circle is open, but unbroken,
May the peace of the Goddess
Go in our hearts, Merry meet, and merry part.
And merry meet again. Blessed be.”**

SHIELD OF FIRE PROTECTION SPELL

Tools one candle at each compass point Athame. Cast the circle
Invocation of the God and Goddess. Statement of intent:

**“On this night, I invoke the powers
of fire to protect me from all that would harm me,
whether physically, mentally, emotionally or spiritually.”**

Start at the south. Light the candle, shouting:

“Nothing from the South can harm me!”

Imagine the flame creating a wall of protection on that side of you
Move West, light the candle and shout:

“Nothing from the West can harm me!”

Again, with each candle you light, imagine the wall around you growing in power and
intensity North, light the candle and shout:

“Nothing from the North can harm me!”

East, light the candle, shouting:

“Nothing from the East can harm me!”

Hold up the Southern candle to the sky, shouting:

“Nothing from above can harm me!”

Place it back on the earth, shouting:

“Nothing from below can harm me!”

Sit in the center of the circle, watching the candles burn. Know that the fires are burning
away all evil and harm that comes your way. Meditate on the flames and feel their
power forming a shield around you - a shield you can erect anytime you feel threatened.
Cakes and ale (eating bread and drinking wine or juice to restore energies spent during
ritual) Release circle Thank the Goddess and God for their protection and presence in
your circle

Go to each of the four directions in turn, saying:

**“Guardians of the East (South, West, North),
Powers of Air (Fire, Water, Earth),
I thank you for joining in my circle
And I ask for your blessing
As you depart May there be peace
between us Now and forever.
Blessed be.”**

Raise your Athame to the sky and touch it to the earth, then open your arms and say:

**“The circle is open, but unbroken,
May the peace of the Lord and Lady
Go in my heart So Mote it Be!”**

DEFLECT EVIL

Creek stones and an Earthen bowl of water are used in this ritual. Its purpose is to deflect negativity. Fill the bowl nearly full of creek stones, then fill the bowl with water. The chant used here is:

**“Bowl of reflection stones of protection
may the reason of my harm feel the power of this charm
Sisters three come work for me bowl detect
stones deflect and water reflect peace and harmony
now come to me as I will So Mote It Be!”**

Change the water once a week and renew the chant.

Throw the old water on your doorstep.

The sisters of the Wyrdd are incorporated here.

- The bowl stands for the first sister, she of the past;
- The stones stand for the present and the second sister;
- The third action, that of reflection, is for the sister of the future.

CONE OF PROTECTION

Sit in a protected circle. Close your eyes and begin to meditate on building a cone of energy around you. Visualize an electric blue light building around the room that begins to swirl like a vortex. It is moving towards you. When it engulfs you it begins to turn white, then a gelatinous silver. It surrounds you and will be there to reflect any negative energy or thought forms that come your way. If you are new to Magick you may need to renew this mirror 2-3 times a day until your power builds.

FOR KEEPING A SPELL FROM BACKFIRING

If a Witch is sick and needs to cast a spell, he/she can bind it. This will keep the spell from backfiring and causing harm to anyone else, most importantly to his/herself. The Witch must procure a thread with a color as dark as the nightly sky. Light an incense of Sandalwood and Lavender, and as the incense fills the air, he/she must make three knots on the ribbon as he/she intones the words that follow:

**“By the Karmic Power of Three
This spell tied and knotted be
To cause no harm nor return to me
As I will it, so must it be.”**

The ribbon must be carried when casting the spell as a talisman to keep it from backfiring.

SPELL TO LOCK OUT ANYTHING NASTY

You need to start by meditating before hand on the effect of the spell for at least 15 minutes.

Then, to cast, you sprinkle holy (consecrated to the Lord and Lady) water mixed with salt and powdered iron; (try potteries to get this) Stand in front of the door that you want to lock...or in the case of a person the 3rd eye point which is between the eyebrows just above their level.

Then place your hands on the 3rd chakra point or door and concentrate your energies going down your right arm and going through the door and back into your left arm.

Then you start chanting over and over:

**"Portal be controlled and mine,
Become as one with my mind,
I hold thee fast, To make this last,
open you not, as I weave the knot,
of my power from within."**

Keep chanting this as you build up power, and imagine the circle of energy (right arm through door back into left arm) getting faster and faster.

Then upon release, visualize a green field of energy coming up in front of the door or the 3rd eye chakra.

SHORT TERM PROTECTION

This summoning is used for short-term goals and needs such as protecting an object being leant, or anything for a brief period, such as a car ride or elevator trip. Mark the object to be protected with the sign of the guardian and repeat the incantation below:

**"Gentle Guardian wise and strong
keeps it (me, him/her) as it (I, he/she) doth belong.
Safe within thy charge and care,
the current problem to fare.
No harm to come or ill to befall
Guarded and safe through it all!"**

LONG TERM NEED - PROTECTION

This form of summoning is closer to permanent as we would perceive it. Yet in this for you must still work with a time frame in mind, however distant it may be. Guardian Dragons may be summoned in this fashion for protection of people places and things needing or deserving long term care (such as children, houses, spouses, etc). Multiple objects can be protected with but a change in grammar, but they must be together for a single dragon to protect (the objects become a mini-horde):

**"Dragon brave and Dragon wise,
let nothing escape your eyes.
I summon you from your hidden lair,
(name object here) is entrusted to your care.
Permit no harm to come to (named object)
within your sight, in your presence let all evils take flight.
No baneful creature born of flesh or spirit, may touch
(name object) nor even come near it.
Let those that would bring harm,
be filled with fright and alarm."**

DARK MOON SPELL

**"Dark moon Lady Crone
By the power and by Your might
Send what is deserved and set things right.
No harm is the intent, just make all this relent
And keep me very safe from the energy that is sent."**

EFFECTIVE PROTECTION SPELL

**“A spell of safety here I cast, A ward of might to hold me fast.
A shield before me and behind, To right and left protection bind.
To me may no ill whit come neigh, But only She Whose Rede I cry!
So mote it be!”**

PROTECTION CHANT for OUTDOOR SPELLS

Protection chant for outdoor spells.

Before attempting spells at night, outdoors, take up a blessed object (wand for instance) and draw a pentagram in the air. Imagine the pentagram glowing and the evil around being trapped inside until after your spells, chant:

**“Hail fair moon Ruler of the night;
Guard me and mine Until the light.”**

TO MAKE YOUR HAIR USELESS IN MAGIC

Light candles on altar as you feel appropriate. Say:

**“Let that which is not on my body
Be not of my body.”**

WAND PROTECTION SPELL

Cast while pointing your wand to the sky then say:

**“Terra, Ignis, Aqua, all three,
Elements of astral I summon thee ,
Earth by Divinity, Divinity by Earth,
Give the enemy the power to see,
The strength of the elements by my side,
No rules magic I shall abide,
Now when my enemy meets his downfall,
This spell will have no power left at all,
In no way shall this spell reverse
Or place upon me any curse
So mote it be.”**

ZEUS BINDING SPELL

God:

**“I call upon Zeus, chief ruler of immortals and mortals alike,
most powerful of all the gods, who was known as the omnipotent
Father Zeus, and to the Romans as Jupiter,
and who punishes those who lie and break.
Around I bind you three times three
No more bad things you'll think of me
Around I bind you three times three
No more bad things you'll say of me
Around I bind you three times three
No more bad things you'll do to me
Around I bind you three times three
And if these things continue to be
Then back upon you three times three
'Til totally vanquished you will be
By the powers of three times three
By Earth and Fire, Air and Sea
I fix this spell, then set it free
'Twill give no harm to mine or me
As I so will, So Mote It Be!”**

TO HELP DISPEL NEGATIVE ENERGIES AROUND YOU

Take a small clear crystal, an acorn, some rosemary and mandrake and a bit of green silk or cotton. It doesn't need to be a big piece. Cast your circle and creating a pouch from the herbs, bless them with each element saying:

**"While this dwells within,
there will be protection without.
Cleanse and charge this charm,
element of against all who wish me ill!"**

Now hang this somewhere not too obviously, like hiding it in a corner or over a window.

This will protect you 'til next Samhain when you should burn it in the sacred fire, crystal and all. If it is not too tainted, the fire will just cleanse the crystal and you'll be able to retrieve it from the ashes but recommend just getting a new one.

PROTECTION FROM NEGATIVE ENERGIES AND NEGATIVE FEELINGS

Before you continue with any other spells, you must ensure that you are in a negative free zone, and this does not only include the circle, but all other parts of your residence. You must be cleansed spiritually and then rid all negative energies. To start, a simple thing to do is as follows:

Charge a pewter dragon's claw which holds a crystal or glass ball with your personal energies after meditating.

Place it above an entrance door into your house or apartment.

By doing this, it will ensure that no more negative energies can enter your house whether cast, sent or roaming. While burning the incense that best assists your concentration and energy channeling.

Then visualize a triple circle of purplish light around your body while chanting:

**“I am protected by your might,
Gracious goddess, day and night.**

AGAINST EVIL RITUAL

Take a nail, red and rusted by time and rain, and bang it with a hammer, screaming for the evil to depart. Bury this on the night of the new/no moon, and sometime after, dig it up and wear it.

CHANT OF PROTECTION

**“Goddess, Give me protection from the outside world,
Let whatever people say about me not hurt,
Let whatever I fear not bother me,
Let all the mixed up feelings inside be released without harm,
Goddess, you see my pain,
I am thy child, I am thy soul,
I need a dream to cast away this pain,
Something to soothe my soul,
Give me protection from the outside world.”**

SIMPLE PROTECTION SPELL

**"Thrice around the circle bound,
Evil sink into the ground."**

Say this three times.

FOR PROTECTION IN THE SNOW

You will need:

- One peppercorn
- A pinch of salt
- Pinch of powdered ginger
- Pinch of powdered cloves
- A small pinch of red cotton cloth

Place the peppercorn in you bowl saying and visualizing:

I charge you with protection

Place the salt in saying: I charge you with stability

Place the cayenne pepper in saying: I charge you with warmth.

Place the ginger in saying: I charge you with protection

Place the cloves in saying: I charge you with protection.

Mix the assembled spices and salt with your fingers, visualize yourself having a safe health, guarded time. Now transfer the hers to the center of the cloth squares. Fold in half and in half again and sew up the ends. Carry this with you. Make a new charm ever snow season.

SPELL TO AVERT EVIL

You will need:

- Three small pine branches, a few feet in length (or three fern fronds)

The Spell:

To banish evil that has come, go into your garden at night.

Cut three small pine branches, a few feet long, or three fern fronds.

Circle your garden with these slowly and call forth all the powers and spirits of your garden in whatever words feel good to you. Express your hurts and fears and ask for help from the Earth Mother.

Then "sweep" the house with these branches or fronds, pushing all the dark energies out the front door forcefully, saying:

“OUT! OUT! AVERT! AVERT! EVIL OUT IS-- ALHIZ! ALHIZ!”

Throw the branches away, off your property.

SPELL FOR SAFETY

When feeling unsafe, say the guardian angel prayer:

**"Angel of Life, my guardian dear.
To whom sweet love commits me here.
Ever this day be at my side,
to light and guard, to rule and guide."**

TO PROTECT AN OBJECT

With the first and middle fingers, trace a pentagram over the object to be protected. Visualize electric blue or purple flame streaming from your fingers to form the pentagram. Say this as you trace:

**"With this pentagram I lay
Protection here both night and day.
And the one who should not touch
Let his fingers burn and twitch
I now invoke the law of three:
This is my will, so mote it be!"**

A WARD FOR A RING

Place the ring in the North of the room you wish to cast the spell in.
Place around it stones and symbols of earth.
Take the ring and in a shell or crystal dish filled with water mix some salt in.
Say over this:

**"Creature of earth, I beseech of thee.
Protection from harm is what I wish for me.
In to you this ring I place,
Bind the protection well and to evil give chase."**

Leave the ring in overnight in the light of the full moon and in the morning wash the salt water off, clear everything away and wear it!
To remove the spell, place it in the south and say:

**"With thanks for protection given
I now wish this spell riven!"**

And leave it there overnight in a window during a new moon.

SPELL FOR PROTECTION

Sit or stand before any fire. Look into the flames (or flame if using a candle). Visualize the fire bathing you with glowing, protective light. The fire creates a flaming, shimmering sphere around you. If you wish, say the following words:

**"Craft the spell in the fire;
Craft it well; Weave it higher.
Weave it now of shining flame;
None shall come to hurt or maim.
None shall pass this fiery wall;
None shall pass No, none at all."**

Repeat this every day if needed.

SPELL BINDER

This is best used at the end of a spoken or written spell. This adds a certain boost to the releasing of energy. It also works best if you are wearing a Pentagram you have attuned to yourself. Speak these words with all the fibers of your body while releasing the spell's energy:

**"By the Pentagram I wear,
Water, Fire, Earth, and Air,
Ruled by Spirit as All should be
As I speak So Mote It Be!"**

A GENERAL CHARGE FOR SPELL WORK

The following chant is a good all purpose chant that can be used for just about any spell:

**“Witches power burning bright,
tarot, rune and blade,
Charge the spell, enfilled with might,
here and now the magic's made.
Wave and tree, hedge and flame,
strength of the elements gather here,
to bless this work and charge it well,
to complete the spell now far or near.
Mystic Moon and Brilliant Sun,
send your power here this way,
Gracious Lady, Mighty Lord,
bless this charge that I lay.
Powers that are, powers that be,
gather round this spell I cast,
empower my working three times three,
send it forth to see it last!
So Shall it Be!**

TAROT PROTECTION SPELL

Choose a significator and place in center of a cross with ten of pentacles or ten of cups underneath, the four of wands forms the base, the chariot forms the top, the should represent safety in traveling. Temperance and the star form the arms of the cross, they invoke supernatural protection. Meditate on your needs. Here is the affirmation.

**“I call upon the power that is within me
and the power that is around me!
I call upon the sentinels of the heavens!
I call upon all good spirits and all ministering angels!
I call for protection, defense, and safety!
With white light, a force field is built around me.
I am shielded and protected at all times.
All negative disperse and dissolve
at the touch of the radiant light that
emanates from the core of my being.
All shadows flee.
All harm and danger is neutralized
by the touch of my glowing aura.
By the power within me and the power
around me, only peace, love and serenity
may exist within my protective barrier!
I am protected. My family is protected.
My home is protected.
All modes of transportation and
travel are protected.....so it is and so shall it be!”**

FOR PROTECTION PRAYER

**"By the dragons light, on this (month) night,
I call to thee to give me your might,
by the power of three, I conjure thee,
to protect all that, surrounds me, so mote it be!"**

PROTECTION CHANT

Here is a protection chant to protect you from evil, you should do this before and after doing spells. Visualize your self sitting in the middle of the pentagram facing upwards with 3 circles of purple light around you and say:

**"Protect me with all your might
Goddess gracious day and night"**

Say it three times and end with, **So Mote It Be!**

PROTECTION CHANT for EVIL

**"Trice around the circle's bound
Sink all evil into the ground
Say it three times and end with, So Mote It Be!"**

AUTOMOBILE PROTECTION SPELLS

AUTO ANTI ACCIDENT SPELL

To be done on a Wednesday during the Waxing moon while in vehicle you wish to protect while parked in a quiet area.

Gather:

- Strength
- Tarot card
- small piece of copper wire
- clover
- star
- anise
- catnip
- white cloth
- white candle
- black ribbon
- protection oil

Rub Oil into Candle and with front door open place candle on ground and light it. Working inside car, imagine a triple white light of protection enveloping the vehicle. Sprinkle the herbs around the car, concentrating on the driver side. Take copper wire and form the shape of a star, then place star on the center of the vehicle's hood. Visualize a safety net coming from the star and encasing your vehicle as you sit inside it. As you do so, chant the following:

**"Taliesin, Merlyn, and Cerridwen,
Protect me now, your safeguard send.
Help me see clearly, on every street.
No accidents, no harm, I will meet.
Copper star, by my fingers made,
protect me on this very day.
Keep me in your white glow,
behind the wheel, I'm in control.
East then South, then West and North.
All directions guarded from this day forth.
As I will it, so mote it be."**

Place all herbs, copper star, tarot card, and drips from the candle into a white cloth and gather it into a bag. Tie the bag with black ribbon and hang inside car, or place under driver's seat.

TRAVEL SAFETY MAP SPELL

To ensure safety before taking a long trip, get out a map of the area through which you are going to be traveling. Cast a circle, and then, using a green pen, trace the route you're going to take. After you have done so, take a piece of white chalk and lightly color over the entire itinerary with a thin layer, visualizing the white chalk as a glowing light of protection along the route and say:

**"Guard and Guide our trip,
and all who venture on this road.
See us safely to our destination,
see us safely home. Blessed be."**

Visualize your self arriving safely. Fold the map, with the crystals inside, and tie it with a white ribbon. Keep it in your altar or in a safe place until you return.

CAR BLESSING

Before leaving on a lengthy journey, bless your car. Walk around it clockwise and examine the body, the windows, the wheels, and so on. Imagine yourself storing up more and more energy within yourself with each breath that you take, then breathe out all of the energy, fixing it in each of the car's part. Say aloud:

**"May the protection of the Lord and the Lady
be in and about this vehicle,
that it may deliver us safe
to our destination. So mote it be!"**

CHARM OF PROTECTION FOR THE CAR

Purchase a plastic toy of a dragon, dinosaur or other fierce beast. Make sure its mouth is open showing lots of wicked teeth. You may want to charge it first, by holding it in your hand, visualizing it fiercely protecting your vehicle from accidents, theft and vandalizing. Say an appropriate invocation to your god or goddess if applicable (for instance, if you are using a cat or lion toy, you may want to invoke Bast). If you hang this in your windshield, it will fiercely protect your vehicle.

TALISMANIC PROTECTION CHARM FOR TRAVEL

Take a piece of Comfrey Root with you in a red flannel bag on your travels and you will always find pleasant situations along the way, meet helpful friends and strangers, and readily locate good food and safe places to sleep. This talisman appears to be derived according to the Doctrine of Signatures, as Comfrey Root will sprout and grow wherever it is tossed on the ground and needs no special treatment -- it finds a safe home anywhere.

TRAVEL PROTECTION SACHET

- One part mustard seed,
- 1 part Comfrey,
- 1 part Irish moss
- One part kelp

Tied up in a white or yellow cloth carried with you.

Tuck one into each suitcase or garment bag.

HOME PROTECTION SPELLS

THE SAND TRAP SPELL TO PROTECT THE HOME

This is a simple ritual designed to "trap" negative energies before they enter your home. Similar objects and devices have been used for centuries around the world. To make it, you will need:

- A small jar that once held spices, perhaps. It should be glass because glass is made from sand. Thoroughly wash and dry the jar, removing any labels. It must have a close-fitting lid as well.
- Equal quantities of two different colors of sand. Some types include fine grayish-white beach sand; yellowish coral sand; orangish sand from the desert; red sand from volcanic areas; black obsidian sand and many others. (Many of these can be bought at plant stores or pet stores. Also try aquarium sops and builders to find different sand types. They do not have to be beautiful just of differing types!)
- A spoon
- Two small bowls to hold the sands.

Before you begin, pour one type of sand into the bottle until it's just over half filled. Empty this sand into one dish. Call it "Sand 1" (for reference.) Clean the bottle and repeat with "Sand 2," emptying it into its own bowl. Now you are ready. Hold your protective hand over "Sand 1." Look down at it. See it humming and writhing with protective, projective energy. Touch the sand. Visualize it emitting sparks of bright white light that ensnare negativity and draw it inward. Charge it with personal power. Repeat with "Sand 2". Place the bottle before you. Scoop out a level spoonful of sand. Pour this into the jar while saying the following words:

**"Trap of sand Trap the ill.
Trap the bane and Evil will.
So mote it be, it is done!"**

HOUSE GUARDIANS

House Guardians Supplies:

Representations of your guardians for the number of doors in your house. If you have a garage attached to your house, just use a representation for the door in your house to your garage unless someone spends a lot of time in the garage, then use it for the garage door. The representations can be anything you'd like pictures, statues, some kind of craft, etc. Usually, it is best if you can hang the representation by or across from the door, but it is not necessary. We have our house guardian statues (two small gargoyles) sitting on top of a bookcase in the living room. Putting them near the doors is just for your mind to reaffirm that they are protecting the home, but if you feel comfortable placing them somewhere else, then do. A cleansed white candle for each guardian. A sage smudge stick or other cleansing incense like sandalwood or just sage in its raw form.

Before calling house guardians to guard your home, you should give your home a good cleansing.

Take the smudge stick (be sure you have a bowl to catch the ashes) and begin at the front door. Light the smudge and say a few words such as:

"As I walk this house May it be cleansed of all negativity"

Start walking around the house clockwise. Circle the smudge counter clockwise or just in a straight line in front of you towards the walls. Feel all negative energy flowing out, pushing it through the walls. When you come to a window, bar it by literally pulling the smudge stick back and forth over the window like you are tracing bars on it. Say something like:

"I bar this portal from allowing anything to enter"

Ignore inside doors, like doors to bedrooms. Go into all the rooms and bar all windows. When you come to an outside door, do not bar it.

Draw a circle around the doorframe three times saying something like:

**"May no negative energies enter. If a negative person enters,
May they leave their Negativity outside."**

If you have stairs, when you come to them, go up and do the other floor (s) then come back down and finish the lower floor. You should always end the cleansing right back where you started, at the front door. When you get back to the door, say a finalizing comment like:

"This house is cleansed. So mote it be"

If you have a storage attic, one you can't climb into very well, bar the entrance to it and just make sure that anyone who goes up there wears a protection amulet or has their shields up. Now take your house guardian representations and the candles to the place your family spends most of its time together. In most families, it is the dining room table, or other place you eat your food. Set a candle before each representation. Now, spirits are everywhere in every house and you are simply calling a few who would like to help protect your home. That is why it is important to cleanse the house first so no unwanted spirits are there. Light the first candle having in mind which door you want the guardian to protect. Say something like:

"I welcome a spirit of this house to Guard and protect all who dwell here."

Repeat this with the other guardians if you have more than one. When you are done, take a moment to meditate with them, then take them to their designated positions within the house and extinguish the candles. These candles are to be used only to call upon the guardians. You should introduce the family, including all pets to the guardians. To do this, light their candles and call them, always where you called upon them in the first place. Then introduce your family one at a time. If you have a spouse who wishes not to participate, then tell the guardians that she/he does belong in the house and to protect them as well. You can call the guardians at any time in the above manner. It is also good to meditate with them. Light the candles, call them, then meditate and you will see and hear them. It is a good idea to get to know them. On May Day, the Romans would do a ritual for their house guardians. So on this day, do something extra special for them. If you are going to have company for more than a few days, tell the guardians. The guardians will then protect them also. Always leave offerings out for the guardians when you call them, when you feel they have done something good for you, and on the Sabbats and Esbats. These offerings can be a small dish of left over food and drink from dinner. Put it in a place where pets and children cannot reach it. In the morning, you will find the food there, but the essence of the food, its nutrition and often times its taste, will be gone. Anytime you are going to do something different in the house, inform the guardians first. If you are expecting a child, getting a new pet, redecorating, or just having a party, tell them out of respect so they are not wondering what is going on! The most important thing to remember about your guardians is that they normally will stay in the house you called them in. If you move, tell them and tell them their services will no longer be needed.

ELEMENTAL PURIFICATION OF STORE OR DWELLING

This rite utilizes the powers of the four elements (Earth, Air, Fire and Water) to cleanse the store or dwelling. At a time when the business is closed, assemble the main Members of the group and on a table assemble the following items: a bowl of sea salt an incense burner or smudge stick a white candle a bowl of holy water Light the incense and the candle. Stand before the table and open yourself to the dwelling. Feel its energies. Really tune into any impressions you receive. After a moment, hold your hands over the assembled tools and say something like the following (Feel Free To Improvise):

**"I Charge you, tools of the elements to sweep
my dwelling clean of all ill and bane.
This is my will, so mote it be."**

Several other items needed:

- Wand
- Black candle
- White candle
- Crystal (cleansed prior to use)

With the wand say:

"We dedicate these tools to the goddess and god to help us in our work."

Touch the wand to the sea salt, the holy water, the incense or smudge, the crystal, the lighted white candle, and say:

**"We dedicate these tools to the god and goddess and the five
elements. We dedicate them to helping us in our work of healing
meditation, divination and inner growth."**

This next part of the ritual is to banish any negative energies around and in the store or dwelling. The group forms a procession walking counter clockwise through every room in the store or dwelling, carrying the smudge stick and the lit black candle saying:

**"We banish from this place all pain and negativity.
We neutralize negative or mischievous
entities from this place.
We send you to the goddess and the god,
to heal you and take you where you need to go."**

If you have cedar branches available, place one in each room before you leave it. Now, go outside the dwelling and with your procession again walking counter clockwise, repeat the verse again still smudging and burning the black candle, walk around the dwelling. If available place cedar branches in front of doorways. Now put out the black candle and smudge stick (incense). You are still outside the dwelling. Turn clockwise in the procession...light a white candle... and burn sweet smelling incense. Walk around the dwelling and say:

**"We invoke to this place protection, prosperity,
peace, healing, wellness, and creativity."**

Place a flower or crystal at each corner of the dwelling. Now the procession re-enters the dwelling, and again walking clockwise in each room with the white candle and sweet incense repeats the above verse. If you have a flower or crystal to leave in each room as you exit, do so. The group forms a circle around the table where you first began. One person (the one in charge) leads the group. She takes the dish of salt, and moving clockwise, leads the group throughout each room saying:

"By the powers of Earth, I cleanse this dwelling."

The group is to follow her and repeat what she says. Make sure to do all the corners, windows, doorways of each room as you go. Imagine, seeing the salt burning away negativity as you sprinkle and toss it. Your purification will be as strong as your visualization. Next, set the salt down and pick up the censor or incense, carry it from room to room (The same route you used with the salt...walking clockwise...group following and repeating) Be sure to hold it before all windows and doors, and in the corners of each room. Visualize the smoke clearing away all negativity and evil. Say the following:

"By the powers of Air, I cleanse this place."

Once you have walked through the whole dwelling, return the censor or incense to the table. Take the lit white candle on the same route. Again, visualize moving clockwise and holding the flame before windows and doors, seeing it shining forth with magical power, burning away negativity. As you go say:

"By the powers of Fire, I cleanse this place."

Replace the candle on the table and take up the bowl of holy water. Sprinkle the holy water throughout the house, in every corner, and at exits and entrances. Toss some drops at and through windows. See and know that the holy water is washing away ills with a tidal wave of magical power. Say the following:

"By the powers of Water, I cleanse this place."

Set the bowl of holy water on the table. Stand for a few moments and feel the difference in the dwelling. It should feel calmer, more peaceful, fresh and clean. If not, repeat the ritual Group again forms a circle around the table. You will need four candles to represent the four elements/directions, yellow for East/Air, Red for the South/Fire, Blue for the West/Water, Green for the North/Earth. Also, if you wish you may use a white candle to represent the Holy Spirit.

Each member is to say a prayer, asking for the blessings of the Goddess and God, asking for the qualities they want for the dwelling. The leader of the group will light each candle as she says:

**"I call upon you, powers of the
Air, to witness this rite and to guard this place."**

(Light the yellow candle)

**"I call upon the Powers of Fire,
to witness this rite and to guard this place."**

(Light the red candle)

**"I call upon the Powers of Water,
to witness this rite and to guard this place."**

(Light the blue candle)

**"I call upon the powers of Earth to
witness this rite and guard this place."**

(Light the green candle)

**"I call upon the Powers of the Holy Spirit
to witness this rite and to guard this place."**

(Light the white candle)

Leader says:

**"Today we dedicate this place to the God and Goddess,
for our protection, safety, peace and creativity. In this ritual we
have banished anything that could be negative and have invited
instead all prosperity and love."**

**"We have invited Earth, who protects all women, children and the
dwelling. We have invited Fire who protects the dwelling, home and
hearth. We have invited water, who gives abundance. We have invited
Spirit, who is of the deities and the Earth and who protects all peoples."**

You may want to add blessings, poems, or chants to be done by members of the group.

HOUSE PROTECTION MIRROR SPELL

Compose an altar: place a censer in the center before an image of the Goddess. Have a twelve-inch (or so) round mirror there as well. Ring the altar with nine white candles. Burn a protective incense (such as sandalwood, frankincense, copal or rosemary) in the censer. Beginning with the candle most directly before the Goddess image, say these or similar words:

“Lunar light protect me!”

Repeat as you light each candle until all are glowing. Now, holding the mirror, invoke the Goddess in Her lunar aspect with these or similar words:

**“Great Goddess of the Lunar Light
and Mistress of the Seas;
Great Goddess of the mystic night
and of the mysteries;
Within this place of candles bright
And with your mirror nigh;
Protect me with your awesome might
While ill vibrations fly!”**

Standing before the altar, hold the mirror facing the candles so that it reflects their flames. Keeping the mirror toward the candles, move slowly, clockwise, around the altar, watching the reflected firelight bouncing off your surroundings. Gradually increase your speed, mentally invoking the Goddess to protect you. Move faster and faster; watch the light shattering the air, cleansing it, burning away all negativity and all lines along which the ill energies have traveled into your home. Charge your home with the protective light of the Goddess. Race around the candles until you've felt the atmosphere change, until you feel that your home has been cleansed and guarded by the Great Goddess. When finished, stand once again before the image. Thank the Goddess in any words you wish. Pinch out the candles one by one, bind them together with white cord and store them in a safe place until (and if) you need to use them again for this same purpose.

SPELL TO RID YOUR HOME OF UNWANTED GHOST/SPIRIT

Begin by putting everything in its proper place.

Clean your house to perfection, open the windows, and bless all your magical implements.

Next, moving always to your left (counterclockwise, or widdershins as it is called in magical circles) anoint the doors, windows, and all openings of your home with a mixture of water (water), fennel (fire), oats (Earth), pine (air), and sage (wisdom). These represent all elements of the magic circle.

For a blend that is less bulky, place the herbs in hot water to steep, then strain and use only the aromatic tea. As you go, visualize bright light pouring from your hands into every area that houses shadows, saying:

**"Where light dwells, all darkness flee;
Spirit ghost go towards the light,
for ye are dead and must move on
and away from my family, this house and me.
This home is mine, I will not fear,
but my child is scared so I ask thee to go with
our blessings and love into the light where
those you love ever wait for you!
Your presence now cannot be right or welcome here."**

Follow the entire circuit of your home, repeating the words and procedure in every room. When finished, go outside if possible, making one full loop around the exterior. The leftover water can be refrigerated or frozen for future use. Finally, return inside and move clockwise through each room while burning either sage smudge stick or basil, dill, and marjoram. These herbs encourage blessings and joy. Invoke the protection of your personal God/dress on your sacred space of home. Then close the windows, leaving any spiritual energies outside. There is often feeling of lightness and joy as you have helped the ghost go to the next plane. Purpose of Spell - Communication with and understanding the purposes of a ghost or a spirit and asking them to leave if they disturb you.. Timing In-between times (noon, midnight, dusk, and dawn). Halloween. Seasons of late fall and winter. Moon in Libra. Eclipses. and dark moon. Day Wednesday.

MIRROR SPELL FOR PROTECTING YOUR HOME

Censer should stand in the center of the altar before an image of the Goddess.

Have a 12 in. (or thereabouts) round mirror there also.

Ring altar with 9 white candles.

Burn frankincense, copal or rosemary.

Beginning with the candle most directly before the Goddess say:

“Luna light protect me.”

Repeat for all the candles. Then hold up the mirror and invoke the Goddess in her Luna aspect by saying:

**“Great Goddess of the Luna light
And mistress of the seas;
Great Goddess of the mystic night
And of the mysteries;
Within this place of candles bright
And with your mirror nigh;
Protect me with your awesome might
While ill vibrations fly!”**

Stand before the altar; hold the mirror facing the candles so it reflects their flame. Keep toward the candles, slowly move counterclockwise around the circle, watching reflected candlelight reflect around the room. Increase speed; watch the light burning away all negativity. Race around until you feel the atmosphere change, until you feel that your home has been cleansed and guarded by Goddess. When you have finished, stand once again before the image. Thank the Goddess, pinch out the candles one by one, bind them together with white cord and store them in a safe place until (and if) you need to use them again for the same purpose.

HAPPY HOME SPELL

If moon is traveling from new to full, you want to bring love into the home. If the moon is traveling from full to new, you want to push negativity out from the home. Take half an onion, close your eyes, saying:

"I empower you to collect all negativity In this house."

Imagine the onion turning into a giant vacuum cleaner, sucking up all the negative energy in your house. Place the onion on the window ledge of the room where most of the family usually gathers. Hold a clove of crushed garlic in your hand, close your eyes and say the above chant. Do the same visualization. If a particular person is causing trouble, take a clove and place it under the rug, under that person's bed or in a place where they often sit. If there is no one causing the problem, place cloves of crushed garlic all around the outside doorstep of your home. Take some carpet deodorizer (granules or spray) and sprinkle around the house (after first consecrating them!) say:

"I empower you to collect all negativity In this house."

Vacuum up the deodorizer. Write every loved one's name with a red marker on a heart cut out of white paper. Circle all the names with one big circle say:

**"I encircle all I love with positive energy,
Healing and peace.
Let no evil enter our home."**

Hold the paper in your hands, close your eyes and visualize your family sitting together and very happy. Say:

**"With harm to none
May all astrological correspondences
be correct for this working,
And may this spell not reverse
Or place upon me any curse.
So mote it be!"**

ROOM BLESSING/CLEANSING/PROTECTION SPELL

This is a bare-bones, generic spell. Use when the energies in your home or in a particular room start feeling "off" or negative. This spell can be tweaked to suit your particular method of working or use as is.

You will need:

- Small cauldron or other fire-proof bowl for burning herbs - one that you are able to carry.
- Your favorite protection oil
- Clearing herbs such as sage, cedar, rosemary, etc.
- Charcoal tablet (a half tablet would suffice)
- Matches

Trace the pentagram starting from the top point - in this spell you are invoking Spirit. Meditate before you begin - make sure you're in the right state of mind to proceed. An Alpha state is the best. The Spell:

Light charcoal in bowl/cauldron and when burning, drop a pinch or two of your clearing herbs into the cauldron. Take a minute to take in the energy of the herbs. Carry the vessel around the room - paying special attention to corners, closets, and places negative energy seems to linger. Project a clear, clean, white light with your mind and say:

"By my will I banish all darkness and let in the light."

Repeat around the room. When you've thoroughly cleansed the room, return to the center and put down your cauldron. Take up the oil and go to the North. Trace a pentagram on the wall (window sill, door frame, etc.) Say:

**"From the North I call to Thee.
Blessings of the Spirit Be upon this place."**

Go to the East and say:

**"From the East I call to Thee.
Blessings of the Spirit Be upon this place."**

Continue to the South and West, changing the blessing accordingly.
When complete, return to the center of the room and place more herbs on the charcoal.
Stand still a bit and feel the energy of the room/space.
Again, project white light outward, mentally filling all the nooks and crannies.
When the energy feels right to you say:

**“This room is sealed
Protected from harm.
Light replaces darkness
As I will, so mote it be.”**

Note: This spell can obviously be expanded for an entire house.
Just begin in the center of the house instead of the center of the room.
If you are uncomfortable calling on "Spirit" for protection, you can substitute the name of your Deity.

ASH CROSSES PROTECTION SPELL

The Chorti, who are the descendants of the Maya, would make crosses out of ashes to protect from evil spirits.

- Needed: Wood ashes
- Moon Phase: Use whenever protection is needed.

Whenever danger is felt, crops need to be protected, or woods need protection from hunters and trespassers, gather cold wood ashes and use the ashes to make equal armed crosses on the ground, sidewalk, or porch.

Chant:

**"Ashes to ashes. I call on the Four.
Protect us and hinder those
Who bring harm to our door."**

or

"Four The more Protection to score Tight is the door."

SACRED SPACE PURIFICATION SPELL

To purify a sacred space, during the sixth hour after sunrise or the first or eighth hour after sunset consecrate an aromatherapy bowl or small cooking pot by passing it through the smoke of frankincense and sprinkling it with blessed water, saying:

**"I consecrate this container to aid in my Craft,
that the spell I now weave will take hold and last."**

Heat spring water in the bowl over a tea light or in the pot on a burner. When the water is hot, add the following herbs, speaking after each-star anise:

"Let all negativity be deflected from this place"

One bay leaf:

**"As the sent of this leaf moves through
this place may purification enter into space"**

One teaspoon sage:

**"Though sage I now make this spell manifest,
that with peace and protection this space will be blessed.
For as I will, so mote it be!"**

HOUSE PROTECTION FROM EVIL

Make four little blue drawstring bags, each the same size. Mix in a bowl dry angelica, Solomon's seal and balm of Gilead buds.

As you do this visualize your house protected from evil. Divide the mix into four equal amounts and fill each bag with it. Hang them or hide them in the four corners of your house.

HOME AND PERSONAL PROTECTION SPELL FOR RENTERS

Say the following while in the house:

**"Any evil spell against this place
Or against the one who rents it
Will be scattered for apace
And returned to the one who sends it.
I now invoke the law of three
This is my will so mote it be."**

TO KEEP EVIL FROM YOUR HOUSE

Make a magickal tea from any of the following herbs and sprinkle in the corners & doorways of your home to prevent evil forces from entering.:

- Angelica root,
- broom tops,
- curry powder,
- holly thistle,
- tormentil, poke root.

PEBBLES SPELL TO PROTECT YOUR HOME

Go outside and collect pebbles from anywhere you feel like such as a mountain, a stream, a beach, etc or many different places. Then take them home and find an earthenware pot or some other natural material container and place it in front of you. Cast a circle if you wish and then take the first stone, say:

**"Little stone, oh so small, that comes from....
(place you got it)
Protect this house with your power,
and turn away darkness at all hours"**

Envisage a large bubble of white light that deflects negativity emanating from the stone and then place it in the pot. Repeat with the rest of the stones and then finally place the pot in the place you feel it belongs.

PINE CONE HOME BLESSING

**"Who comes to me, I keep.
Who goes from me, I free.
Yet against all I stand who
do not carry my key."**

Use this as an inscription over a threshold with three pine cones hung loose to blow in the wind.

PROTECT YOUR ABODE WHILE YOU ARE TRAVELLING

To prevent theft: gather as many keys as you have in your house should be the # of doors that you have in your house)

Moving slowly through your house, take a key, touch it to the door and say:

**"Lock out thieves in the night.
Lock out thieves in the light.
Lock out thieves out of sight."**

Repeat this until you have touched each and every key to each door. Then, tie them with a red ribbon and hang over front door. Remember to visualize them keeping away thieves! Remember, never leave your bed empty for too long. Doing so may cause unwanted negative energy to settle in your place. When heading off, clean the bed and tuck a broom into it, bristles on the pillow. If you are in a strange place you might want to bring along a blue candle. Burning blue while you sleep will help protect you. Mirrors are great protection in the bedroom, as it repels negative influences. So put a small one on the headboard of your bed, or at least facing the door, and you should stay safe throughout the night.

A WARDING

The following is an easy warding ritual for your home or just one room.

You must admit that there are those who would use magick in unwise ways. A simple way of dealing with such attempts is to ward a room you work in, or your home. It is similar to casting a circle except that it is as permanent as you want it to be. Be sure that you won't be disturbed while casting the ward or you will have to start over. Nothing is required to do this but you may use any props necessary to make you most comfortable. After ensuring you won't be disturbed, ground and center (use any form you wish, this is a very adaptable ritual). Cast your circle, using the walls as the four Quarters (again use whatever method you are most comfortable with). After the circle is cast you will do something similar to circle casting. Invoke the Quarters again this time asking for protection of the area being warded against all negative influences from being able to ever enter the area involved. As you invoke each Quarter visualize a wall of energy completely covering the wall involved sealed by a floor to ceiling pentacle. On the wall/s with a door visualize a smaller version of the energy wall and pentacle so that entering and leaving will not affect the integrity of the working. After each wall, the floor, and the ceiling are sealed be sure to cleanse the area to ensure that no negativity was trapped inside the room (any method is acceptable).

When done thank the Quarters for their help and dismiss them.

HOME HERBAL PROTECTION SPELL

You will need:

- 7" square of cotton
- basil
- fennel
- dill.

Place the herbs in the center of the cloth and tie it up with a red string. With the first knot say:

**"I bind thee to protect this house
and all who reside within it."**

All total have 13 knots, each time repeating the line with each knot. Pick up your Athame with your prominent hand, face the north, and poke the sachet gently with the tip of the Athame and say:

**"May this which I have made of my own will and my hands,
Serve me well as protector of this house and all who reside within its walls.
Guardian and protector, so shall it be from this moment forth!
So mote it be!"**

Hang the sachet in the highest part of your home.

TO CLEANSE A HOME FROM NEGATIVE ENERGY

These are especially good measures to take when moving into a new place, beginning ritual activities in a new space, or to release bad feelings when an inhabitant has been sick or has died. To cleanse a single room - on top of a newspaper, set a blue candle. Surround with a circle of salt. Burn a little sage in the room. Light the candle, making sure it won't tip over. Close the door and let the candle burn down.

When finished, take newspaper, salt, and candle leaving and bury far from your home. To cleanse a house - select four corners. set four candles: north - black, east - white, south - purple or dark red, west - blue.

Sprinkle a little salt at each doorway and window. Burn sage in each room, paying special attention to windows and doors. Strew fragrant herbs (rosemary, basil, lavender, others you like or consult a reference) and sweep them up with the salt.

Cast the swept herbs out your front door. You may want to sweep them off your porch so they aren't on your property anymore.

PROTECTION FOR PERSON RENTING PROPERTY OR APARTMENT

**“Any spell against this place
Or against the one who rents it
will be scattered far apace
And returned to the one who sends it
I now invoke the law of three
This is my will, so mote it be.”**

DWELLING BLESSING

**“Dwelling of Stone, Metal, Wood and Earth
Silent One, Protective One, you of the four winds
Dwelling of Health, Wealth Joy and Peace:
Guardian Sustained you of the Earth
Dwelling of Stone Metal Wood and Earth
Secure One Peaceful One
You of the Guarded and protected you be
Cleansed and pure you be
Peaceful and loving you be
It is finished in Beauty
It is finished in Beauty
It is finished in Beauty.”**

HOME BLESSING

Bread is offered to the household guardians as a libation, and the salt is kept in the heart of the home to ground any evil that might enter. After you do this, burn a purifying or protecting incense such as frankincense, cinnamon, or pepper moving it from room to room while you visualize any negativity fleeing from your home. As you go, chant over and over your words of power:

**“Smoke of air and fire and earth
Cleanse and bless this home and hearth
Drive away all harm and fear
Only good may dwell in here.”**

TO PROTECT YOUR HOUSE FROM PROWLERS

Sprinkle salt throughout the house while repeating the following incantation:

**“As this salt I sprinkle about To keep the evil spirits out
Let no danger enter in Any opening herein
I now invoke the law of three
This is my will, So mote it be!”**

Visualize the salt creating a blanket of protective, glowing energy around your home. It is done.

TO PROTECT POSESSIONS

Walk 11 times around the object you wish to protect and say each time:

**“Protected from Harm
Who breaks this charm
Will fall away
Then disappear
To nothingness.”**

HOUSE PROTECTION JAR

You will need:

- 1 glass jar
- 1/2 to 1 cup salt
- 3 cloves of garlic
- 9 bay leaves
- 7 tsp. dried Basil
- 4 tsp. dill seeds
- 1tsp sage
- 1tsp anise
- 1tsp black pepper
- 1tsp fennel
- 1 bowl

In the morning ideally on a bright sunny day assemble the items.
Place in the bowl and say:

"Salt that protects, protect my home and all within."

Add the cloves of garlic:

"Garlic that protects, protect my home and all within."

Crumble the Bay leaves and place in the bowl:

"Bay that protects, protect my home and all within."

Add the basil and say:

"Basil that protects, protect my home and all within."

Add the dill and say:

"Dill that protects, protect my home and all within."

Add the sage and say:

"Sage that protects, protect my home and all within."

Add the anise and say:

"Anise that protects, protect my home and all within."

Add the fennel and say:

"Fennel that protects, protect my home and all within."

Mix together the salt and the herbs with your hands, throughout the movement of your hands and fingers lend energy to the potent protective items, visualize your home safe and as a shining secure place. Pour the mixture in the jar and cap tightly,

Place it in your home with these words:

**"Salt and herbs, nine times nine
Guard now this home of mine"**

HOUSE PROTECTION SPELL

You will need:

- 1 glass bottle or jar with cap
- mixing bowl
- funnel (you can make one with a rolled up piece of paper)
- 9 herbs of your choice from this list:
 1. Acacia
 2. Aloe
 3. Angelica
 4. Anise
 5. Ash
 6. Basil
 7. Birch
 8. Blackberry
 9. Blueberry
 10. Broom
 11. Caraway
 12. Carnation
 13. Cedar
 14. Cinquefoil
 15. Clover
 16. Cotton
 17. Cypress
 18. Dill
 19. Eucalyptus
 20. Fennel
 21. Flax
 22. Foxglove
 23. Grass
 24. Hazel
 25. Heather
 26. Holly
 27. Irish Moss
 28. Ivy
 29. Lilac
 30. Mandrake
 31. Marigold
 32. Mistletoe
 33. Mugwort
 34. Mulberry
 35. Oak
 36. Olive
 37. Pine

38. Primrose
39. Raspberry
40. Rice
41. Rose
42. Rosemary
43. Sandalwood
44. Spanish Moss
45. Thistle
46. Valerian
47. Violet
48. Willow

Pour the nine selected herbs into the mixing bowl one by one. As you pour each one in say these words (replace the blank with the name of the herb):

" _____ that protects, protect my home and all within."

Once all of the herbs have been added to the bowl, mix them with your hands. Visualize you home being safe and secure as you mix. Cap the bottle or jar and bury it outside, in front of your front step. If you live in an apartment or other place that would prevent you from doing this, place the jar some where out of view but still near your doorway.

TO KEEP EVIL FROM YOUR HOUSE

Make a magical tea from any of the following herbs and then sprinkle some of it in the corners and doorways of your home to purify, defeat all wicked conjuring, and prevent evil forces from entering:

- angelica root
- broom tops
- curry powder
- holy thistle

tormentil poke root
(which can also be added to your bath or cleaning water)

AGAINST ENEMIES OR EVIL

Hang an ash - bough over your door. Fill your pockets with iron nails. Always carry mullein - leaf. But say these words against the worst:

“I stand in circles of light that nothing may cross.”

TO BAR NEGATIVE ENTRY

You will need:

- 1 oz. (25 grams) Ground Cumin
- 1 lb. (500 grams) Sea Salt

Mix well. Start at the end of the driveway, beginning to the East, and go completely around the property, strewing along the edges of the property. Be sure you complete the circle and rejoin where you started.

HOME PURIFICATION

Make Incense:

- 1 tablespoon pine needles
- 1 tablespoon juniper
- 1 tablespoon cedar

Make sure all ingredients are completely dry. Grind ingredients together and burn on charcoal. Saying:

**“Spirits of the corners,
Winds of the quarters,
You who stand watching,
And you who hear my voice,
Guard well my home tonight.”**

TO PROTECT YOUR HOUSE

You need:

- A whole head of Garlic
- 3 large 'iron' nails
- 9 pieces of White Thread (7 in. long each)
- 6 pieces each of Black Thread and Red Thread (7 inches long each)

Wax One White Egg Water and Wine

Twist or braid 3 white, 2 red and 2 black threads together, melt a little wax and dip the threads so that it forms a stiff twine/wick like feel.

Do this two more times so you have 3 waxed braids.

Place the nails in a fire until they are red hot, while still hot (you can let them cool a little bit) wrap each nail with a garlic leaf. Then wind one of the waxed threads around each leave covered nail.

In a dish or bowl make a triangle with the nails and place it in a safe place (or your altar). Place the egg in the triangle so it stands up, sprinkle with wine and water everyday.

PROTECTING THE HOME

Start by mixing water and salt, two elements of magic. Consecrate them.

Use garlic salt and add powdered rosemary if you need to clear out ghosts or spirits.

Begin at the main entrance of the house or apartment.

Sprinkle some of the consecrated water by dipping your fingers in it and making the sign of the pentacle.

Say:

"Evil shall leave but not enter."

Use a firm voice. Make it a commandment, with all of your power behind it.

Proceed counterclockwise through the house, repeating the procedure in every corner of each room, at all the windows, doors and mirrors. Don't forget telephones, computers with active modems, fax machines, intercoms, and televisions that are connected to the Internet. It doesn't hurt to do the mailbox, too. Make the downward pentacle, with your left hand, if this feels right to you. Or the upward pentacle with your right hand. Either will work.

Repeat the spell annually, or whenever you feel in need of it.

It is important to perform a spell like this one on a new home before you move into it.

SPELL FOR A NEW HOME

This spell can be used while consecrating the salt and water:

**"O Great Mother in your name we purify
with water and with salt cleanse this place of evil
and fill it with your Love O Great Mother
make this cave a safe space a warm and dry place
and shelter us from harm O great Mother
make this house our home."**

A HOME BLESSING

You will need:

- Pentagram
- Compass
- Rosemary
- Lavender
- Zip/Snap lock bag

Glue the Pentagram to the compass, "Spirit" point north. Place everything into bag, and bury in center of building or middle of door. Pentagram pointing north. Cast a circle, Chant the spell:

**"Goddess and God bless this house, Keep it free from bug or mouse.
For good or bad, dark or light, Those unwelcome will feel thy might.
Protect me as I do thy will, here you are master for good or ill
Goddess and God hear my prayer So Mote it Be!"**

Concentrate on the Spell until you feel the power flowing.
Then break the circle and finish.

HARASSMENT PROTECTION SPELLS

A SPELL FOR ANY TYPE OF SEXUAL HARASSMENT

By the light of a black candle, prick a condom with a rose thorn saying:

**"You have harassed me
Your day is done
You shall never again harass me
Instead you shall run"**

Dispose of condom.

AGAINST ENEMIES

You will need:

- A medium sized fish bought in Yemaya's name.

The names of all of the persons the petitioner distrusts or feels are their enemies are on a piece of paper which is then inserted in the fish's mouth.

The fish is placed in a dish filled with sugar cane syrup and offered to Yemaya.

It remains at her feet for seven days and then it is thrown into the sea with seven cents.

It may stink your house up for a week but it is very effective.

WHISPERING WIND SPELL

This is a spell to assist if someone is bothering you or if you have a strong, unfulfilled desire. To begin, make sure there is a slight breeze blowing.

Light a yellow jar candle and take a few minutes to meditate on your desire or problem.

Open the window and whisper your problem or desire, asking the angel of the east to hear and respond. Let the wind carry your words to the east.

Burn the candle down whenever you are home until it is burned out.

An answer should come to you within one Moon cycle.

TO DRIVE AWAY EVIL

Take an iron nail - rusty and old. On a dark night - moonless and cloudy, set upon a smallish flat stone. With an iron hammer strike it thrice.

At each stroke say:

**“Clavus Ferreus
Malleus Ferreus
Ferrum Refilum
Ferrum Nobilis.”**

Score the stone three times across with the nail's point, then take the stone and bury it far from the house. Carry the nail with you always as a charm.

SPELL FOR STOPPING HARASSMENT

The following spell is intended to cool down an explosive situation and encourage the transgressing individual to leave you alone.

Tools:

- Paper & Pen
- Large plastic bag suitable for the freezer
- Goddess candle
- Marking Pen

Arrange your tools on an altar. Light the Goddess candle. Cast a circle.

For your purposes, you'll want to include your kitchen in the circle, perhaps using the kitchen counter as an impromptu altar.

Write the name of the individual who is harassing you or threatening you with harm on the piece of paper.

Concentrate on that personal departing from your life.

See them leaving you alone and allowing you to live in peace.

Chant your wishes regarding this individual as you write.

Let the God and Goddess know you do not want him harmed but wish them to leave you alone.

Continue to write their name until the paper is filled on both sides.

Fold the paper, then seal it with wax from your Goddess candle.

Place the paper in the plastic freezer bag.

Fill the freezer bag with water until 3/4 full.

Seal the bag. Mark on it **"Spell working, do not open or thaw."**

Place freezer bag in the freezer. Close the circle.

When the water in the bag is frozen solid, placing the person who is a problem "On Ice," take the energy from the working and direct it around your property.

SPELL FOR BULLIES

This is used to stop people who are bullying or upsetting you and hopefully to make them friends.

You will need:

- 1 Glass bowl full with water.
- 1 pinch of sugar
- Blossom petals (any color will do)
- 4 drops of olive oil

Chant the following spell 4 times. Every time you say the spell add 1 of the 4 drops to your bowl of water.

Put the blossoms in the water but so they float on the surface of the water.

Then put the pinch of sugar in.

After you've done the spell, put the blossoms that were in your water in a circle and pour the solution (water) over the flowers.

**“Let (person's name) be
Rid of evil, Rid of sin.
Rid of jealousy and hatred within.
Let (him/her) learn to live & work with others especially me,
Go spirit you are free. May (him/her) be guided by nature.”**

CRITICISM and HATE PROTECTION SPELL

This is a spell to protect a person from the criticism and hate of another. This spell can be done during any phase of the moon.

You must have something that is connected to the person, like a piece of handwriting, a picture, hair, etc. Place this in a container, and set it aflame. While it is burning, chant:

**“Away from me
Away from me
Away from me
Away from me”**

TO MAKE SOMEONE LEAVE YOU ALONE

This is a variation on a popular spell used to stop someone from harming or bothering you. This must be performed during a waning moon. On a piece of parchment or recycled paper, write the name and birth date of the person you are wishing "away". Now fill an air-tight container (like a baby food jar or Tupperware container) with water. Add a pinch of one or more of these magical herbs: ash tree leaves, clover, lovage, lilac, garlic.

Take the paper with the name on it and fold it three times.

Tie a black string or thread around it and drop it in the water.

Seal the container up and bury it in a safe spot in your garden, yard or flower box.

Once the person has left you alone or no longer poses a problem to you, open the container and empty it to the earth.

Keep the container instead of leaving it to Mother Earth.

A SPELL TO BIND BULLIES

You Need:

- 3 black candles
- black thread
- one black pen
- a piece of paper
- an empty glass jar

This spell will not hurt your bully, it will just make them leave you alone. Do this spell at midnight on a Saturday of a waning moon

(a period of time between a full moon and a new moon, the light is decreasing. The opposite is the waxing moon, when the moon is moving from a new moon to a full). Set the candles in a big triangle shape, big enough so that you can sit in the middle. Light the candles. Write the bully's name on the paper, and draw an "X" over it.

Fold it three times. Say:

**"I bind you (say their name)
so that you cannot hurt me anymore,
both physically, and emotionally.
Get out of my life, leave me alone.
I bind you (say name) I bind you."**

Then tie the thread around the folded paper, and pop it in the jar. Screw on the lid. Snuff out the candles (never, NEVER blow out candles after a spell, it pushes the magick away). The next day, bury the jar off you property, or you can hide it in a closet where it will not be found. If the black candles you used are small enough, you can put them in the jar (do this at the end of the spell, not after you have screwed the lid on). If not, burn them later until there is nothing left of them.

CANDLE SPELL TO STOP HARASSMENT

Timing: During the waning moon. Use a brown candle (an image candle, if you can) to represent the person who is harassing you. Write the person's name on the front and back of the candle. On a small piece of parchment paper, write:

**“From now on, (name) will say nothing
but sweet words about me and to me.
By the power of Aradia, so mote it be!”**

Put a drop of honey in the middle of the paper and roll it into a ball. Heat a knife, pin or your athame, make a gash in the candle (in its mouth, if it's an image candle) and stuff the paper ball into it. Let the candle burn a little while every night for an odd number of nights, to a maximum of nine nights. Throw the remnants into flowing water, but save some candle drippings or ash to sprinkle in the path of your oppressor.

CANDLE PROTECTION SPELLS

YELLOW CANDLE PROTECTION SPELL

You will need a single yellow candle (large if you can find one - preferably unscented beeswax) for this spell. Begin by standing up with the candle placed on the ground in front of you. Remove your shoes to accentuate the connection to the earth. Relax your entire body and feel the energies flow up from the ground, visualizing a warm yellow light flowing up your body. With your eyes slightly closed and the mouth relaxed (I tend to rest the tongue on the roof of my mouth) allow the subtle force of energy to raise your arms. Visualize the floating waves of yellow energy coaxing your arms up to the point where your palms are facing each other with roughly two inches between them. Gently rotate your hands without touching until you feel the build up of a 'ball' between them. Whilst maintaining the ball, sit down before the candle. Wait a moment, let the energy cultivate itself. Now move your hands (visualized as glowing a bright yellow) towards your body, letting the energy flow into you core at the 'dan tien point' two inches below the navel. As the energy flows in visualize the protective energy of the sun covering you and shielding you from all darkness. Think of hope, and as you do so let the energy flow up to the solar plexus, then down again with every alternate breath - making a cycle.

Now - slowly - open your eyes widely and allow the palms of your hands to touch. Visualize your self 'borrowing and storing' the protective energy you have raised. Now light the candle. Let the light become the sun's power before you. Open your energized hands and place them around the candle flame (being careful not to burn yourself!) and let them warm. Now come the words. You must choose an appropriate name for your sun god. Many choose Apollo or Ra - powerful masculine protectors. I choose the Japanese god of the sun Amaterasu, a woman. A symbol of motherhood, the sun, protection. Say:

**“As I place my hands about
I protect the precious light,
So to does Amaterasu
Goddess of the Sun,
I feel her warm protection
about me soft and bright.”**

As the candle's light burns, feel the light inside of you glow too - sense the connection maintained by the infinite. I advise sitting in this state for up to twenty minutes (or however long it takes you - everyone is an individual) until you are completely relaxed and comfortable - shrouded in the sun god's light. When you gain the sensation that you are protected from within, extinguish the candle and place it on a sunny window ledge.

White Light Protection Spell

Needed:

- white candle,
- protection incense,
- photo of your loved ones

Light the incense. Place the candle on top of your photo(s) and light it. Envision a protective white light surrounding your loved ones and say:

**"O Goddess, protect my loved ones every day,
as they sleep and as they play.
Help them to always smile bright,
and keep them safe in Your loving light.
Protect them from harm and from all they fear.
For they are the ones that I hold dear.
I thank the Goddess for helping me.
I trust in Her aid So mote it be!"**

Let the candle and incense burn down.

BANISHING SPELLS

BANISHING SPELL

To be performed during the waning moon. Materials needed:

- Heatproof container or cauldron, Black or white candle, Basil and garlic (for uncrossing, protection), Paper and black pen

Cast the circle
Invocation of the God and Goddess
Statement of purpose:

**“I am here to banish negative influences from my life.
Right now, (name) is exerting an extremely negative force upon me.
I ask for the God and Goddess to assist me in
banishing these forces and eliminating his/her destructiveness.”**

Consecrate the cauldron as follows sprinkle with salt-water recite:

**“In the name of the Lord and Lady
I charge you to serve me within this circle.
I clear you of all former influences and
energies that you may be fit for the workings of Magic herein.”**

Do the same with the candle. On a piece of paper, write full name of person to be banished. Roll up and tie with black string. Sprinkle with salt water and recite:

**“Thou creature of paper. By paper made, by paper changed.
Thou art not paper, but thou art negative influences in
(person to be bound). So mote it be!”**

Light the black candle. Burn the paper in the candle, visualizing all negative power over you vanishing in the flames and rising out of your world with the smoke Sprinkle basil and garlic over the flames and recite:

**“Blazing force of cleansing fire Help me in this rite.
By air and earth, water and fire So be you bound With this rite,
Your power takes flight Sky and sea, Keep harm from me
Cord go round, Power be bound
Your negativity will no longer come my way.
From henceforth, your power over me is banished. So Mote it Be!”**

Let paper burn itself out while visualizing a healthy, positive relationship with the person. Cakes and Ale Thanking the God and Goddess Close the circle, thank the watchtowers for their protection.

HEALTH SPELLS

HEALTHY FAMILY SPELL

You will need:

- A wooden spoon
- A china bowl
- Some Mint
- A clove
- Some grated lemon peel
- A bay leaf
- Some rosehips
- A cotton or muslin handkerchief
- A red ribbon

To help protect your household from colds and flu, try this ancient spell.

The best time to cast this spell is on a Sunday.

Use the wooden spoon to mix all the ingredients together in the bowl, while you recite this chant:

**"I conjure thee to be a protection,
I invoke the Magick of old,
To keep my family healthy and well,
So mote it be."**

Place the mixture onto the handkerchief and tie up the ends with the ribbon.

Hang the healing pouch somewhere in your home.

AGAINST DANGER AND ILLNESS PROTECTION

1. For protection against all sorts of dangers, illness, and sudden death, Santeros recommend painting a coconut in many colors-preferably nine-and placing it inside a small basket painted in the same colors. The basket with the coconut is hung from the ceiling and left there for an indefinite time.
2. The individual who is in danger cleanses himself/herself with nine different fruits, nine candles (votive), and nine slices of eggplant. Afterwards the offering is wrapped with nine cents on a piece of red cloth and left by a long road near a cemetery.

BATH FOR PROTECTION AND PURIFICATION

Steep one teaspoon of dried basil in a cup of boiling water.
Leave for five minutes, and then strain.
Add the liquid to your bath water to bring a protective and cleansing influence.
This herbal bath is particularly useful to rid oneself of the negative feelings left by contact with those who are controlling.

A SPELL TO PROTECT GOOD HEALTH

Light a red candle, and Say:

**“I invoke Gangida, great protector!
May we look after your treasures,
as our bodies are your treasures!”**

Light a black candle, and Say:

**”Nullify disease as it approaches this body
Arm my blood with guards To slay all intruders!”**

Light a green candle, and Say:

**“Gangida, grant protection from all
Imbalanced in the heavens,
from the earth, from plants, from air;
From my past and from my future
Protect me from east to south, from west to north!
May my body be rendered healthy
under Gangida's protection!”**

SPELL TO PROTECT AGAINST DISEASE

Say seven times:

**“Hail to the sky! Hail to the earth!
Hail to the fiery volcanoes that burn away all viruses!
Mighty spirits, Should illness approach me,
I ask that you burn it away!”**

Bath for Protection and Purification

Steep a teaspoon of basil in a cup of boiling water, and strain out the herb. Add it to your bath water for a protective and cleansing influence. It is particularly useful to clean off the feelings left by contact with those who are negative or controlling.

HERBAL PROTECTION SPELLS

HERBAL PROTECTION SPELL

Get a piece of white cloth. None of that made-from-plastic junk. And, thank the Goddess, you don't have to iron it, so make it cotton. Then cut it into a seven inch square. Yes, seven. Numbers are important to magic. No cheating! Get some basil, dill, and fennel. There you go again. What do you mean, you don't have any fennel? Okay, okay, buddy, don't lose it. You can use a lot of protective herbs in this one. The important thing is to choose three herbs. Not two. Not four. It's the number thing again. Use any three of these:

- Basil,
- Dill,
- Fennel,
- St. John's Wort

Empty one of your "feel good" caplets! Rosemary, tarragon, horehound, vervain. Mix your herbs in an earthenware bowl. Hum a nice protection tune. Then again, you don't have to hum, but, hey, why not? Gently mix your herbs up. You did grab only a little bit of each of three didn't you? You only need a tad. You are using a bowl that isn't that icky plastic stuff or creepy aluminum, aren't you?

Lay your cloth on the Altar. Take the typewriter off first if you're using a typing table.

These herbs don't necessarily protect your keys from sticking! Put your herbs -- all mixed nicely, thank you very much -- in the center of the cloth.

Take the four corners, pull them up to a nifty peak. Presto! Chango!

Your cloth is now a pouch. Soooo cool. Now comes the witchy part, where we tie it up with a gorgeous, just like my favorite Maybelline lipstick, red yarn, cut to seven inches.

Tie the first knot and say in a powerful voice, Say:

"I bind thee to protect this house and all within it!"

Tie the second knot and say the same thing..... tie thirteen whole knots in your yarn repeating the command every time. Pick up your athame (knife, in other words) in your prominent hand (the one you write with) and grab the sachet (that's the cloth/herb thing, dear) with your other hand. Now face North and hold the sachet in front and above you and poke it, gently, of course, with your athame. Say as profoundly certain as you can:

**"May this which I have made of my will and with my hands
serve me well as protector of this house and all who reside within its walls.
Guardian and Protector, so shall it be from this moment forth!
So mote it be!"**

Now go hang your protector/guardian/sachet/cotton cloth bag thing in the highest part of the house. Use the red yarn to attach it to something.

BREW FOR EXORCISM

You will need:

- 4 tbsp. Boneset
- 3 Sprigs of Holy Thistle
- Handful of Angelica
- 4 oz. Horehound
- Pinch of Salt
- 3 parts Sandalwood
- 3 Roots of Mandrake

Brew and sprinkle to all four corners of the House to drive away Evil.

PROTECTION BREW

You will need:

- 4 part Rue
- 6 oz. Rosemary
- 3 oz. Vetivert
- 2 tbsp. Hyssop Sprig of Mistletoe

Don't Drink This! Brew these ingredients and anoint each window and door of the house.

Sprinkle the rest on the four corners of the house to prevent Evil from coming.

BASIL PROTECTION SPELL

First, open your ceremony however you like. Moon Phase:

- Full moon.
- One orange candle
- One carnation flower
- Basil

Place the carnation in the bowl of consecrated water, and set basil in front of the orange candle. Light the orange candle with the Presence candle. Breathe deeply and clear your mind. Begin to concentrate on the powers of protection, visualize a strong shell surrounding you, glowing hot.

Say in a powerful voice:

**"I call on the guardians and on the power of the Lord and the Lady
I surround myself with the protection of fire
I am supported by the strength and grace of earth
The winds bring me gentle shifts and the water's
flow eases the energy in this time.
I believe in this protection and I release my fears,
so that I may connect to the pulse of life.
May this be done within the greater good,
So mote it be, and be it, it should!"**

Let the candle burn for as long as you like. You can take this opportunity to meditate and release the spell into the cosmos. When you are ready, snuff out the candle. Keep this candle and burn it during meditation whenever you feel a need for extra protection. When the candle has eventually been burned completely, repeat this spell if you feel the need. Continue the ceremony with the wine and cake blessing and consumption. Then dismiss the elements and the other spirits present and close the circle. At the end of the ceremony, take the basil and scatter it on the ground under the light of the full moon. The spell is complete!

SAGE HANGING PRAYER

**"I hang your sage and have faith in its Spirit's power
With this sage I make this dwelling safe
With this sage I repel all dark forces
May the spirit of this sage dwell within this place."**

EMPOWERING THE HERBAL SACHET

Sit in a quiet place, preferably outdoors, and hold the sachet cupped in your hands. Close your eyes and imagine a white light traveling through your arms and into the sachet. Feel safety, feel protected. See yourself standing surrounded by a white light. See it coming from the sachet.

Empower the sachet once a week, and make a new sachet once a month.

Continue using the sachet until you feel that you no longer need it.

All the ingredients can be found at your local grocery store except for the dried rose and the cloth and cord. Find or buy a red rose and hang it upside down by the stem for 3 days in a warm, dry place to dry.

PROTECTION FROM NEGATIVE ENERGIES

Herbal Sachet recipe and Empowering

Ingredients:

- 1 tsp. dried Anise seed (any kind of Anise)
- 1 ½ tsp. dried whole Cloves
- petals of 1 small dried red Rose
- 2 tsp. dried Rosemary
- 6 dried Bay leaves
- 9 inch by 9 inch square white cotton cloth
- 6 inch purple cord or yarn

Mix all ingredients well, then place into the center of white cloth in a pile. Bring each corner up to the center one at a time, in a clockwise motion. When all corners are up and touching, there will be four folds sticking out. In a clockwise motion, bring the corners of these folds to the center as well. Take the purple cord or yarn and wrap it around the cloth 3 times, just above the high spot of the herbs. Tie three knots, and let the ends hang.

LOVE PROTECTION SPELLS

PROTECTION SPELL FOR A LOVE INTEREST

Just concentrate and chant this until you feel this working. You have to have a high energy build to feel it truly working. It's best to have your love interest's picture or a clear image of him in your mind. Focus on a shield being placed around him. It's best to picture the goddess standing over him. This spell does not require casting a circle. This is usually for the type of guys that are always into some type of negative trouble. Say:

**"Blessed Goddess up above shield
my hearts desire, my one true love
Watch over him as you would for
me Protect him with the highest energy
Blessed Goddess if he don't know,
how I feel, you'll make it so
I thank you dear mother for your grace
Take your time, at your own pace
You know how much he means to me
I wish his protection so mote it be!"**

TO MAKE AN ENEMY INTO A FRIEND

You will need: a picture of your enemy, or a drawing if a photo is not available. Make sure no one else is in the photo if you use one. Vanilla incense. Take the picture of your enemy and pass it through the smoke of the vanilla incense.

While doing this say the following 3 times:

**"Enemy, enemy, turn into friend
let all ill will now come to an end."**

POPPET PROTECTION SPELLS

PROTECTION POPPET

Needed:

- **Dogwood twigs and shavings, Black thread, An acorn and Oak leaves, Black cotton thread & stuffing, Eucalyptus, Sage, Thyme, Parsley fern, Birch bark, Nail clippings, Hair blood. cedarwood or another protective oil, Dragon's Blood ink**

Perform actual ritual on the Full Moon. Construct the "skeleton" out of dogwood twigs, lashing the twigs together with black thread, using an acorn for the head. I'm used nine herbs, cotton thread & stuffing, eucalyptus, sage, thyme, oak leaves & an acorn, parsley, some dogwood shavings, fern and birch bark. I began consecrating and grinding these items, meditating on the purpose all the while three nights before the full moon. Mix in nail clippings, hair and some blood(not necessary, I just like to use it on my personal spells). On a piece of birch bark draw the rune of "Ohl" with Dragon's Blood ink roll it up and tie it to the "torso" of the poppet with black thread. Fashion clothes out of your own clothing and apply some of your own hair to the poppet. On the night of the full moon cast your circle and sew the clothes onto the little guy and stuff him. After your done stuffing it, anoint it with cedarwood or another protective oil and placing your poppet on the pentacle on the altar. Meditate in the purpose and then dedicate it to the south. Incantation :

**“Magic doll, my little friend.
Away from me all harm you send.
Protect me now through day and night,
as I bless you with this rite.
All empowered these herbs within.
See me safe through thick and thin.
Protect me now oh little one.
Keep me safe and harm to none.
Blessed by the powers of three.
As I will, So Mote it Be!”**

Take the poppet and pass it through the flame to the south, the water to the west, the salt to the North, and the smoke (sandalwood) to the East. After that put it into a white muslin pouch with a black and white agate, some rose petals and a rosemary sprig. On the pouch again draw the rune of Ohl with Dragon's Blood ink. Carry this pouch with you and recharge or change the herbs every so often.

POPPET BANISHING SPELL TO STOP HARM

This will protect without causing the person bound any harm.

It is not a dark spell but a very potent protective one.

You may use a different oil if you wish to use as a banishing oil.

Rosemary may be substituted for Rue.

Materials:

- 1 black taper or image candle
(gender depends on who you are trying to bind)
- Nail
- A large piece of black felt cloth
- Red ribbon
- Cotton balls
- Needle and thread
- Banishing oil (see below)
- Loose tobacco
- A small mirror that can stand by itself

If you can obtain hair or nail clippings from the person or a picture, you can use it in this spell.

Fold the felt in half and cut out a rough shape of the person you want to bind. Make the figure large enough so that you will be able to stuff it after you have sewn it together.

Sew the pieces of the poppet together, leaving a hole through which you can stuff the poppet.

Fill it with cotton balls and tobacco, and if you have the hair or nail clippings of the person, add those to it.

Once it is filled, sew the opening closed. If you have a picture of the person, staple or sew it to the front of the poppet.

Next, carve the name of the person onto the black candle with the nail and add these runes:

- Thuraz
- Isa
- Eihwas
- A dark filled in circle to represent the dark moon
- Bars like you will see in a jail
- And a widdershins (anticlockwise) spiral.

Anoint the candle and the poppet with the oil.

Cast a circle, invoke the elements, God or Goddess you are working with.

Light the altar candles. Light the black candle and adjust the mirror so that flame is reflected in the glass.

Hold the poppet out in front of you and say:

**"Creature of cloth thou art,
Creature of flesh and blood you be.
I name you (name of the person you are binding).
No more shall you do me harm.
No more shall you repeat false tales.
No more shall you interfere in my life,
nor in the lives of my loved ones.
By the power of the Gods and by my will, So mote it be!"**

Draw an invoking pentagram over the poppet.

Now take the ribbon and begin to wrap the poppet like a mummy, leaving no space unwrapped. Say:

**"I bind your feet from bringing harm to me.
I bind your hands from reaching out to harm me.
I bind your mouth from spreading false tales to harm me.
I bind your mind from sending energy to harm me.
If you do so continue, let all negative energy
be cast and reflected directly at you!"**

Tie off the ribbon and hold the poppet in front of the mirror while you visualize all negative energy this person has sent to you being reflected back at them. Wrap the poppet in the black cloth and tie with another length of ribbon. Say:

**"Great Mother, I have bound this person
from harming me and my loved ones.
By the powers of three times three
By Earth and Fire, Air and Sea
I fix this spell, then set it free
Twill give no harm to return to me
As I will, So mote it be!"**

Let the candle burn out while the poppet sits at its base, then take the poppet and the remains of the candle far from your home and bury it deep in the ground or toss it in the ocean and walk away without looking back.

JAR PROTECTION SPELLS

SPELL TO TRAP AN EVIL SPIRIT (IN A JAR)

This traps an evil entity or evil spirits and prevents any harm being done. You will need:

- Salt water
- 1 part Sea salt to 8 parts of spring water.
- 1 dried Rose
- 13 Rose Thorns
- 1 Small Glass Jar, with a tightly fitting lid

Put the Rose Thorns into the jar one at a time and as you do this and drop one in, chant the following words each time:

"Thou Demon presence. Be no more!"

Crush up the Thorns in the jar and then crush up the Rose petals and add them to the jar, slowly add the salt water. Keep the jar open overnight. The next morning before the sunrise close the lid. All the evil should now be trapped inside the jar. Cover the jar with a cloth and bury it far away from the house in a place that has no buildings nearby.

A SPELL FOR IMPROVING NEGATIVE THOUGHTS

Needed tools:

- Glass jar
- Honey
- Sugar
- Water
- Wooden Popsicle stick
- Permanent Marker

Put a mixture of one third honey, water, and sugar in a glass jar with a screw top. Take wooden Popsicle stick (or equivalent), write the name of the person who is creating problems through negative thoughts or actions on one side, and the perceived source of the problem (witches, a particular person, co-workers, etc.) on the other side. Place stick in the jar and at least once a day, shake the jar vigorously. The person who is having negative thoughts will have an improved ability to relate to those persons or things he didn't like before. "He'll have sweet thoughts and won't know why." If this person is someone who is causing you a specific problem, when you shake the jar say:

"Sweet, sweet thoughts of me, you will think, constantly."

PROTECTION BOTTLE

Find a large bottle and stuff it with small pieces of thread of many colors (expect black). This project will probably take you many weeks, since only small pieces of thread (one to three inches in length) should be used, and each must be introduced into the bottle separately. As you add each piece of thread, say something like the following:

**"TANGLE THE BANE UP!
TANGLE THE BANE UP!
TANGLE THE BANE UP!"**

When the bottle is full, cap and place it in a window, in the attic or in a cupboard.

SATURN STONE PROTECTION SPELL

Charge a small stone of Saturn correspondence to carry with you as a charm of protection- black tourmaline, Apache tears, or snowflake obsidian. Or find any dark colored stone in the earth that feels solid, stable, and strong to you. Find a quiet outdoor place and sprinkle a circle of salt on the ground, large enough for you to sit inside, and hold your chosen stone.

Close your eyes; ground and center, drawing Earth energy within you. Visualize rings of energy swirling around the Saturn stone you hold, building and increasing to surround and emanate from you. Within the rings you are strong, solid, secure, and shielded from harm. In the future, whenever you feel the need for extra protection, hold your stone to assist you.

HOUSE PROTECTION JAR

You will need:

- 1 glass jar
- 1/2 to 1 cup salt
- 3 cloves of garlic
- 9 bay leaves
- 7 tsp. dried Basil
- 4 tsp. dill seeds
- 1tsp sage
- 1tsp anise
- 1tsp black pepper
- 1tsp fennel
- 1 bowl

In the morning ideally on a bright sunny day assemble the items.
Place in the bowl and say:

"Salt that protects, protect my home and all within."

Add the cloves of garlic:

"Garlic that protects, protect my home and all within."

Crumble the Bay leaves and place in the bowl:

"Bay that protects, protect my home and all within."

Add the basil and say:

"Basil that protects, protect my home and all within."

Add the dill and say:

"Dill that protects, protect my home and all within."

Add the sage and say:

"Sage that protects, protect my home and all within."

Add the anise and say:

"Anise that protects, protect my home and all within."

Add the fennel and say:

"Fennel that protects, protect my home and all within."

Mix together the salt and the herbs with your hands, throughout the movement of your hands and fingers lend energy to the potent protective items, visualize your home safe and as a shining secure place. Pour the mixture in the jar and cap tightly, Place it in your home with these words:

**"Salt and herbs, nine times nine
Guard now this home of mine"**

TO STOP A TROUBLE MAKER JAR

Write the name of the person on a piece of parchment/paper, fold it twice. Take a lime and cut it twice, once diagonally and once horizontally, but don't cut it all the way into four pieces.

Place the paper or parchment inside the lime and hold it together with two long steel nails. Place the lime into a clean glass jar and put into it some ash, salt and vinegar and screw the lid on tight. The ash and salt are supposed to thwart their efforts to cause you trouble of any kind, and the vinegar and lime should sour their own affairs at the same time.

MIRROR PROTECTION SPELLS

PROTECTION FROM NEGATIVE ENERGIES SPELL

You will need:

- 1 black candle
- caraway
- a small mirror

Cast a circle and light the candle. Sprinkle the caraway on the candle's flame (be careful!) and on the mirror. Close your eyes and imagine yourself surrounded by a magick shield. Imagine the negative energies bouncing off your shield and returning to where they came from.

Open your eyes and stand facing North. Hold the mirror out in front of you, the reflective side pointing outward. Say these words:

**"Mirror of Protection,
Stop the flow of negative energy in my direction!
May the energy be sent back to its source,
Let it harm none along its course!"**

Now turn East and repeat the words for Air. Repeat for Fire and Water. Close the Circle.

SPELL TO REFLECT NEGATIVITY

You will need your magick mirror or a consecrated small round mirror, a wide-mouthed glass jar, ashes, vinegar, a knife or something else sharp like a razor blade or piece of broken glass, and an apple. After sundown, set the jar before the mirror and place in it some ashes. Fill it up 2/3 of the way with vinegar. Take the apple and carve into it something that will represent the person or the negativity which follows or attacks you. Try and make it as clear as you can-while you carve, infuse the apple with all of the negativity you perceive around you. Raise the apple above the jar and say:

**"Evil send must come to rest
Reflect it back to who knows best
Energy spent for evil and bane,
Go back now from whence you came
Far away I send you this hour
May all your attempts to harm turn sour!"**

Place the apple in the jar-for best results do this spell for three consecutive nights."

PROTECTION OIL SPELLS

PROTECTION OIL

Use a base oil like sweet almond oil, jojoba, sesame, etc.
To the oil add any three of the following:

- Rue
- Rosemary
- Angelica
- Bay
- Basil
- Fennel
- Sage
- Mugwort
- Vervain.

Use either the whole herb or a pure essential oil. Allow the herbs to mix and steep in the oil for 1 week. Handle the bottle frequently, projecting protective energy into the mixture. Recommend you make this oil during a waning moon but you can also make your own timing judgment.

PROTECTION FROM HARM OINTMENT

You will need:

- 2 parts Mallow (not Marshmallow Root)
- 2 parts Rosemary
- 1 part Vervain

For the base of ointment with shortening, follow these directions:

Melt 4 parts shortening over low heat until liquefied.

Watch that it doesn't burn. Add one part dried herbal mixture (which would be all of the herbs listed above). Blend with a wooden spoon until thoroughly mixed.

Continue heating until the shortening has extracted the scent.

You should be able to smell it in the air.

Strain through a cheesecloth into a heat-proof jar, a canning jar would be perfect for this. Add 1/2 tsp. tincture of benzoin (can be found at an herb store or drug store) to each pint of ointment as a natural preservative. Store in a cool, dark place or in the refrigerator. Ointments will last for weeks or months. Discard any that turn moldy, and make a fresh batch. Rub onto the body and to drive out negative influences and to keep them far from you.

PROTECTION POTION

- 2 to 4 Cups of Spring Water, as a base
- 1 Tble. Powdered Iron or Iron Shavings
- 1 tsp. Vervain
- 2 Tble. Sea Salt
- 2 Tble. of each Frankincense & Myrrh
- A pinch of Wolf's hair from a live, shedding Wolf (ask a local Zoo keeper)

PROTECTION OIL

Protection Oils are used to anoint any manner of objects in order to enhance the purity of spiritual vibrations.

This 1 is best made on 'The Dark of the Moon'.

- 1 dram-sized bottle
- 1/2 dram Sweet Almond Oil
- 3 drops Amber Oil
- 1 drop Jasmine Oil
- 7 drops Dark Musk Oil (Plain Musk may be substituted)
- 5 drops Rue Oil
- 3 small pieces Dragon's Blood Resin
- 1 pinch coarse Sea Salt

Add the ingredients and shake, to mix well, after each addition.

BOTTLE PROTECTION OIL

- 1 dram Patchouli Oil
- 1 dram each of Frankincense Oil & Myrrh Oil
- 1 tsp. broken pieces of Mandrake Root
- 3 heaping tsp. coarse Sea Salt

Simmer over a low-heat in an enamel pan. Let cool.
Pour into small bottles and charge.

HOW TO MAKE THE OIL YOURSELF

- 1 tablespoon base oil
- 4 drops primrose
- 4 drops lavender
- 2 drops sandalwood

Of course, you can always use whatever you feel will do the job.

PROTECTION SACHET SPELLS

PROTECTION SACHET

Pulverize each of these herbs in a mortar:

- Lavender
- Red rose petals
- Bay leaves
- Marigold

Add 1 drop lotus oil-

Place in a small black pouch and charge with magickal energy.

PROTECTION FROM BAD LUCK POTPOURRI

You will need:

- 1/2 cup Juniper berries, whole
 - 1/2 cup Basil, whole
 - 2 TBS Frankincense, ground
 - 2 TBS Dill seeds
 - 2 TBS Cloves, whole
 - 8 Bay leaves, torn into pieces
-

PROTECTIVE SIMMERING POTPOURRI

You will need:

- 4 TBS Rosemary
- 3 Bay leaves
- 1 TBS Basil
- 1 TBS Sage
- 1 TBS Fennel seeds
- 1 tsp. dill seeds
- 1 tsp. Juniper Berries
- A pinch of dried garlic (optional)

Mix in a small bowl with your hands while visualizing your home as a protected place. Charge the herbs with your protective energies. Add to simmering water. Simmer potpourri on the stove top in a pan (preferably non-metallic) in 2 cups of water. A simmering potpourri pot can also be used. Simmer over low heat for 1/2 hour. If you wish to simmer longer, add more water as needed.

PROTECTION WREATH

Use several long branches of fresh rosemary, from at least one to two feet long, or how ever big you wish to make the wreath. Form the branches into a circular shape tying them together with a fine green cotton thread. When the basic wreath shape is made, use extra sprigs of rosemary to give it a fuller appearance. Secure the sprigs to main body of the wreath with the green thread. When you achieve the look and size of the wreath you want, you can dress it up by inserting other fresh herbs within the twines. The dried seed heads of rue, dill, and fennel work well. Make sure the wreath has a well-balanced appearance, and that the herbs are firmly attached to the rosemary. Now collect several of these flowers and poke 3, 7, or 9 into the wreath for added protection: snapdragons, cyclamen, garlic flowers, marigolds, carnations, or roses. After your wreath is finished, tie a red ribbon into a bow at the top or bottom of the wreath. Attach a string or fine steel wire to the wreath to hang it with. Hang it up wherever protection is needed; over the hearth, on the door, or even in the windows. Any type of protective herbs may be used in this powerful wreath. The fresh flowers, of course, will have to be replaced in intervals, but the herbs will dry beautifully!

INCENSE TO WARD OFF GHOSTS

- 3 oz. Juniper Leaves
- 4 tbsp. Dried Rosemary
- 2 oz. Fennel Seeds
- 2 tsp. Basil
- 3 tsp. Linden Flowers
- 2 tsp. Angelica
- Pinch of Salt

INCENSE FOR PROTECTING THE HOUSE FROM EVIL

- 4 oz. Valerian
- 2 oz. Rue
- 2 oz. Bay Leaves
- 3 tbsp. Dill
- 2 oz. Caraway
- 4 Parts Lavender
- 6 tsp. Sandalwood

MOON OF NIGHT SPELL FOR PROTECTION

Make a sachet to wear around your neck. The color should be blue or purple but make it a color you can live with.

On the night of a full moon, blend these herbs together:

- Amber
- Juniper
- Dill
- Vervain
- St. John's Wort
- Lavender

by crushing them together with a mortar and pestle. Leaving them in the vessel, hold them up to catch the light of the full moon and say:

**"Moon of night in fullness shine
bless this rite protection be mine"**

Then without touching it fill your pouch and wear it whenever you feel threatened. It also works if you keep it in your pocket.

JOY AND LUCK BAG

Ingredients:

- Two small equal pieces of red cloth
- Red woolen thread
- A crumb of bread
- A pinch of salt
- A teaspoon of rue

Sew 3 sides of the 4 sides of red cloth together with the red woolen thread. Turn the bag outside in because it should have been inside out when you were sewing it.

Put the crumb of bread, the pinch of salt, and the teaspoon of rue in it and sew it up.

Say this Chant for good fortune:

**"This bag I sew for luck for me, and also for my family,
That it may keep by night and day, troubles and illness far away".**

Hang the bag over your bed, your window, or keep it in your purse.

WITCHES' PROTECTION BOTTLES

WITCHES' PROTECTION BOTTLE

The following are the ingredients for a Witch's Protection Bottle and it works in two ways. It not only protects you, but it will deflect the harm towards you back to the originator.

Get a glass jar such as a Mason jar, or even a baby food jar, anything that has a lid to it.

Fill the jar halfway with small sharp objects such as pins, metal scrapings, broken glass, razor blades, etc.

Be careful when you are filling the jar!

Once the jar is half full with these objects, fill the jar up with a holy water mixture of salt and water.

Put the top on the jar and be sure it's secured.

This jar should be buried in the ground at least twelve inches deep.

As long as the bottle remains in the ground, you will be protected from harm that is sent your way. If you bury the jar somewhere away from home, and you won't know if it will still be there in a year (City Witches don't always have backyards!), then be sure to repeat this process each year.

SPELL OF THE WITCH'S BOTTLE

Needed:

- 1 jar
- 1 red cloth cut into the shape of a heart
- Some of your own hair clippings
- Some of your own nail clippings
- 13 iron nails
- 13 black-headed pins
- 1 cup of sea salt

The making of the witch's bottle is very simple and should be done as early on in your practices as you possibly can. Never let another person know that you are making the bottle, or it's location. Place all of the items on your altar and take a few minutes to meditate on magical protection, for your safety. Take up your hair and nail clippings and place them into the jar saying:

"Here do I present myself"

Take up the 13 iron nails and place them into the jar saying:

"Here are my swords of protection"

Take up the salt and place it into the jar saying:

"Here is salt to purify me"

Take up the red heart-shaped cloth. Hold it high and say:

"Here is the heart of any who wish me harm"

Stick all 13 black-headed pins into the cloth heart and say:

**"Let any who wish me harm or any who wish me ill,
feel the pain of their own heart's hate, rebounded by this witch's will"**

Place the pin-studded heart into the jar. Next fill the jar with your own urine. This sounds revolting, but urine is a powerful fluid-condenser, and by doing this is symbolic of saying that you think any spell which is cast against you is a useless and worthless gesture, and this is the frame of mind you should take while performing this act. When the jar is filled, or at least halfway so, cork it up with a red tapered candle. Light the candle and as it burns, it will drip wax to seal the bottle. Take it out and bury it somewhere near your home.

Say the following:

**"Blessed Mother of the Darkened Moon,
I pray that you grant me this boon.
A bottle of protection do I bury here:
to protect me from those both far and near.
May any curse or magic spell placed on me, be dispelled.
Rebounded on the sender be, In accordance
with the Law of Three."**

Once the bottle is buried, it should never be dug up again. To do so would be to release all of the negativity that it has absorbed for you. If another person digs up the bottle, it will not affect them, as it is designed to absorb negativity aimed directly to you. This energy is tied to you and you alone. It cannot affect another person. Do not dig up the witch-bottle for any reason. If you move to a new location, the witch-bottle will continue to work for you. The witch's bottle is buried in the earth so that the earth may ground the energies of the negativity directed towards you.

One bottle should be all that is needed.

THE BOTTLE SPELL (VARIATION OF THE TRADITIONAL WITCH'S BOTTLE)

This spell can be used to neutralize the power of those who intend to hurt your reputation, in any way pose a threat to your security, or who want to do you physical harm.

You will need:

- black thread
- black ink or black ballpoint
- pin
- parchment paper
- 1 bottle with a cork
- mortar and pestle
- 1 white candle
- 4 tablespoons orris-root (or oak moss)
- 4 tablespoons sea salt
- 4 tablespoons black powdered iron
(available at pottery shops where ironstone is made)
- 4 tablespoons frankincense or myrrh

Mix the sea salt, orris-root powder, and iron in a bowl.

Then cut a piece of parchment to fit inside your bottle and write on it in black ink:

**"I neutralize the power of
[name of your adversary]
to do me any harm.
I ask that this be correct and
for the good of all. So mote it be."**

Roll up the parchment, tie it with black thread to bind it, and place it in the bottle. Fill the bottle with the dry ingredients.

Then take the white candle and, while turning the bottle counter clockwise, drip wax over the cork to seal it. Last, secretly bury the bottle in a place where it will not be disturbed and no animal or person will dig it up.

It should never be opened or the power of the spell is lost.

A WITCH'S BOTTLE

Gather:

- Rosemary
- Needles and pins.

Fill a small jar with these three ingredients, saying the following as you work:

**“Pins, needles, rosemary, wine
In this witch's bottle of mine
Guard against harm and enmity
This is my will, So mote it be!”**

Visualize these herbs doing just that. When the jar is full, pour in red wine. Then cap or cork the jar and drip wax from a black or red candle around the seal. Bury the jar at the farthest corner of your property or place it in an inconspicuous spot in the house. The Witch's bottle destroys negativity and evil. The pins and needles impale evil, the wine drowns it, and the rosemary send it far from your property.

WITCHES BOTTLE (PROTECTION FROM ALL HARM)

Take a mason jar and put pins, needles, razor blades, cactus spines, rose thorns, broken glass, etc. in it.

Prick your finger and let at least 3 drops of your blood into jar (this binds the jar to you). While making the bottle concentrate your thoughts on what you are doing.

Urine in the bottle and seal it well. Dig a hole and put it in it and say:

**"Lord of Life, Lady of Light - Join me here for this rite
I have made this bottle for my protection
According to ancient ways and tradition.
Direct all harm sent my way - To this grave I make today.
Return it three fold to the send - And let my life ever be better
Open my ears to hear and my eyes to see,
As I will, So Mote It Be!"**

THROW BACK EVIL or ILL REVOCATION SPELL

To throw back evil or ill that is being done to your home or self.

You Will Need:

- Camphor
- Blue dye
- White votive candles
- Brown paper
- Cup
- Plate
- Turpentine
- Reverse oil
- Run devil run oil
- Arassa con
- To-Do oil
- Against my enemies oil
- 3 small nails
- Cigar & rum
- Florida water
- Rubbing alcohol

You can get these materials in your local store or your local botanical.

Cast a circle or smoke the area you are going to work in with the cigar-blow the smoke in the four corners of the room. Fill the cup with luke warm water and add the blue dye-make sure the water is heavily dark w/the dye. Put the Florida water and the oils, as well as the turpentine and alcohol- put a little bit of everything and while doing this ask the owner of the roads- Eleggua - to send back whatever evil or ill that is being done to you.

Blow cigar smoke and rum to the cup-suppose to amplify or electrify what you are doing-and place the 3 small nails. Write the name of your enemies or who is doing wrong to you on the brown piece of paper (or a piece of brown paper bag) with a pencil.

Blow cigar smoke and rum on the paper and think of that person or people that are trying to bring you down and place it on the plate.

Place the camphor cube in the cup and continue to pray to Elegua that he may reverse all ill that is being done to you. Grab the plate and place it over the cup -- with quickness and grip grab the cup and hold the plate at the same time and turn it over and while doing this picture all the bad going back to them--the way it looks the cup is upside down on the paper and plate. Put it near the main doorway of your house or room-preferably where a lot of people enter in. Put the white votive candle on the cup and spray cigar smoke and rum again and while staring at the light of the candle picture the bad going back and ask Elegua to send whatever evil back where it came from. Knock on the floor three times or on your altar and call it a day. Should be done on the waxing of the moon or when its full. Very strong and highly effective.

MISC PROTECTION SPELLS

PLANET PROTECTION SHIELD

This is protection spell that actually calls upon the all the great celestial bodies in a solar system so this is pretty powerful spell. Items needed:

- 11 small jars, Permanent marker, Barley, Sage, Garlic, Parsley, Rosemary, Ailanthus, Rose petals, Seaweed or any water plant, Silverweed, Weeping Willow, Moonwort

It doesn't matter if these herbs are dried, powdered or fresh. First take your eleven jars and label each one with the name of a planet, including the Earth, Moon and Sun. Then draw the symbols of each planet on the jars as well making sure your symbol matches the planet. Next fill each jar about half way with warm water.

1. Then find the jar labeled Sun and add your rosemary;
2. Take your Mercury jar and add parsley;
3. Take your Venus jar and add the rose petals;
4. Take your Earth jar and add your barley;
5. Take your Mars jar and add your garlic;
6. Take your Jupiter jar and add your sage;
7. Take your Saturn jar and add your weeping willow;
8. Take your Uranus jar and add your ailanthus;
9. Take your Neptune jar and add your water plant;
10. Take your Pluto jar and add the Silverweed
11. Take your Moon jar and add your Moonwort.

Close the jars very tightly the put the jars in straight row and chant:

**"I invoke the god of these planets:
Apollo, Hermes, Aphrodite, Gaia, Diana, Aries, Zeus, Uranus, Saturn,
Poseidon, Hades lend me your power of your world for protection."**

Visualize that each planet is in those jars and giving off positive protecting energy. After that let them sit out for a night. The next day find a place either in your back yard or garden to bury them. Keep close to your house. If you live in an apartment or just don't have a place to bury them, store the jars in the back of closet or in cabinet that is not used often. The jars will begin to collect the energy of the planets each nightfall. Give it some to time to work. Don't try to rush it, the longer the jars are not disturbed the stronger the protection shield will be around your home and your family.

REFLECTION / DEFLECTION SPELL

You will need:

- 1 black candle
- Bowl of salt
- Your favorite 'protective' incense,
- Chalice or bowl of water (whichever your preference)
- A picture of the person from whom the energy is coming from
- A mirror (this mirror shouldn't be like a scrying mirror. It should have a reflective surface, and should only be used for magical purposes and should be magically cleansed before and after each use to get rid of any magical 'residue' and it's best if it's small and can stand up).

Cast your circle as you normally would (invoking Elements, the Goddess, the God, etc.). At this point, I would normally cleanse the mirror of anything, physically AND magically. Next, light the black candle. The picture of the person should be face up in front of you. Pick up the picture and look at it. Say the person's name three times to get their image firmly in your mind. Take the picture and run it through the incense smoke, saying:

**"What ye send forth comes back to thee,
By Air and the Law of Three!"**

Next run it through the flame of the candle
(not enough to catch it on fire) and say:

**"What ye send forth comes back to thee,
By Fire and the Law of Three!"**

Sprinkle water on the picture
(only needs to be a little.unless you caught it on fire, ☺). Say:

**"What ye send forth comes back to thee,
By Water and the Law of Three!"**

Sprinkle a little salt on it, and Say:

**"What ye send forth comes back to thee,
By Earth and the Law of Three!"**

Next, place the picture facing the mirror; the black candle should be behind the mirror, but still able to cast light upon the picture of the person. Visualize a mirror-like surface surrounding you, reflecting energies back towards the person. Say:

**"What you send at me goes back!
Three times light, three times black!
What you reap, so shall you sew!
From above and from below!
No harm will come, unless you send.
No loss will come, if ye be friend.
No harm to me, by mirror's shine,
For I reflect, by what is mine!
Earth and Air, Water, Fire, Help reflect,
by my desire! I invoke the Law of Three!
This is my Will, and it shall be!"**

Allow the candle to burn down, and close the circle as you normally would, allowing the candle to burn itself out. After the candle has burned itself out, be sure to cleanse or dispose of the other materials used. For example I would ritually cleanse the mirror, and burn or bury the picture, depending upon the circumstance.

THE CAULDRON AND THE KNIFE

Just before going to bed, fill a cauldron (or iron bucket, bowl or pot) with water and place it inside your house near the front door. Take a very sharp knife or Athame and place it point-down into the water, saying:

**"Into the water I place this blade,
To guard against the thief and shade.
May no flesh nor astral shell
Enter this place wherein I dwell!"**

This is a good protection spell, and can be performed every evening. In the morning, remove and dry the knife, and place it somewhere safe. Then, without touching it, pour the water outside, (or down the drain if necessary) and put the cauldron away. It probably wouldn't be a good idea to do this spell if you're expecting company, as it could be dangerous (and wet). You can do this at each door if desired, and protects against more than corporeal forms.

SUDDEN NEED SUMMONING

This summoning is short and to the point. Usually used to protect the caster or another in a sudden crisis. Here are several incantations for just such moments:

**"By Dragon wing and Dragon claw,
My (his/her) Defense is without flaw.
Shrouded by Dragon might
Remove me (him/her) from their (his/her) sight.
Fly before me (him/her) Dragon bright,
And blind my (his/her) foe with Thy light
Full of rage and terrible ire, Burn them
(him/her) with Thy Dragon Fire!
Dark and terrible be
Thy wrath, Dragon, protect me (him/her)
on my (his/her) path!"**

Make the Sign of the Guardian (either in the air or on your brow) In the Air; Pull thumb and pinkie fingers into the palm and with middle, index and ring fingers draw three lines at once. Then bending the ring and middle into the palm, draw one line down the right side of the other three. On a surface simply draw it as you would in the air. Sign Of The Guardian Once the task is completed say:

**"Guardian Dragon thanks be to you,
my friend both steadfast and true!"**

PROTECTIVE CHANT FOR OBJECTS

**"With the pentacle I lay,
Protection here both night and day.
And the ones who may not touch,
Let their fingers burn and twitch.
I now invoke the rule of three.
This is my will, so mote it be."**

(While chanting the above, trace a pentagram over the object you wish to protect. Do this three times (one tracing for each couplet) and envision three separate circles of light forming around the object.)

PROTECTION SPELL FOR OBJECTS

Visualize a purple light flowing from your finger as you trace a pentagram into an object that you don't want anyone messing with.

Saying:

**“With this pentagram I lay
Protection here, night and day.
And the one who should not touch,
Let his fingers burn and twitch.
I now invoke the Law of Three,
This is my will, so mote it be.”**

TO CALL THE WIND

This is a simple call to the Wind when you feel threatened, frustrated, angry, or the like. When you recite this, hold out your arms in welcome to the Wind, and, of course, feel:

**“Strong gusts of Sweet Nature's Life
Soft scented stillness to calm all strife
Blow for me, breathe for me
Sweeping all evil away
Blow for me, breathe for me
In dark winter night or bright summer day.”**

End of Book Note

Casting Can Be Complicated

Wicca spell casting can sometimes appear quite complicated if you aren't familiar with Wicca. There are set rituals and routines you need to conduct if you are casting spells using Wicca. Following directions and using the proper tools and ingredients can make the difference between the success and failure of a spell.

You will find that Wicca spell casting can be a very long, drawn out affair involving special candles, incense, herbs, bells, salt, water and so on. You need to prepare your ingredients in advance and have the words of a spell on the tip of your tongue. Some ingredients for casting Wicca spells can be difficult to find unless you are lucky enough to live in a city that has an occult supply store.

When it comes to Wicca spell casting and you just want something simple, like a one-time spell, then it makes a lot of sense to have a professional help you or even do it for you. Maybe you are wishing for more money, a better job, a new lover, a stable home or even to get into college. To learn all the little things about spell casting and to do it successfully takes witches years to perfect. Instead of trying to do it all yourself, look around for someone who can help you.

You want to be certain that you don't get scammed, though, and it's easy for people who purport to have hidden knowledge to scam the average person, especially if the customer is desperate. Before you start looking for help with your spells, try to find reputable sites and people. Most witches and psychics who truly want to help people will understand your hesitancy and most will give you a little sample of their services for a minimal price or even for free. Just remember to set yourself a budget before you go spell shopping and be firm in sticking to it. There are some very talented people out there who can conduct Wicca spell casting successfully for you. It just takes a little bit of research. If the vibes don't feel right, just say no and look for the next witch.

WICCAN ETHICS

I Can Not Stress This Enough

Wiccans do have an extremely clear ethical and moral system with very distinct boundaries, despite certain Christian clergy claims to the contrary. We believe that the determination of what is right and wrong is made by the Goddess and the God and communicated clearly to us through personal contact with the divine. Ethical responsibility is a very important part of our religion.

But you may wonder - since we don't have a formal written book of spiritual and religious laws, how can we be ethical and moral people? Well, since we are an oral tradition, we do have some very important laws that are followed. They may seem simple and basic, but when you think about it, these rules cover all the arenas of ethical responsibility:

And it harm none, do what thou wilt.

At first glance, this seems pretty easy. But it can be a little more complicated than just making sure that when you put your car in reverse, you check to make sure someone isn't standing there. "And it harm none" refers not only to other people, but also to yourself, animals and the Earth Herself. We're connected to each other at a variety of levels - spiritually, ecologically and physically - and we must carefully weigh our actions with their consequences. This is not to mean that we never take action because we're too busy weighing out the consequence of stepping out the door in the morning, only that our actions should be guided by an awareness of the impact of our deeds.

Lest in thy self defense it be, ever mind the rule of three.

This one is a little easier - just think of karma, or of reaping what you sow. Wiccans believe that what you do comes back to you threefold, so if you send out bad energy in the form of a spell or action, not only does it backfire on you, you get three times the consequence! It's important to remember that just because those of us who may have been harmed by another person's deliberate actions may not instantly see the consequence in the other person's life, there will still be consequences.

A word or two in closing

Wiccans have often been accused of not being very moral because unlike most of the world's major religions, we don't believe that our bodies or the earth is evil or sinful.

In a famous poem/chant called

"The Charge of the Goddess"

, there is a line that says

"All acts of love and pleasure are My rituals."

Now, you may think that means we have orgies and have no self control and just generally give in to whatever urges we have, but that's not what it means.

When preparing food, making music or love, dancing or painting become sacred acts, they are entered into with a deeper respect and awareness of our personal responsibility, not with looser morals.

The Charge Of The Goddess

Written by Doreen Valiente

“Whenever ye have need of anything, once in the month and better
it be when the moon is full, then shall ye assemble in some secret place,
and adore the spirit of me, who am Queen of all witches.

There shall ye assemble, ye who are fain to learn all sorcery, yet have not
won its deepest secrets; to these will I teach all things that are as yet unknown.

And ye shall be free from slavery; and as a sign that ye be truly free,
you shall be naked in your rites; and ye shall dance, sing, feast, make music and love,
all in my praise. For mine is the ecstasy of the spirit, and mine also is joy on earth;
for my law is love unto all beings.

Keep pure your highest ideals; strive ever towards them, let nothing stop you
or turn you aside. For mine is the secret door which opens upon the Land of Youth,
and mine is the cup of the wine of life, and the Cauldron of Cerridwen,
which is the Holy Vessel of Immortality. I am the gracious Goddess,
who gives the gift of joy unto the heart of man.

Upon earth, I give the knowledge of the spirit eternal; and beyond death,
I give peace, and freedom, and reunion with those who have gone before.

Nor do I demand sacrifice; for behold, I am the Mother of all living,
and my love is poured out upon the Earth.

I am the beauty of the green earth, and the white moon among the stars,
and the mystery of the waters, and the desire of the heart of man.

Call unto thy soul, arise, and come unto me. For I am the soul of Nature,
who gives life to the Universe. From me all things proceed, and unto me
all things must return; and before my face, beloved of gods and of men,
let thine innermost divine self be enfolded, in the rapture of the infinite.

Let my worship be within the heart that rejoicest, for behold, all acts of love
and pleasure are my rituals. Therefore, let there be beauty and strength,
power and compassion, honor and humility, mirth and reverence within you.

And thou who thinketh to seek for me, know thy seeking and yearning shall
avail thee not, unless thou knoweth the mystery; that if that which thou seekest
thou findest not within thee, thou wilt never find it without thee.

For behold, I have been with thee from the beginning;
and I am that which is attained at the end of desire.”

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<http://www.centre-for-pagan-studies.org/index.htm>

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Source Encyclopedia of Wicca & Witchcraft - By Raven Grimassi

INTRODUCTION TO DEITY

Ah, gods and goddesses, the area that can be just as difficult for people raised atheist as for those raised Christian to get a grasp on. We all have different approaches and names for what we consider divine, but believing and acknowledging the divine is what makes us Wiccan. If we just cast spells and did magic, we'd be magicians. But we actually have a religious, spiritual path, and we invoke deity in our Magickal circles. So the difference between just practicing magic and being Wiccan is the presence of divinity in our circles and rituals.

One of the hardest concepts for folks raised in Christian households to understand is that we don't have evil, supernatural beings. Most Wiccan believe that evil is done by humans, and that God and Goddess are here to teach us, help us learn from our mistakes and encourage us in our positive aspects. There is no grand battle between good (God) and evil (Satan) with an ultimate showdown (Armageddon). Instead, we have cycles of life, death and rebirth where we continually learn lessons (hopefully not the same ones!) and celebrate life rather than waiting for it all to be over. So no, there is no heaven or hell, although many Wiccan believe in a place called the Summerland, where we go between lives to rest and reflect upon what we have learned in this life.

Wiccan thoughts on the existence of Goddess and God can be split into several categories:

1. **God and Goddess are two parts of a whole.** The idea is that God is one side of a coin, and Goddess the other side - but they are both Coin, and one is not better than the other (unless you're flipping a quarter to make a decision, heh-heh).
2. **There is only Goddess, and no God.** This is what is referred to, as Dianic Wicca, and usually Dianic Wiccan are female. For many women living in a patriarchal society, including only female energy in circle can be an important part of healing and reclaiming our spirituality.
3. **Goddess gave birth to God.** While they both are divine, Goddess is the primary force in the universe. God is, however, acknowledged and included in rituals and spells.

I fit more closely into the first category, in case you're wondering. Which is probably why it was listed first!

A friend draws the description of deity as the comparison of God/Goddess/Insert Your Term Here to a diamond. The many facets of the diamond reflect the many aspects of the Goddess and/or God. Depending upon what you believe, you could have one diamond that has both God and Goddess, or one diamond for each, or one just for Goddess! Any way that you do it, as you turn the diamond, you see different aspects such as love, courage, strength, healing, creativity, etc. We often give these aspects different names, respectfully borrowing from other or ancient cultures those deity names that have been associated with specific aspects. For example, we may invoke Aphrodite or Venus as the Goddess of Love to help us be more loving people or to bring love into our lives. Or we may call to Yamaha, the Goddess of the Ocean when doing ritual work with the element of water, or Neptune, God of the Sea. We may invoke Pan to bring playfulness and spontaneity into our lives, or the Crone aspect of the Goddess as Hecate or Cerridwyn to deal with death, the end of a relationship or difficult lessons.

Summerland - An Introduction



A Wicca view of Summerland

Belief in reincarnation or the spiral of life, death, and rebirth is a major part of the Wiccan religion. Every form of Wicca I have ever heard of believes in and accepts the concept of having multiple lives. I know there are a few Witches that aren't thrilled about having to keep coming back :), but they believe in it as just a common fact of existence. On this page, I will discuss common Wiccan beliefs about death and reincarnation as well as my personal beliefs. I will tell you what I was taught before you read any further... reincarnation is not something you must teach yourself to believe, it's something you must know in your heart and believe in without a doubt. Never force yourself to believe in anything, it's what you feel inside that is right for you, no matter what anyone else believes in.

General reincarnation and death beliefs

All Wiccan believe in something different, that is one of the many things makes this religion and way of life so great. Most factors of Wicca include a basic book type description from which you can base your ideas on. The basic Wiccan belief of reincarnation is that you are energy, a shapeless, sexless form that moves from one body which is no longer needed to the next. You are placed on Earth to learn a lesson. Each incarnation you are born into, you must learn or relearn a different lesson through experiencing a variety of different lifestyles. When you have learned all you need to learn in your present life, you move on, die. Death is not seen as a punishment or a bad thing, but in a way, it's a good thing. It means you have completed one step on the incarnal ladder. After you die, you are brought to the Summerland which is kind of like the Wiccan equivalent of Heaven, but since we have no devil, we have no Hell. The Summerland is where the spirits that presently do not have an earthly body wait for the right time to return to Earth. It is known by many names and is often referred to as the Land of Eternal Summer and seen as a gorgeous, lush green field, with beauty and trees all around you, with a bright blue sky and a few puffy white clouds, cute little

animals... *sigh* Anyway, moving on, when you enter the Summerland after death, you review your life and see what you did right and what you did wrong and need to change. This isn't judgment! You are not punished, but you are taught through karma what you need to learn. For example, if in this life you made fun of all overweight people, then in your next life, chances are you'll be an overweight person who is made fun of constantly. This wouldn't be to punish you, but to show you what the people you made fun of went through and how it hurt them. You may not know it in your earthly life why you are being made fun of and it will probably seem unfair, but when you die and review your life, that is where you will be shown, 'this is why that happened. So as you live and die and live again, your soul learns and grows and you become a better person until you achieve your final incarnation... Then, no one knows what happens. After you have reached enlightenment and no longer have to return to Earth, then what? Well, no one knows for sure. Many believe it's simply because what happens then is beyond the comprehension of the human mind. We only use ten percent of our brains, knowledge that advanced sure would be pushing our little brains! So everyone has their theory of what happens after the mysterious final incarnation. It's a very fun thing to think about and is a good start into customizing your religious experience. My personal beliefs about reincarnation are in the next section below, but they are just my beliefs, they didn't come from any book and I don't claim them to be in any way an accurate representation of any form of Wicca, other than my own. :) The final incarnation in my eyes... I believe in reincarnation in the same way as described above. I also have my own beliefs on what happens after your last incarnation. Reincarnation is something I have always believed in before I discovered I was Wiccan. My belief about how reincarnation works has never changed. Most Wiccan don't believe that humans start out as a rock or animal like some other religions, because we are all equal. In my opinion, all humans, animals, and plants reincarnate as their species. Each incarnation, you return to Earth as your own species, but in a different situation. You may be a Caucasian female one life, and an African American male next time, but you're always a human. After your final incarnation, you have a choice of what you want to do from there. The options you are given are to return to Earth to begin another round of human incarnations, to return as another species, to stay in the Summerland, or to become a spiritual benign such as a spirit guide, angel, or through time something such as an elemental. That's what spirit guides and angels are souls that have completed their incarnations and are qualified to assist those of us that are still on Earth learning and help us know what we need to learn.

Well, that's my opinion. :) Summerland All religious systems have a place where the soul ascends (or descends) when the physical body can no longer function. In Craft belief, we call this place the Summerland. This is the resting place- the way station, if you will- for souls to recover, and categorize information and lessons we have learned. We have no Hell, or place of terror or damnation. Reincarnation- the logical process of living, dying, and living again on the earth plane. Some religions also believe in transmigration, where an individual's soul may enter not only the body of a human, but the body of a plant or animal. In most Witchcraft Traditions, reincarnation is the accepted theology for dealing with the subject of death and rebirth. We move with the seasons, the cycle of the Wheel, the turn of birth, death, and rebirth. That part of it usually isn't questioned because it is logical. What is questioned is the space between the living experiences, the number of lifetimes, and the reasoning for going through each one. Also intriguing is "who we were," with whom, and when. Reincarnation is one of Wicca's most valuable lessons. The knowledge that this life is but one of many, that

when the physical body dies we do not cease to exist but are reborn in another body answers many questions, but raises a few more. Wicca teaches that reincarnation is the instrument through which our souls are perfected. one lifetime isn't sufficient to attain this goal; hence, the consciousness (soul) is reborn many times, each life encompassing a different set of lessons, until perfection is achieved. No one can say how many lives are required before this is accomplished. In Wicca, we seek to strengthen our bodies, minds and souls. We certainly live full, productive earthly lives, and we do so while harming none. The soul is ageless, sexless, non-physical, possessed of the divine spark of the Goddess and God. Each manifestation of the soul (i.e., each body it inhabits on Earth) is different. No two bodies or lives are the same. What happens after death? Only the body dies. The soul lives on. Some Wiccan say that it journeys to a realm variously known as the Summerlands, Land of the Faerie, the Shining

Land, and the Land of the Young.

This realm is neither in heaven nor the underworld. It simply is- a non- physical reality much less dense than ours. Some Wiccan traditions describe it as a land of eternal summer, with grassy fields and sweet flowing rivers, perhaps the Earth before the advent of humans. Others see it vaguely as a realm without forms, where energy swirls coexist with the greatest energies- the Goddess and God in their celestial identities. The soul is said to review the past life, perhaps through some mysterious way with the deities. This isn't a judgment, a weighing of one's soul, but an incarnation review. Lessons learned or ignored are brought to light. After the proper time, when the conditions on Earth are correct, the soul is reincarnated and life begins again. The final question- what happens after the last incarnation? Wiccan teachings have always been vague on this. Basically, the Wiccan say that after rising upon the spiral of life and death and rebirth, those souls who have attained perfection break away from the cycle forever and dwell with the Goddess and God. Nothing is ever lost. The energies resident in our souls return to the divine source from which they originally emanated. Because of the acceptance of reincarnation, the Wicca don't fear death as a final plunge into oblivion, the days of life on Earth forever behind them. It is seen as the door to birth. Thus our very lives are symbolically linked with the endless cycles of the seasons which shape our planet. Reincarnation is as real as a plant that buds, flowers, drops its seed, withers and creates a new plant in its image.

Wicca- A Guide For The Solitary Practitioner:
by Scott Cunningham and,
To Ride A Silver Broomstick: by Silver Raven Wolf

Summerland - The Beginning?

The following pages will offer several different ideas of the Summerland. I hope that this will offer some information to you.

"Because I could not stop for Death -- He kindly stopped for me -- The carriage held but just ourselves, And immortality."

~ Emily Dickinson

"For the Angel of Death spread his wings on the blast, And breathed in the face of the foe as he passed; And the eyes of the sleepers wax'd deadly and chill, And their hearts but once heaved, and for ever grew still!"

~Lord Byron

"Each New Beginning is born only from the death of an Old Beginning"

~Unknown

As William Shakespeare said, "whatever is lost can be found... if sought". What it is you "lose" by not remembering the past is the details - the story - of who you have been and what you have lived through.

Forgetting allows you to live always in the present moment. Forgetting allows you the freedom to make new choices. Forgetting helps you not to be overly burdened with old mistakes, habits, and prejudices.

Yet, you never lose the core of who you are: your character and gifts, your skills and abilities, your wisdom and awareness. All these things are the gems that you carry with you from past lives right into your present life. All are available to you right now.

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Reincarnation is one of Wicca's most valuable lessons. The knowledge that this life is but one of many, that when the physical body dies we do not cease to exist but are reborn in another body answers many questions, but raises a few more.

Wicca teaches that reincarnation is the instrument through which our souls are perfected. one lifetime isn't sufficient to attain this goal; hence, the consciousness (soul) is reborn many times, each life encompassing a different set of lessons, until perfection is achieved. No one can say how many lives are required before this is accomplished.

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Reincarnation is as real as a plant that buds, flowers, drops its seed, withers and creates a new plant in its image.

Summerland and Reincarnation

Many Wiccan believe in reincarnation. Some tell stories of a place called 'Summerland'. They think of it as a place of welcome rest after life on Earth. In Summerland, the deceased will be rejoined with friends and loved ones, who passed away before him/her. Here s/he will have time to reflect on and understand the lessons learned during life on Earth. From there, the person will return to life on Earth after a time, to learn and experience some more, and to teach understanding of this cycle of existence - in order to achieve perfect knowledge. For some Wiccan this as a literal description of what happens to people when they die.

For others, it is a symbolic model that helps them deal with the cycles and changes within this life.

AS ABOVE, SO BELOW

The concept is the physical dimension as an image of the higher non-physical self. In Egyptian mysteries, "that which is below, is like that which is above and that which is above, is like that which is below". (Creation is the nature of the creator). The laws of physics/the laws of nature. Nature is viewed as the great teacher & why Wicca focuses on the reverence & preservation of nature.

PASSAGES

Merry meet, so sad to part...but merry meet again...in the Summerland, Valhalla, the Blessed Isles...and perhaps back here among the living.

There be three great mysteries in life, and magic controls them all. To fulfill love, you must return again at the same time and at the same place as the loved ones; and you must meet, and know, and remember, and love them again. (Gerald Gardner, founder of Wicca.)

Pagans believe (or hope) we will meet in the next lifetime those we have walked the path with in this life, so that we may continue to support each other in community and love.

Summerland & Time

Pagan Beliefs about the Afterlife

Every spiritual path has its own belief in what happens once you pass on from this world. One thing all of these beliefs have in common is that the soul leaves the body and moves on into some type of divine spiritual realm or through a divine realm into a new incarnation.

The concepts of life after death are clearly laid out in many cultures and religions through books. Such as the Egyptian or Tibetan Books of the Dead, the Torah, The Holy Bible and so on. The Celts however, did not have books in the same fashion, but rather a rich and colorful oral tradition. These stories were kept alive by poets, storytellers and druids who recited traditional lore within a collection of verses or legends.

What happens to us after we die? Although no-one really knows, all of us, Pagan or non-Pagan have wondered what happens to our spirit, our soul or essential being, when our body gives up the ghost.

Additional Information

Pagans, almost without exception, believe in reincarnation, but the form that it might take varies widely. Our earliest ancestors seem to have understood this concept, since many ancient bones have been found that are smeared in ochre, a red earth, symbolizing re-birth, and the simple existence of grave goods indicates a belief in either the actual or spiritual continuation of life after death, requiring earthly marks of rank and/or tools to help the dead in the afterlife. Perhaps the most sophisticated of these graves belong to the Pharaohs.

The oldest long barrow, or tomb, in Britain, built at the same time as the earliest Egyptian pyramids, is a long, narrow shape, a shape associated with death but inside, the tomb itself is divided into 5 rounded chambers, uncannily resembling the shape of a woman: birth within death.

A unifying factor in Pagan philosophy is a disbelief in a tortuous hell-like environment. Whilst many of us understand the need for judgment, it is seen as a time to learn from our mistakes and successes rather than something to anticipate with dread.

Historically, Odinists believed that the souls of women who die in labor and warriors who die in battle are cared for by the Valkyrie, a band of warrior women, who accompany them to Valhalla, or a land of contentment. Recognizing that the life of a

modern Odinist may not have as much to do with war and childbirth ending in death that the tribes of Northmen had to deal with, Odinists now share much in their beliefs about the afterlife with other Pagans; that death is not an end, but simply another beginning.

Dianics, women who worship the Goddess alone, as well as many Pagans of all faiths, hope for a return to the source, to the Ultimate Mother. "Mother" may be a representation of a Goddess, Diana, Kali, Brigde, but it is more likely to be The Goddess Herself, an all-embracing feminine creative and destructive power to which we all return to become a part, part of the power. This is very close to the Native American traditions, which explain that everything is simply an expression of a Holy energy; buffalo and grass and human are blobs of divineness from the same source to which we return at death to replenish, which will, in turn, create us again.

Some Pagans trust in the Summerlands, a peaceful and enjoyable place of rest where they can recover from their past life, be helped to assess it and prepare to be reborn.

Amenti, the ancient Egyptian land of the Gods, would be the preferred destination of Pagans following the Egyptian Mysteries. To get there, they are accompanied by Anubis, the jackal-headed God of the death, to a place of judgment. Their heart is weighed against a feather and they are asked 42 challenging questions about the way they behaved in life, another way of assessing it. If they really were very bad and just about to give up hope of Amenti, the final question by the 42nd Assessor is "Is there one upon the earth who is glad that you lived?" Of course, there is almost always one, a stranger perhaps, who benefited from this person's existence, and this will allow the dead person, having learned something about how to live, to move on to the next life, to be with the Gods.

Most Pagans believe in a reincarnation of their physical body too, through decomposition or a returning of ashes to the land. Our decay feeds the land and we become part of it. The land feeds plants, the plants are eaten by animals and so, we are reborn by helping to sustain new life.

Samhain, the Celtic New Year on the 31st October, is the time of year when Pagans celebrate our ancestors and our dead. The mortal and other worlds are very close, and we can ask for advice, talk with our dead to tell them how their descendents are getting on, and appreciate our long personal heritage and wider community. Samhain is also the season when the first stirrings of Winter approach. Winter still means death for many elderly and infirm people, and the land appears to die too along with the weakening of the sun itself, appearing feeble and bleak for a good part of winter. But again, we trust the seasons to move round, for the Sun to begin its ascent in the sky again around the winter solstice, or Yule on December 21st.

Pagans do not particularly relish the thought that they must die. It is still a painful and difficult reality to come to terms with, but the knowledge that we are not going to suffer hellish torment and that death is simply another life helps us bow gracefully to the inevitable.

REINCARNATION

Wiccan, as normal human beings, do not always wish to discuss death on a daily basis. We have our promise of eternal life, and we hope that there exists in the universe a place of eternal reward and a place of eternal punishment depending on the person and what we feel they deserve. As a religion that does not claim to have all the answers, the specific details of what happens when you die is not as ironed out as most other religions have it. Perhaps it's due to the number of psychics that practice Wicca - many have on some level witnessed that the details are not, by any means, ironed out and vary by the mesh of souls and what they need and desire.

Most religions have a promise of either eternal reward or attaining union with the universe - through the process of being the best person you can possibly be, and/or through the process of reincarnation, eventually a human being will no longer return to earth. Wicca differs, and I've yet to see the details laid before me explicitly. As I have it, Wiccan are the hidden children - the children that were never meant to "leave home", home being the Earth. We reincarnate. We have past life memories that never go near Cleopatra. A few of us do have nasty visions of executions as witches in past lives (not restricted, necessarily, to Wiccan, but statistically a higher instance among us). Our experiences are undeniable, and our development continues forward, seeking an ever stronger relationship with the God and Goddess.

But we don't necessarily seek to join the God and Goddess in their universal consciousness. As one sister put it, "We don't want to get off!" It's as though the entire cycle of our souls is to make sure that that two or three percent of activists come back to make sure that someone takes care of the Earth. Perhaps in part Wiccan rarely emphasize human perfection as a goal is because we each experience cosmic moments where we *are* the Goddess, when she chooses to share her consciousness with us and we see the existence from her perspective, or the moments, when facing the tragedies that must occur so that life can continue, or the injustices that happen just because some people just suck, we feel as the God feels and understand that we live a paradox of insignificance and absolute importance.

We live the circular life with the round Earth. I should hope that with each reincarnation, we learn more, we grow more - and we seek to make the world and safer and more loving place where free will collides less and less. We do reincarnate, and we actually see the Sabbath cycles as an expression of our belief in reincarnation - to know all, we must experience all, and then take what we have learned back to our home and use it for the good of our people.

The Summerland Scott Cunningham - Wicca: A Guide For The Solitary Practitioner - (p71)

"This is where the soul prepares for the next incarnation. "... a non-physical reality much less dense than ours. Some Wiccan traditions describe it as a land of eternal summer, with grassy fields and sweet flowing rivers, perhaps the Earth before the advent of humans. Others see it vaguely as a realm without forms. Where energy swirls coexist with the greatest energies - the Goddess and God in their celestial identities."

The Spiral Of Rebirth Scott Cunningham - Wicca: A Guide For The Solitary Practitioner - (p69)

"The knowledge that this life is but one of many, that when the physical body dies we do not cease to exist but are reborn into another body answers many questions, but raises a few more. Why? In common with many other religions, Wicca teaches that reincarnation is the instrument through which our souls are perfected. One lifetime isn't sufficient to attain this goal; hence the consciousness (soul) is reborn many times, each life encompassing a different set of lessons, until perfection is achieved."

Questions and Answers

Q: What is Wicca's take on death and beyond? I'm interested in retaining myself after death, not becoming part of some homogenous mass.

A: Wicca does not have a particular "take" on death and the beyond. In general Wiccans believe in reincarnation. Beyond that, the process is very much a matter of personal belief.

The vast majority of Wiccans believe in reincarnation as the means to evolve as a soul and attain enlightenment. For every Wiccan practitioner there is a slightly different view on the meaning of the soul and of its growth. Some believe we live our lives in chronological order, the repetition of them being the tool by which we perfect our human experience. And that we reincarnate as the same entity, retaining individuality. Some believe we share a greater soul with a group of souls where experience is shared upon our passing over. Reincarnation from that soul group is sometimes seen as a "remixing" of personalities and sometimes as souls retaining their individuality while gaining from the experiences of their soul family. Others believe that every time we pass over our soul becomes part of the great spirit of all life and that when we are reborn we are some combination of those souls, not a consistent reincarnation.

In my personal experiences with American Wicca, we most generally believe in chronological reincarnation where a unique soul evolves through many lives until achieving enlightenment. Most Wiccans do see enlightenment as a time when the "individual" is no longer differentiated and becomes part of the Divine whole. In fact, many traditions teach that enlightenment is when an old soul realizes it is no longer an individual and in that discovery returns to the Godhead.

Q. Can you please tell me what does it mean when a Wiccan is wearing an inverted pentagram?

A. The inverted pentagram is a symbol of the Second Degree of initiation in Gardnerian Wicca. The pentagram represents the four quarters and the four functions of the Self. Its fifth aspect is that of Akasha. Which is transcendence. Akasha can be explained as the unknown life force. The Spirit or the All. That which we strive to understand in our training. The other four points of the pentagram are associated with the immanent Divine. The part of us and of all that is Divine and shared. Tangible. The fifth point, representing transcendence, is the symbol of moving beyond the immanent to that which is the separate and distinct Divine. Whether one sees that fifth aspect as God, Goddess, the Life Force, or the All, it is the Spirit which creates. The Creator/Creatrix.

In Gardnerian training, by focusing on the first four elements we connect to the immanent Divine and seek to understand the transcendent Divine by understanding the natural world and studying our selves and our human and Divine potential. A pentagram worn inverted, with the fifth point facing downwards, indicates that one is on a path to comprehending transcendence. By the third degree, the pentagram is worn with the point upwards, indicating a degree of knowledge which encompasses the Transcendent Divine.

All of this talk of imminent and transcendent can confuse a poor witch, I know. In its simplest terms, a novice in pagan studies comprehends the God/dess they can see in the world around them. At the more advanced level of training, the student begins to comprehend the Spirit which is beyond the tangible world and which exists as a separate Life Source. When one begins the shift in mindset from seeing God/dess imminently to seeing the Divine as both imminent and transcendent, it is the time the inverted pentagram will be righted. It is a symbol of attainment of a certain degree of understanding, while acknowledging, as the five points always do, that there is eternally that which is just beyond understanding. That is often symbolized by a circle drawn around a pentagram. The circle represents Mystery.

Q. An older witch friend of mine recently visited as I was decorating my house for the holidays. She was very concerned when she saw me hanging a wreath on my door after I had decorated the inside. Do you know why this might be?

A. One of the delightful superstitions which has come down to us through the years is the hanging of a wreath on the door of our homes. The wreath is a powerful symbol at this time of year, representing the wheel or circle of life. Made of greenery which may include the sacred holly or mistletoe. There are many wonderful myths and stories told about the power of the circular wreath. Wreaths were often created as a way of bringing Winter's greenery into homes. They were used extensively when the Catholic Church outlawed the use of evergreens in the house as a pagan tradition. A small wreath was often a way to adhere quietly and unobtrusively to one's ancient traditions in a way that would not call notice from the Church.

One tale regarding wreaths would explain your friend's discomfort with your decorating technique. The tradition is that one must begin decorating one's house with a wreath on the front door. No decorating to have been done before that. Then you proceed to decorate your house, working in from the front door. The wreath you placed there at the start will guarantee nothing but good energy enters the house, and the energy will follow the decorations within, leading into the heart of your home. The reverse is true; you should always take down the wreath as your very last task when you are removing your holiday decorations.

Summerland - Thoughts & Traditions

Wiccan and Pagans do not believe in the existence of the Christian "Hell", as either a tangible place (one of fire and brimstone, of eternal torture and torment) or as a spiritual plane (out of "God's sight" and being forsaken by and separated from God), where the damned or evil languish and suffer. I can't even comprehend such a terrible idea of this sort, let alone imagine that a creative force that is supposed to be all-knowing, all-seeing, all-forgiving and all-loving could separate itself from, and turn its back on, its creations. Essentially all Wiccan, myself included, assert that the existence of Hell is completely incompatible with their concept of a loving and forgiving Deity.

While we're on the subject of the loving Deity and the inexistence of Hell, I must state that Wiccan and Pagans do not believe in the existence of the Christian-concept of an entity called "Satan". The idea that Witches worship this "Satan" is one of the most common misconceptions about us. This erroneous idea probably developed hundreds of years ago because some Christian leaders encouraged their followers to view non-Christians as anti-Christian. If you weren't a believer in Christ, the embodiment of the good, you MUST be a believer in his evil opposite—Satan or the Devil. The all-evil Satan is a Christian concept that plays NO part in the Wiccan religion. Wiccan do not recognize the existence of the Christian quasi-deity, Satan; their pantheons of deities do not include an all-evil supernatural being. Wiccan do not believe that negativity or evil is an organized force.

Wiccan believe in the morals that are common to most faiths, but Wiccan don't believe in the idea of "original sin". We don't believe we are "born sinners", and no one can prove to us otherwise. Wiccan don't need a "savior", we don't have anything to be "saved" from to begin with. Personally, as an intelligent, sentient being, I find the ideas of original sin, being born a sinner and having to be "saved" not only completely ridiculous, but downright insulting. While Wiccan do not believe there is a hell to punish sinners, Wiccan do believe there is a universal law, called karma, that puts our behavior on display so that we can learn from it.

WHAT HAPPENS TO PAGANS AFTER DEATH

There are basically four major paths within modern Paganism. These are: Wicca, Druidism, Asatru, Eclectic Paganism. Within each there are many denominations, much the same as Protestantism. Virtually all of the various Pagan spiritual traditions have some place of rest, comfort and reward to which we expect we will go, even if only for a brief time before reincarnation, growing younger and younger until, eventually, we are again young enough to be reborn. We accept death as a necessary step in the cycles of life; Birth, death and rebirth. Most Pagan belief systems include the concept that it is our lives that are our most important purpose here and that we can make this life into a reward or a punishment by how we live and how we relate to those around us. We believe that our own sense of personal responsibility and morality is what controls our punishment or reward in this lifetime.

For Wiccans and Pagans, this place is known as the "Summerland". It is a place of eternal rest and comfort, or if we have not learned enough in this lifetime and are to be reincarnated, a restful and pleasant stop over between lives.

To the Northern European or Nordic Traditions, for warriors it is known as Valhalla. For others, it is called Noatun, where the sun meets the water, Asgaard and several others. There are at least 12 abodes for the dead, allowing each some choice in where they will meet and abide in eternal feasting with Odin. Oath-breakers and others who dishonored their community or themselves, were sent to Nastrond, more to keep them away from the good folks in the other places than as punishment.

To the Druids, it is known as the Western Islands, Avalon or the Isle of Apples.

None of the Pagan traditions contain a place of damnation and suffering such as the Judeo-Christian Hell. We do not believe that this life is some kind of a dress rehearsal for something that comes only after death. Most believe that upon death, each of us must honestly and justly evaluate and judge ourselves before rest in the Summerland or our reincarnation can be possible. How I bereavement care a part of your community?

The belief that death is simply a change to another plane of existence for Pagans does not often make the passage of a loved one any less emotional or difficult, even though we generally do not fear our own death as much as most westerners do today. Grief comes more often from a sense of personal loss rather than a fear for the fate of the deceased, as we have no place of eternal punishment to be afraid of. In the Pagan community, the same support during the grieving process is provided for the survivors, although often through novel means, such as a guided meditation for the grief-stricken. With the subject or subjects in a relaxed position with eyes closed, preferably sitting comfortably and not reclining, the leader of the meditation will guide them through a mind-picture-story in the mind, very often a journey through familiar and pleasing surroundings to meet with the departed loved one. They are presented with the

opportunity to converse in their minds with the deceased, to say things not said in life, to make their peace if necessary, to see that the departed is happy and well, and to say their good-byes to them. The meditation leader will then talk them back along the path previously taken, returning them to their present consciousness. This process, this meditative mind journey, if you will, is very effective and amazingly cathartic in releasing unreconciled grief. Some find the grieving process shortened by lovingly preparing the body by washing it themselves prior to removal for interment or cremation. Some other methods include the building of a shrine or an altar to the deceased in one's home, gathering for a community memorial to mark and honor the life of the deceased rather than focusing on their death and Chanting for the Dead, similar to the Tibetan Buddhist rites or the Jewish custom of say Kaddish. How do you support the dying person?

When it is possible, often someone (or several people, taking turns) will sit a vigil with the dying person during the days leading up to their death. There are several meditations for this circumstance, including the Salt Water Meditation and a Grounding Meditation to help center the mind. One of the greatest gifts we can offer a loved one is to simply be present through their dying, grounded, caring, and witnessing and experiencing with them without interfering with the process. We know that even an unconscious person can often still hear, and we try not to create an unsettling atmosphere for them by callously talking as though they were already gone. Once dead, the body must not be left alone, if possible, until cremation or interment. Given the modern operations of hospitals and nursing homes, this may prove difficult, but we must try. How do you support their family?

Just as with the dead, the surviving should not be left alone but offered companionship - even just the silent presence of a friend sleeping in the next room is comforting. Many Pagans believe that the bereaved family needs nine days without the burdens of daily work routines, though few are able to afford this. Three days for the dead, three days for the living, and another three days for gentle transition back to ordinary life. Offering practical help, such as making phone calls, arranging transportation, dealing with the authorities and paperwork are all concrete acts of love. Newly bereaved need nurturing and food and companionship are needed in spite of feelings of wanting to be alone or not being hungry. Companionship should never be burdensome - it isn't necessary to entertain or comfort or make wise remarks - we just need to be there. What are the rituals with the body after death?

The preparation and dressing of the body were already touched on. The body should generally not be embalmed or preserved in any way, and so cremation or burial should take place in three days or less, sooner in hot climates. Memorial services should be held for those unable to make the funeral. To allow it to return to the natural cycles of the earth, the physical body should be wrapped in simple cloth shroud and placed directly in the earth if the law allows, or in a simple softwood box, without any concrete or metal burial vault. Many cemeteries insist on a vault to minimize their workload in refilling depressions caused by settling graves, so this should be discussed in advance. The return of the physical body to the earth in a natural, unrestricted process is a central and important tenet of Paganism. In cremation, much of the physical body is released back into the biosphere, and remaining ashes should also be allowed to return to the earth.

Summerland Comparison

Comparison of Christianity and Wicca

Christianity

Monotheism. Christianity is monotheistic, meaning there is only one supreme God. A Christian is supposed to worship none other than God.

Heaven. Heaven is the eventual destination of the soul of a "good" Christian.

No Reincarnation. After death, the soul remains in Heaven or Hell eternally.

Satan. In Christianity, there is a supreme evil known as the Devil or Satan who is considered the ruler of Hell.

Hell. The sinners/those who did not let Jesus into their lives are sent to eternal damnation in Hell.

Prayer. A Christian requests help or guidance from God/Christ through prayer.

Bible. Scriptures that tell of the life of Christ and guidelines for Christian living. Told through the eyes of the Christian prophets.

Ten Commandments. Have no other gods, make no "graven" images of anything, don't take the Lord's name in vain, pray and rest on the Sabbath day, honor your father and mother, do not kill, do not commit adultery, do not steal, do not "bear false witness" against your neighbor, don't covet anything that's not yours.

Holidays Christian holy days, like Easter and Christmas, celebrate important days in the life of Jesus Christ (birth, resurrection). Sabbaths are based on important events in the Bible and in Christianity's history.

Church/Temple Sanctuary of Christian worship or the house of God.

Wicca

Duotheism/Polytheism. Depending on the person's beliefs, Wicca is duotheistic or polytheistic. This means that there are more than one deity. For most Wiccan, there are two -- the God and the Goddess. For others, there are entire pantheons of gods (like the Greek gods and goddesses) each with different characteristics.

Summerland. Summerland is the place where the Wicca's soul goes to rest before being reincarnated.

Reincarnation. After death, the soul is reincarnated into a new physical being. (This cycle just keeps going and going.)

Satan. No Satan The God and Goddess represent both the dark and the light, the balance. There is no supreme evil in Wicca.

Karma. In Wicca, there is no Hell. The three-fold law or karma returns all negativity that a person sends out back to that person. This is how a person "pays" for their evil deeds. Rather than burn in Hell for eternity, they receive a just punishment from the gods.

Ritual. Wiccan pray, too. But rituals or spells can be considered the equivalent of Christian prayer. A Wiccan asks their God/Goddess to provide the protection, help, or results they need through their Magickal workings if not through simple prayer.

Wiccan Rede. One very simple rule. "An it harm none, do as ye will."

Sabbaths. There are eight sabbats which are celebrated by Wiccan. They have little difference from the main Christian holidays because the Christian holidays have their origins in pagan celebrations which existed BEFORE Christianity. Christmas originated from the pagan Yule celebration, and Easter comes from the pagan sabbat of Eostar.

Circle/Coven Some Wiccan may have temples, but most worship and practice rituals within a circle cast anywhere necessary. Others may consider their covenstead (where their coven meets) a place of sanctuary.

Summerland - A Concept

Summer Land The Witches' Way By Janet and Stewart Farrar

The intermediate stage between detachment from the physical plane and complete withdrawal of the Individuality seems to be a period of varying duration in what are generally called the Summerlands. The Summerlands have a real existence on the astral plane, and yet are to a certain extent self-created, whether on an individual or a group basis. In other words, the kind of Summerland in which you find yourself, and the company you meet there, depends on your own stage of development and on the strength of your links with the other entities concerned. Parts of the Personality of your last incarnation, on the astral and lower mental levels, are obviously still involved. In general, it seems to be a period of necessary rest and recuperation, and of the absorption (and discussion with friends?) of the lessons of the incarnation just experienced. In due course, you withdraw from the Summerlands too; all that is left is your Individuality, your immortal self, existing on a level of consciousness about which we, at least, are not prepared to be dogmatic, because its nature can hardly be grasped except perhaps in flashes on intuition, or described in the language of the level on which we find ourselves at the moment. But it can be said that is, too, a period of absorption of experience, at the fundamental level of the Individual: and perhaps, in proportion to one's degree of development, of consideration and choice of the circumstances of one's coming reincarnation.

SUMMERLANDS: A spiritualist word for the Heaven which souls enter after death. Often used by believers in Reincarnation (q.v.) to denote the astral stage of rest after physical death, before the Individuality (q.v.) withdraws from all the lower levels to prepare for its next Incarnation (q.v.).

Death and Life

"Both despair and euphoria about death are an evasion. Death is neither depressing nor exciting; it is simply a fact of life."

Sogyal Rinpoche, *The Tibetan Book of Living and Dying*

"Precious life slips and falls, Between our grasping fingers. It holds us in its sway. For a few short moments, Ticks on the cosmic clock. We are gone, Or our beloved is gone, And someone weeps. Over there somewhere, Another life begins. The clock ticks, And it all starts over." Tom Barrett

We materially advanced westerners have few guideposts for managing our experiences with death. We gape at it on the movie screen-- images spiced with explosions, smoke,

and flame, with short takes and quick cuts, but we never look it in the face. Never see it with unblinking eyes. Our executions are behind high prison walls. We turn away from the squashed opossum on the road. Our families give up their last breath all too often in hospitals that are to the spirit as a vacuum is to air. Safely quarantined from death, we let it titillate us on screen and in books. But do we know what to do when we encounter it for real? We know to cry for our dead pet. We pay homage to the rare dead elder all made up in Sunday best laying stiff, but pretty, in the open coffin. But these experiences are thrust upon us unwillingly and we retreat from them as soon as we can. What if we really concentrated on the change that is death? How would we be different if we could look at death with clear eyes, see it for its mystery and grotesqueness? How much more would we appreciate life if we were not afraid to examine the alternative to it? Most of us grasp at life, holding it tightly so that we don't lose it. In grasping we fail to relax and enjoy the life that we so much fear losing. We need to realize that ALL is impermanent. We all go some time, so it is prudent to be prepared for the moment of our transition. At the same time consider that those whom you love will be gone sometime too. Maybe before you, maybe after you, but there will be separation.

That means: Live life with fullness. Just BE in your life. Be aware. Be mindful. Be fearless. Be compassionate. Love. Share. Forgive. Look around at those you share air with. Think of your family and friends. How would you respond if these individuals were gone for good? How can you prepare yourself for the loss. What has been left unsaid? What has been left undone? What amends would you regret not making? What can you do now to bring a greater sense of completion to your life?

Summerland Frequently Asked Questions

Q: Do you worship Satan?

A: Satan is a part of the Christian and Muslim religions. Since pagans are neither Christian nor Muslim, Satan is not part of our deity structure at all. We believe that each and every human being is completely responsible for his or her own actions. To us, evil is a choice, albeit a bad one, that a human might make, not an embodied entity to blame our actions upon. If an individual chooses to do evil, most pagans believe they will be punished via the laws of karma or as a result of "cause and effect." In other words, "What goes around usually comes around."

Q: Do Witches believe in heaven and hell?

A: Many Witches and Wiccan believe in some form of reincarnation, that the results or karma of past deeds can follow a person from one life to the next. This may also help to explain why terrible things sometimes happen to wonderful people or why some people seem to have been born with certain skills and knowledge. It may also explain why some people seem to lead a "charmed" life. Some pagans believe in an after-life spent in another plain of existence. Known as Summerland, Avalon, Valhalla or simply the "Other Side", they believe that they will be reunited here once again with friends and family.

Q: So why do you use that "Satanic" symbol?

A: The pentagram, or five pointed star, is not Satanic. Pythagoras used it as a symbol of health and his followers wore them in order to recognize one another. In Medieval times, some Christian knights used the pentagram as their symbol. To modern Wiccan the pentagram means many things; The five points correspond to the elements Air, Earth, Fire and Water with the top point corresponding to "Spirit". The pentagram in a circle may also represent a human with their legs and arms outstretched, surrounded by universal wisdom or the "Goddess" - humankind at one with the environment. Many Witches and other pagan practitioners do not wear the pentacle at all, but have other symbols of special meaning to them.

Q: Do you do blood sacrifice?

A: Wiccan believe in the sanctity of all life. Most pagans believe that animals are part of the same natural cycle of life as humans are. Q: Do Witches and Wiccan cast spells?

A: Yes. Well, some do anyway. However, the term "spell" is widely misunderstood. Spells, are somewhat like prayers and are used to create needed change in one's own life or the life of a loved one. But while prayers are a petition to an external Deity to

create the change, most Witches and Wiccan believe that Deity is present in everything, including ourselves. Spells, then, are the channeling of our own divine selves, our own energies, to create the change. Spells such as those which use love magic to gain the attention of a specific individual, or curses, are considered "manipulative". Most Wiccan believe that anything manipulative--that goes against the free will of another--is considered wrong. Many other pagan paths have similar codes of conduct based upon the tenets of their tradition or belief and almost all believe that the responsibility for their actions will lie with them.

Q: Are Witchcraft or Wicca cults?

A: A cult by definition is a group of people who blindly follow one leader. As Witches, Wiccan and pagans tend to be free-thinkers, there is no one person that we consider to be THE leader. Thus we cannot be called a cult.

Q: Do you have ritual orgies?

A: These rumors come from our lack of taboos regarding sex. We have no rules which prohibit homosexuality, or pre-marital sex. Sex as the generative force in nature is seen by most pagans as something utterly sacred. We feel that the physical act of love is to be approached with great respect and responsibility.

Q: Why do all Witches/Wiccan wear black?

A: We all don't. Many Witches/Wiccan actually seem to favor green and/or purple. Black, however, is in many cultures a symbol of clergy. Priests, Ministers and Rabbis all favor black as the main color of their ritual garb.

Q: Aren't all Witches Women?

A: No. Neither are Wiccan or those in other pagan paths. Witches can be either men or women. The term "Warlock" is never used to describe a male Witch as it is considered to be a religious slur. "Warlock" is an old Scottish word meaning "traitor" or "oath-breaker". Men and Women alike can be Witches, Wiccan or pagans.

Q: Why would anyone want to be a pagan, a Witch or Wiccan?

A: People are generally drawn to Wicca and other pagan paths for several reasons. Many women feel left out of more mainstream religions because of the lack of feminine divinity. For them, the Wiccan concept of the Goddess as Mother of all Living fills an empty space in their spiritual search. As a nature based religion, Witchcraft also appeals to those who feel a strong need to "get back to the Earth" and places a major importance on protecting the environment, which we are a part of, not apart from. People drawn to the mystical find pagan belief systems much more accommodating as we do not see anything unnatural about psychic ability or the use of magic to create needed changes in one's life. It gives us the freedom to make our own decisions about what is best for us.

Q: How do you convert new Witches/Wiccan/pagans?

A: We don't. We feel that the attempted conversion of others is a form of religious bigotry. i.e. If one tries to convert another to his/her religion, s/he assumes that the other person's beliefs are not as valid as his/her own. We feel that all paths are equally valid as long as they do not infringe upon the basic civil rights or free will of another. According to our beliefs, it is up to the individual to choose his or her own path. We do not try to manipulate others into our way of thinking, we only try to educate others about our religion so that they may better understand us. We do, however try to help guide those who have already expressed an interest in the pagan belief systems or religions.

Q: So what do Witches/Wiccan/pagans DO?

A: Pretty much what everybody does. We come from all walks of life. We raise families, go to work, and hang out with our friends. We practice our religions and belief systems, celebrate our holidays with festivals and continue to study and explore our past while contemplating our futures. Many covens and groups meet once a month to worship together under the moon. Pagans tend to hold ceremonies or "circles" out of doors as we feel that being with nature brings us closer to the divinity who creates it. Some pagan beliefs may seem strange to those who have not heard much about them before. Pagans, on the other hand, are usually very well versed in the beliefs of other religions. They find the various religious systems interesting and often encourage their own children to learn about these other religions. Pagans believe in free will and free choice and that an educated choice is always better than blind obedience to any religion or dogma. We are not "against" other religions. We have simply made our choice to be pagan and we expect others to respect that choice as we respect theirs. All that we ask is that we are allowed to practice our religion without prejudice or interference as is our right guaranteed here in the United States under the Constitution and as outlined within the constitutions of many other countries. The freedom to practice religion -or no religion-as you choose-whether it be Christian, Muslim, Hindu, Buddhist or Pagan-is the freedom to follow your spirit and your heart.

This precious freedom must be defended, protected and treasured by all or it will no longer be guaranteed for anyone.

The End
